

credenhillcommunitynews@outlook.com

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Liza Watkins

All contributions should be emailed to the Editor in a Word format.

If you have no access to a computer then a hard copy can be put through the door of Station Cottage, Credenhill.

To receive a digital copy of the CCN, please email the Editor to be added to the mailing list.

Electronic copies and other useful information can be found on the Parish website www.credenhill-pc.org.uk

CONTENTS

3	Advertising Rates	15	Follow The Star
4	Message From Mr & Mrs Plumridge	17	Manga Drama
5	We Are Farming Minds	18-19	Community Hall
6-7	Parish Council	20-21	Sports & Social Club
8-9	The Vicar's Letter	22-30	Business Directory
9	Friendship Club	31	Useful Contacts
11	Messy Church Report	32	JAMO Clothing
14	Mike's Memorial Crank Up		

All contributions maybe subject to the editorial discretion.

The editor does NOT accept any responsibility for articles printed in this newsletter.

All details are correct at time of going to press.

If you have any contributions to the magazine, please send them to:

credenhillcommunitynews@outlook.com

Alternatively message the Facebook page @credenhill

The CCN is kindly delivered to you by the following volunteers:

Vivien Ball Margaret Tyler Sheena Bescoby

Amanda Lewis Sue Dixon & Family Kirsty Lewis & Family

Leah Beechey Sandra Stevens

Thank You!

Advertising Rates

10 full colour editions per year are distributed to each house, for free, in the Parish of Credenhill.

Listings are also included on the Parish website and sharing of any adverts through the Facebook page is available.

Advert Size	Annual Price
1/4 page	£60
1/2 half	£105
Full A5	£185
Rear Page A5	£300

Advert Size	Edition Price
1/4 page	£12
1/2 half	£18
Full page	£35
<u> </u>	·

Annual Price for 12 months in the Directory of Service. Edition price for placement anywhere in the magazine for one month only. To advertise your business in the CCN, email the editor with a copy of the advert and your size preference. Payments must be completed before the advert will be published. No CCN editions in January and August. Email for any further information.

Message from Mr & Mrs Plumridge

Dear friends, neighbours, and members of our community,

We are writing this with heavy hearts, still reeling from the loss of our darling son James. The outpouring of support we have received since his passing has been a source of immense comfort during this incredibly difficult time.

Your kind words, thoughtful gestures, and generous offers of help have touched us deeply. The meals, flowers, cards, and donations have been a testament to the love and compassion that surrounds us. We are especially grateful for those who shared stories and memories of our son, reminding us of the joy he brought to so many lives.

Knowing that we are not alone in our grief has given us strength.

Your support has lightened our burden and provided a glimmer of hope amidst the darkness.

While the pain of our loss will remain, the kindness of our community will forever be etched in our hearts.

Thank you from the bottom of our hearts.

With sincere gratitude,

Sarah & Plum Plumridge





We are Farming
Minds registered
charity has been
set up by farmers
for farmers to tackle
mental health
in the farming
community within
Herefordshire.

How can we help?

24 Hour Helpline:

We run a **FREE 24 hour helpline 7 days a week** for farmers and their families within Herefordshire who are feeling distressed and need someone to talk to anonymously.

Counselling:

We provide **fully funded counselling to anyone in the Herefordshire farming community** who may be in emotional distress.

Training:

We offer **FREE** mental health awareness training to anyone living or working in or with the farming community in Herefordshire.

Social Events:

We run a series of **FREE social events throughout the year** to break the isolation often felt by the farming community in Herefordshire.

Call our helpline:

0808 802 0070

Or text:

07786 203 130

General enquiries: wearefarmingminds@gmail.com

www.wearefarmingminds.co.uk



'Taking the buil by the horns' to tackle Mental Health in the farming community

Registered charity number: 1191461





clerk@credenhill-pc.org.uk 07956 447056 www.credenhill-pc.org.uk

Next Meeting

The press and members of the public are invited to the Ordinary Parish Council meeting at Credenhill Community Hall on 19th November 2025 from **19:30**

There is a 10 minute slot at the beginning and end of the meeting for public question time where members of the press and public can comment on agenda items, and raise any concerns about Local matters.

