



Dedicated to the life of James Plumridge

Credenhill Community News

Issue 183 November 2025

Editor: Liza Watkins

credenhillcommunitynews@outlook.com

Deadline:	15th of month prior to publication
Published:	1st every month
Collection:	One Stop, Credenhill
Delivered:	To every household in Credenhill (circulation 860)
Website:	www.credenhill-pc.org.uk

**All contributions should be emailed to the Editor in a Word format.
If you have no access to a computer then a hard copy can be put
through the door of Station Cottage, Credenhill.**

**To receive a digital copy of the CCN, please email the Editor
to be added to the mailing list.**

**Electronic copies and other useful information can be found on the
Parish website www.credenhill-pc.org.uk**

CONTENTS

3	Advertising Rates	15	Follow The Star
4	Message From Mr & Mrs Plumridge	17	Manga Drama
5	We Are Farming Minds	18-19	Community Hall
6-7	Parish Council	20-21	Sports & Social Club
8-9	The Vicar's Letter	22-30	Business Directory
9	Friendship Club	31	Useful Contacts
11	Messy Church Report	32	JAMO Clothing
14	Mike's Memorial Crank Up		

All contributions maybe subject to the editorial discretion.

The editor does NOT accept any responsibility for articles printed in this newsletter.

All details are correct at time of going to press.

If you have any contributions to the magazine, please send them to:
credenhillcommunitynews@outlook.com

Alternatively message the Facebook page [@credenhill](#)

The CCN is kindly delivered to you by the following volunteers:

Vivien Ball	Margaret Tyler	Sheena Bescoby
Amanda Lewis	Sue Dixon & Family	Kirsty Lewis & Family
Leah Beechey	Sandra Stevens	

Thank You!

Advertising Rates

10 full colour editions per year are distributed to each house, for free, in the Parish of Credenhill.

Listings are also included on the Parish website and sharing of any adverts through the Facebook page is available.

Advert Size	Annual Price
1/4 page	£60
1/2 half	£105
Full A5	£185
Rear Page A5	£300

Advert Size	Edition Price
1/4 page	£12
1/2 half	£18
Full page	£35

Annual Price for 12 months in the Directory of Service. Edition price for placement anywhere in the magazine for one month only. To advertise your business in the CCN, email the editor with a copy of the advert and your size preference. Payments must be completed before the advert will be published. No CCN editions in January and August. Email for any further information.

Message from Mr & Mrs Plumridge

Dear friends, neighbours, and members of our community,

We are writing this with heavy hearts, still reeling from the loss of our darling son James. The outpouring of support we have received since his passing has been a source of immense comfort during this incredibly difficult time.

Your kind words, thoughtful gestures, and generous offers of help have touched us deeply. The meals, flowers, cards, and donations have been a testament to the love and compassion that surrounds us. We are especially grateful for those who shared stories and memories of our son, reminding us of the joy he brought to so many lives.

Knowing that we are not alone in our grief has given us strength.

Your support has lightened our burden and provided a glimmer of hope amidst the darkness.

While the pain of our loss will remain, the kindness of our community will forever be etched in our hearts.

Thank you from the bottom of our hearts.

With sincere gratitude,

Sarah & Plum Plumridge



WE ARE FARMING MINDS



We are Farming Minds registered charity has been set up by farmers for farmers to tackle mental health in the farming community within Herefordshire.

How can we help?

24 Hour Helpline:

We run a **FREE 24 hour helpline 7 days a week** for farmers and their families within Herefordshire who are feeling distressed and need someone to talk to anonymously.

Counselling:

We provide **fully funded counselling to anyone in the Herefordshire farming community** who may be in emotional distress.

Training:

We offer **FREE mental health awareness training** to anyone living or working in or with the farming community in Herefordshire.

Social Events:

We run a series of **FREE social events throughout the year** to break the isolation often felt by the farming community in Herefordshire.



**'Taking the bull by the horns'
to tackle Mental Health in
the farming community**

Call our helpline:

0808 802 0070

Or text:

07786 203 130

General enquiries: wearefarmingminds@gmail.com

www.wearefarmingminds.co.uk

Registered charity number: 1191461



WeAreFarmingMinds



Next Meeting

The press and members of the public are invited to the
Ordinary Parish Council meeting at Credenhill Community Hall
on 19th November 2025 from **19:30**

There is a 10 minute slot at the beginning and end of the meeting for public question time where members of the press and public can comment on agenda items, and raise any concerns about Local matters.