In Memory of James Plumridge

It is with deep sadness that Credenhill Parish Council acknowledges the passing of James Plumridge. James was well known and loved throughout our parish and the wider Herefordshire community.

Our thoughts go out to his family, friends, and all those who are grieving - especially his beloved daughters, Evie and Daisy. We hope they find some comfort in the incredible outpouring of love and support shown by everyone who knew James.

A bench with a plaque in his memory is being planned, and donations are being collected to support his children and to honour James's name. (For details, see the GoFundMe page in his memory www.gofundme.com/f/james-plumridge)

To celebrate James's life and spirit, a local clothing brand known for The Meadow End brand, have created JAMO, a clothing brand inspired by the positivity and energy he shared with everyone around him. A percentage from JAMO sales will go directly to supporting his family, and details can be found on the back page of this month's newsletter, which is dedicated to James's memory.

We hope that, in remembering James, we can all be reminded of the importance of kindness, connection, and reaching out to one another - especially when times are hard.

May James rest in peace.

- Credenhill Parish Council

Support for Men's Mental Health

If you or someone you know is struggling, please remember - you are not alone. Help is available locally and nationally. Reaching out is a sign of strength.

Local Support in Herefordshire

Andy's Man Club – Hereford

Free peer support group for men aged 18+. Meets every Monday, 7–9 pm (except bank holidays) at Westfields FC, Allpay Park, HR4 9NA.

No referral needed - just turn up. www.andysmanclub.co.uk

• Hereford Men's Mental Health Group (HMMH)

Safe, informal space to talk or listen. Meets 2nd & 4th Monday each month, 5:30–7:30 pm at Victoria Park, Hereford HR4 9JU. 07376 727280 www.HMMHgroup1@gmail.com

Men Walking & Talking – Hereford

Free weekly walk offering fresh air, conversation, and connection.

www.menwalkingandtalking.co.uk

• Herefordshire Mind

Offers counselling, drop-in support, Safe Haven, and help for anyone bereaved by suicide. 01432 372 407 | www.herefordshire-mind.org.uk

National Helplines

- Samaritans 24/7 confidential listening: 116 123 | jo@samaritans.org
- CALM (Campaign Against Living Miserably)

Helpline for men: 0800 58 58 58 | www.thecalmzone.net

- **Shout** Text 85258 for free, confidential text support, day or night.
- National Suicide Prevention Helpline UK 0800 689 5652 (24/7)

Please take care of yourself and one another. Talking saves lives. If you're worried about someone, reach out - a simple conversation can make a difference.

The Vicar's Letter

Dear Friends.

As I write this I am away on retreat at our farm. While I have been here, I have been sorting out the pantry. It is amazing how quickly time goes by. I found rather too



many jars and packets that have gone out of date. Fusty walnuts are now scattered in the hedge for the squirrels to fatten on for the winter. There are things I would have said that I had bought in the last year, but the sell by date was 2023! Time really has a way of whizzing by, especially when you are enjoying yourself.

Last month in the CCN, our churchwarden, Donna, mentioned my retirement again. Yet it was over a year until I have to hang up my dog collar. Of course now it's less than a year away. I enjoy my vocation so much that I expect the time will fly by. But after I have gone, things will carry on in Credenhill much as before, so do not worry.

Jesus said in Matthew 6:34, "Do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough troubles of its own."

These words teach us that it's better to focus on the present than to worry about tomorrow because every day has it's own problems. We are not to be anxious, but to trust in God who will take care of us if we allow him. There will be support for the group of churches in our benefice while the diocese decides how best to employ a replacement. It is unlikely that you will see anything different unless you attend church and someone else will be leading the worship.

For now things will carry on as they always have. Remembrance Service is on Sunday 9th, in its usual format at our War Memorial, which has become a special and beautiful place to stop and remember those who lost their lives in pursuit of the peace we enjoy. We will continue to pray for peace, and for God's protection on our own peacekeeping forces based around the world.

With every blessing, Rana

From the Church Registers

Baptism
21st September Harrison Jones
27th September Clementine Pannell

Service	s for Nove	mber	
Sun	2nd	11.00am	Holy Communion
Sun	9th	10.45am	Remembrance Service at
			the War Memorial
Sun	16th	11.00am	Café Church at Headway
Sun	23rd	11.00am	Holy Communion
Sun	30th	11.00am	Group Communion at St
			Mary's Church, Credenhill

CREDENHILL FRIENDSHIP CLUB

Just a reminder of a few things.

Christmas lunch... full money and menu by end of October please. There will be mince pies after our meal.

IF YOU WOULD LIKE CHRISTMAS PUDDING AS A DESERT PLEASE PUT IT ON YOUR MENU CHOICES. BAY HORSE WILL THEN BUY TO ORDER.

You have probably heard we will not be able to hold our Meetings on a Thursday any more due to the Darts teams needing the skittle alley on Thursdays. However we have heard through the grapevine that Mondays are free for us to use. Once we have got the go ahead for this I suggest we have our Meetings on the Second Monday of each month at 7.30pm. (Trevor can't do the first Monday).

I am looking forward to our trip to the Courtyard.

Cheers, Trevor



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14 Broad Street
01432 353481

Hay on Wye 1-2 Chancery Lane 01497 820312 hay@gabbs.biz



www.gabbs.biz

Messy Church Thanksgiving for Autumn

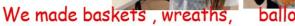
We had

lots of

harvest fun

We made chocolate apple lollies





balloons, did colouring,

made models and sausage rolls,cake for tea. Our next our Christmas one.

had pizza, crisps, fruit and melon Messy Church is Come and join us.

Donna Jones



PLEASE can you help?

Can you help to fill our village with stars this Christmas.

We are decorating the church with stars and are organising a star trail through the village for families to follow. We would like as many houses as possible to decorate their windows etc with stars to make the village shine.





Join us for an evening of fun and food

Friday 21st November

At 7pm in Headway

Entry £8 adults

accompanied children £2

Includes Bingo books and
Hot Dogs (vegetarian option)

Extra Fliers, Raffle, crisps and drinks for sale.

Contact dorriecoates@aol.com

In aid of St Mary's Church, Credenhill





CHRISTMAS CRACKER EVENT

50% off All Marked Prices for 3 days only in our Pop-Up Shop.

Folded Fabric Pieces/Remnants - Stock up for all your Winter Projects

Ex-display and End of Line Items - Call in for amazing gift ideas

Christmas - Decorations, silk flowers, tableware and fabric

Thursday 13th November 09.30 - 17.00

Friday 14th November 09.30 – 17.00

Saturday 15th November 10.00 - 14.00

We look forward to seeing you at Bagley's Croft, Brinsop, Herefordshire HR4 7AT

www.coachhouse-interiors.com

Mike's Memorial Crank Up

On 21 September Hereford and district preservation society held a vintage engine crank up and vehicle display at the social club, Station Rd, Credenhill in memory of the late Michael Bond.



Mike was chairman of HDPS for some 24 years, he was a good friend to many in the vintage world and the motor trade. Mike had worked in the construction industry and a machine shop making parts for Concorde and finally ending up at Bay Horse motors as retail shop manager.

In retirement he could be found at a vintage show almost every weekend during the summer. Around 60 people attended the event and an excellent buffet was provided by the Life and Soul kitchen from Credenhill. A prize raffle and collection in aid of Prostate Cancer UK raised £455.











FUN QUIZI

Saturday, 1st November

Then the 1st Saturday of each month:

6th December

2026: 3rd January 7th February 7th March

7.30pm start

Doors open from 7pm

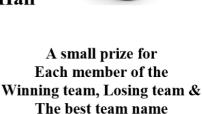
finishes about 10pm

Stretton Sugwas Village Hall



Includes light refreshments/tea/coffee

Bring your own drinks/glasses



Raffle!