In Memory of James Plumridge

It is with deep sadness that Credenhill Parish Council acknowledges the passing of James Plumridge. James was well known and loved throughout our parish and the wider Herefordshire community.

Our thoughts go out to his family, friends, and all those who are grieving - especially his beloved daughters, Evie and Daisy. We hope they find some comfort in the incredible outpouring of love and support shown by everyone who knew James.

A bench with a plaque in his memory is being planned, and donations are being collected to support his children and to honour James's name. (For details, see the GoFundMe page in his memory www.gofundme.com/f/james-plumridge)

To celebrate James's life and spirit, a local clothing brand known for The Meadow End brand, have created JAMO, a clothing brand inspired by the positivity and energy he shared with everyone around him. A percentage from JAMO sales will go directly to supporting his family, and details can be found on the back page of this month's newsletter, which is dedicated to James's memory.

We hope that, in remembering James, we can all be reminded of the importance of kindness, connection, and reaching out to one another - especially when times are hard.

May James rest in peace.

- Credenhill Parish Council



Support for Men's Mental Health

If you or someone you know is struggling, please remember - you are not alone. Help is available locally and nationally. Reaching out is a sign of strength.

Local Support in Herefordshire

- **Andy's Man Club – Hereford**

Free peer support group for men aged 18+. Meets every Monday, 7–9 pm (except bank holidays) at Westfields FC, Allpay Park, HR4 9NA.

No referral needed - just turn up. www.andysmanclub.co.uk

- **Hereford Men's Mental Health Group (HMMH)**

Safe, informal space to talk or listen. Meets 2nd & 4th Monday each month, 5:30–7:30 pm at Victoria Park, Hereford HR4 9JU. 07376 727280

www.HMMHgroup1@gmail.com

- **Men Walking & Talking – Hereford**

Free weekly walk offering fresh air, conversation, and connection.

www.menwalkingandtalking.co.uk

- **Herefordshire Mind**

Offers counselling, drop-in support, Safe Haven, and help for anyone bereaved by suicide. 01432 372 407 | www.herefordshire-mind.org.uk

National Helplines

- **Samaritans** 24/7 confidential listening: 116 123 | jo@samaritans.org

- **CALM (Campaign Against Living Miserably)**

Helpline for men: 0800 58 58 58 | www.thecalmzone.net

- **Shout** Text 85258 for free, confidential text support, day or night.

- **National Suicide Prevention Helpline UK** 0800 689 5652 (24/7)

Please take care of yourself and one another. Talking saves lives.

If you're worried about someone, reach out - a simple conversation can make a difference.

The Vicar's Letter



Dear Friends,

As I write this I am away on retreat at our farm. While I have been here, I have been sorting out the pantry. It is amazing how quickly time goes by. I found rather too many jars and packets that have gone out of date. Fusty walnuts are now scattered in the hedge for the squirrels to fatten on for the winter. There are things I would have said that I had bought in the last year, but the sell by date was 2023! Time really has a way of whizzing by, especially when you are enjoying yourself.

Last month in the CCN, our churchwarden, Donna, mentioned my retirement again. Yet it was over a year until I have to hang up my dog collar. Of course now it's less than a year away. I enjoy my vocation so much that I expect the time will fly by. But after I have gone, things will carry on in Credenhill much as before, so do not worry.

Jesus said in Matthew 6:34, "Do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough troubles of its own."

These words teach us that it's better to focus on the present than to worry about tomorrow because every day has its own problems. We are not to be anxious, but to trust in God who will take care of us if we allow him. There will be support for the group of churches in our benefice while the diocese decides how best to employ a replacement. It is unlikely that you will see anything different unless you attend church and someone else will be leading the worship.

For now things will carry on as they always have. Remembrance Service is on Sunday 9th, in its usual format at our War Memorial, which has become a special and beautiful place to stop and remember those who lost their lives in pursuit of the peace we enjoy. We will continue to pray for peace, and for God's protection on our own peacekeeping forces based around the world.

With every blessing, Rana

From the Church Registers

Baptism

21st September Harrison Jones

27th September Clementine Pannell

Services for November

Sun	2nd	11.00am	Holy Communion
Sun	9th	10.45am	Remembrance Service at the War Memorial
Sun	16th	11.00am	Café Church at Headway
Sun	23rd	11.00am	Holy Communion
Sun	30th	11.00am	Group Communion at St Mary's Church, Credenhill

CREDENHILL FRIENDSHIP CLUB

Just a reminder of a few things.