Come as a team (max 6) or join with others when here
We are all very friendly and you will be made very welcome.
Please let us know if you are planning to attend, as it helps with knowing how many tables & chairs to set out and for catering purposes.

Contact:

Gail Hume - 07964 614407 / ssvhinfo@gmail.com and Joyce & Mike Potts - 01432 356392 / joycepotts1912@gmail.com

Proceeds from:

The Quiz to the Village Hall,

The Raffle to the School

Announcement

We will not be staging a pantomime in 2026

For 2026 we have decided to have a breather, to sort out a few domestic issues which have been waiting to be solved for some time.

We are planning some surprises for our audiences though, watch out for the details coming soon...

Magna Presents

We are now recruiting for Magna and Young Magna.

This is for anyone from age 8 to 80, all applications considered, training given by professionals in performance skills, tech & back stage or tea making.

Apply to: magnadrama79@yahoo.com or 07954 081999

JOIN US!

We are really keen to engage new members for Magna and Young Magna.

If you have aways wanted to tread the boards but never had the courage, get in touch and give it a go. We are a friendly crowd of performers and crew. Take a look below for details.

Magna (older teens - adults) Tuesdays 7.30pm Young Magna (8 years +) Sundays 2-4pm

Contact Betty 07954 081999 | magnadrama79@yahoo.com



🚛 Credenhill Community Hall

A HOLLY JOLLY CHRISTMAS MARKET SATURDAY 22nd NOVEMBER 11am- 4pm FREE ENTRY TO VISIT FATHER CHRISTMAS IN HIS GROTTO

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Book your stall now before they are all filled up!

contact magnadrama79@yahoo for details

Group Spotlight

Magna Drama Group

Part of the hall community for 46 years and counting. We need some new members and are looking for people to join us for a fun, inexpensive hobby. Contact as above.

Volunteers

The hall is run by volunteers. The Trustees to the Charity are mainly representatives from various groups who use the hall and others are members of the community. If you are interested in becoming a Trustee please drop us a message and we will give you the details. It only entails a few hours of your time and will keep a much loved and well used community space open for the use of many people.

Hire The Hall For Events & Parties!

Newly refurbished, large airy hall with outside area.

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Plenty of parking.

The Life and Soul Kitchen are available for the buffet!

For more information contact Betty Morris on 07954 081999 or email magnadrama79@yahoo.com

www.credenhillcommunityhall.org.uk | Also on Facebook



🖳 Credenhill Community Hall

Day	Group	Leader	Contact Details
Tuesday 9am - 2pm	Baby Sensory 1 - 13 Months	Annabelle Palethorpe	07341956056 hereford@ babysensory.co.uk
Tuesday 4pm - 7pm	Martial Arts	Troy Morris	troy@troymorris martialarts.co.uk
Tuesday 7.30 - 10pm	Magna Performing Arts	Betty Morris	07954 081999
Wednesday 7 - 8pm	Pilates	Beth Thomas	beth@productive wellbeing.co.uk
3rd Wednesday of Month 6 - 10pm	Parish Council Meeting	Lee Harper-Smith	07956 447056
3rd Thursday of Month 7.30 - 8.30pm	Pilates	Beth Thomas	beth@productive wellbeing.co.uk
Friday 10 - 12noon	Credenhill Nutty Crafters	Sheila Hill	07484 792829
Friday 6.30 - 9pm	Magna/ Young Magna	Betty Morris	07954 081999
Sunday 2 - 4pm	Young Magna	Betty Morris	07954 081999

Want To Hire The Hall For Your Group?

Do you run some kind of group or maybe you are thinking of starting one?

We can help you to set up Credenhill Community Hall as your base.

The Village is particularly interested in any keep fit classes and have some evening and afternoon slots available.