Christmas lunch... full money and menu by end of October please. There will be mince pies after our meal.

IF YOU WOULD LIKE CHRISTMAS PUDDING AS A DESERT PLEASE PUT IT ON YOUR MENU CHOICES. BAY HORSE WILL THEN BUY TO ORDER.

You have probably heard we will not be able to hold our Meetings on a Thursday any more due to the Darts teams needing the skittle alley on Thursdays. However we have heard through the grapevine that Mondays are free for us to use. Once we have got the go ahead for this I suggest we have our Meetings on the Second Monday of each month at 7.30pm. (Trevor can't do the first Monday).

I am looking forward to our trip to the Courtyard.

Cheers, Trevor



ELECTRICIAN

www.electricsfixed.com



Do you find it difficult to get someone to come and do a small job?

- ◆ Extra Lights and Sockets
- ◆ **New Fuseboards**
- ◆ Smoke Alarms
- ◆ **New installations**
- ◆ Electric Vehicle Chargers
- ◆ **Solar PV Installations**
- ◆ Battery Storage

- ◆ Landlord's and Home Buyers Reports (EICR)
- ◆ **Electric Heaters**
- ◆ Fault Finding
- ◆ **PAT Testing**
- ◆ Garden Lights
- ◆ **Rewires**



Satisfaction Guaranteed

Call Neil at (01432) 629050
Email info@electricsfixed.com



The Friendly Face of Professional Legal Advice



For expert personal and business legal support, speak to our specialist teams at our three offices across Herefordshire.

We're here to help.

Wills & Estates
Family
Residential Property
Commercial Property
Employment

Leominster
26a Broad Street
01568 616333
leominster@gabbs.biz

Hereford
14 Broad Street
01432 353481
hereford@gabbs.biz

Hay on Wye
1-2 Chancery Lane
01497 820312
hay@gabbs.biz

www.gabbs.biz



Messy Church Thanksgiving for Autumn

We had

lots of

harvest fun



We made

chocolate

apple lollies



We made baskets, wreaths, balloons, did colouring, made models and sausage rolls, cake for tea. Our next Messy Church is our Christmas one.



had pizza, crisps, fruit and melon. Come and join us.

Donna Jones



Credenhill Community Hall

CREDENHILL CHARITIES' CHRISTMAS MARKET

FOOD - DRINKS - GIFTS

22 NOVEMBER

2025

11AM-4PM

FREE SANTA'S
GROTTO



PLEASE can you help?

Can you help to fill our village with stars this Christmas.

We are decorating the church with stars and are organising a star trail through the village for families to follow. We would like as many houses as possible to decorate their windows etc with stars to make the village shine.



Join us for an evening of
fun and food

Friday 21st November

At 7pm in Headway

Entry £8 adults

accompanied children £2



Includes Bingo books and
Hot Dogs (vegetarian option)



Extra Fliers, Raffle, crisps and drinks for sale.

Contact dorriecoates@aol.com

In aid of St Mary's Church, Credenhill



COACH HOUSE
INTERIORS

CHRISTMAS CRACKER EVENT

50% off All Marked Prices for 3 days only in our Pop-Up Shop.

Folded Fabric Pieces/Remnants – Stock up for all your Winter Projects

Ex-display and End of Line Items – Call in for amazing gift ideas

Christmas – Decorations, silk flowers, tableware and fabric

Thursday 13th November 09.30 – 17.00

Friday 14th November 09.30 – 17.00

Saturday 15th November 10.00 – 14.00

We look forward to seeing you at Bagley's Croft, Brinsop, Herefordshire HR4 7AT

www.coachhouse-interiors.com

Mike's Memorial Crank Up

On 21 September Hereford and district preservation society held a vintage engine crank up and vehicle display at the social club, Station Rd, Credenhill in memory of the late Michael Bond.



Mike was chairman of HDPS for some 24 years, he was a good friend to many in the vintage world and the motor trade. Mike had worked in the construction industry and a machine shop making parts for Concorde and finally ending up at Bay Horse motors as retail shop manager.

In retirement he could be found at a vintage show almost every weekend during the summer. Around 60 people attended the event and an excellent buffet was provided by the Life and Soul kitchen from Credenhill. A prize raffle and collection in aid of Prostate Cancer UK raised £455.