Contact Betty: 07954 081999 or magnadrama79@yahoo.com











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Hot stone massage 1hr £65, 90mins £85.

Pregnancy massage 30mins £40, 1hr £55, 90mins £80.

Reflexology 1hr £55. Indian head massage 1hr £50. Head and foot massage 1hr £55.

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Eyebrow and Eyelash tint £10 to £20.

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Credenhill Community Noticeboard

is a Facebook group set up for residents to share information, events, pictures and items of interest to our community.

Join the group if you want to know what's happening or to get information out quickly to its followers.

This is the link:

https://www.facebook.com/ groups/499485818200829/?ref=share

OR search Credenhill Community
Noticeboard on Facebook





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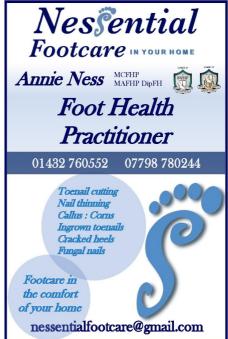
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Interested?

Please feel free to get in touch with any questions you may have. 07756 933187 or kathyjagger@icloud.com

"I look forward to helping you reach your goals"









Contacts

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		clerk@credenhill-pc.org.uk
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	Taylor	07792 880054
West Mercia Constabulary		0300 3333000
		herefordrn.snt@westmercia.pnn.police.uk
Crime Stoppers		0800 555111
Safer Neighbourhood Officers	PC Stefan Hawes	07773054234
	PCSO Adam Westlake	07773052580
	SGT Becky Colcombe	
Dog Warden		01432 261761 (999 for dangerous dogs)
Street Light Problems		01432 261800
Power Cut	Western Power	105
Water Leak	Welsh Water	0800 0520130
Gas Leak	National Grid	0800 111999
St Mary's Primary School		01432 760408
Nursery & Preschool	Shelly Gummery	07596 324552
Vicar of St Mary's Church	Revd. Rana Davies-James	01432 760443
		revrana@btinternet.com
Church Wardens	Donna Jones	01432 761056
Credenhill Social Club	Steward	01432 760600
Young Magna	Betty Morris	07954 081999
		magnadrama79@yahoo.com
Magna	Betty Morris	As Young Magna above
Friendship Club	Trevor Collins	07880 355523
Credenhill Surgery		01432 272175
Part of Hereford Medical Group		Out of Hours 111
Headway		01432 761000
		info@herefordshire-headway.co.uk
Mobile Post Office		01885 482201
Mon & Thurs 10.30-11.45		
Tues 10.30-11.15		
Credenhill Community Hall	Betty Morris	07954 081999
		magnadrama79@yahoo.com



JAMO ISN'T JUST A BRAND — IT'S A MOVEMENT BUILT FROM LOVE, LOSS, AND THE STRENGTH TO KEEP GOING.

CREATED IN MEMORY OF OUR FRIEND

JAMES "JAMO" PLUMRIDGE.

JAMO STANDS FOR JUST A MOMENT OUTREACH — A

REMINDER THAT SOMETIMES, TAKING JUST A MOMENT TO CHECK IN, REACH OUT, OR SLOW DOWN CAN CHANGE To the DEVERYTHING.

Take +L:

Through clothing, conversation, and community, we're raising awareness for mental health across Herefordshire and the UK. Every hoodie, tee, or wristband carries a message of hope, unity, and remembrance — not just for Jamo, but for anyone who's ever struggled in silence.

Each purchase helps continue Jamo's legacy, with a portion of proceeds going directly to his children and mental-health outreach projects in his name.

TOGETHER, WE'RE PROVING ONE THING: EVEN WHEN SOMEONE'S GONE, THEIR SPIRIT CAN STILL BRING PEOPLE TOGETHER.

JAMO

JANO

OUTREACH

OUTREACH

JOIN THE MOVEMENT. SPREAD THE MESSAGE. YOU ARE NEVER ALONE.

JAMO - JUST A MOMENT OUTREACH

www.jamohub.com