Follow the Star

Credenhill

From 20th - 31st December

Follow the star trail through the village

Starting at the Community Centre and

Ending in St Mary's Church

Collect the letters on the stars and

rearrange them to make

a Christmas Message

Post your answer in the box in church.

Winners will be drawn on

Epiphany Sunday

4th January

after the service to welcome the kings.



FUN QUIZ!

Saturday, 1st November

Then the 1st Saturday of each month:

6th December

**2026: 3rd January 7th February
7th March**

7.30pm start Doors open from 7pm
finishes about 10pm

Stretton Sugwas Village Hall

£5 per person

Includes light refreshments/tea/coffee

Bring your own drinks/glasses



**A small prize for
Each member of the
Winning team, Losing team &
The best team name**

Raffle!

Come as a team (max 6) or join with others when here

We are all very friendly and you will be made very welcome.

Please let us know if you are planning to attend, as it helps with knowing how many tables & chairs to set out and for catering purposes.

Contact:

Gail Hume - 07964 614407 / ssvinfo@gmail.com and

Joyce & Mike Potts - 01432 356392 / joycepotts1912@gmail.com

Proceeds from:

The Quiz to the Village Hall,

The Raffle to the School



Magna Performing Arts

Sponsored by



Holmer Park

A MOSAiC HEALTH CLUB & SPA

Announcement

We will not be staging a pantomime in 2026

**For 2026 we have decided to have a breather,
to sort out a few domestic issues which have been waiting
to be solved for some time.**

**We are planning some surprises for our audiences though,
watch out for the details coming soon...**

Magna Presents

**We are now recruiting for Magna and Young Magna.
This is for anyone from age 8 to 80, all applications considered,
training given by professionals in performance skills,
tech & back stage or tea making.**

Apply to:

magnadrama79@yahoo.com or 07954 081999

JOIN US!

**We are really keen to engage new members for
Magna and Young Magna.**

**If you have always wanted to tread the boards but never had the
courage, get in touch and give it a go. We are a friendly crowd
of performers and crew. Take a look below for details.**

Magna (older teens - adults) Tuesdays 7.30pm

Young Magna (8 years +) Sundays 2-4pm

Contact Betty 07954 081999 | magnadrama79@yahoo.com



Credenhill Community Hall

**A HOLLY JOLLY CHRISTMAS MARKET
SATURDAY 22nd NOVEMBER 11am- 4pm
FREE ENTRY TO VISIT FATHER CHRISTMAS IN HIS GROTTO**

*Get your Christmas Gift Shopping off to a good start
and have some festive fun!*

Food and Hot Drinks available

**A winning combination of Credenhill Community Hall
and The Life and Soul Kitchen**

**Still few spaces for spaces for stalls available.
Book your stall now before they are all filled up!
contact magnadrama79@yahoo for details**

Group Spotlight

Magna Drama Group

Part of the hall community for 46 years and counting. We need some new members and are looking for people to join us for a fun, inexpensive hobby. Contact as above.

Volunteers

The hall is run by volunteers. The Trustees to the Charity are mainly representatives from various groups who use the hall and others are members of the community. If you are interested in becoming a Trustee please drop us a message and we will give you the details. It only entails a few hours of your time and will keep a much loved and well used community space open for the use of many people.

Hire The Hall For Events & Parties!

Newly refurbished, large airy hall with outside area.

Perfect for any event.

Plenty of parking.

The Life and Soul Kitchen are available for the buffet!

**For more information contact Betty Morris on 07954 081999
or email magnadrama79@yahoo.com**

www.credenhillcommunityhall.org.uk | Also on Facebook





Credenhill Community Hall

Day	Group	Leader	Contact Details
Tuesday 9am - 2pm	Baby Sensory 1 - 13 Months	Annabelle Palethorpe	07341956056 hereford@ babysensory.co.uk
Tuesday 4pm - 7pm	Martial Arts	Troy Morris	troy@troymorris martialarts.co.uk
Tuesday 7.30 - 10pm	Magna Performing Arts	Betty Morris	07954 081999
Wednesday 7 - 8pm	Pilates	Beth Thomas	beth@productive wellbeing.co.uk
3rd Wednesday of Month 6 - 10pm	Parish Council Meeting	Lee Harper-Smith	07956 447056
3rd Thursday of Month 7.30 - 8.30pm	Pilates	Beth Thomas	beth@productive wellbeing.co.uk
Friday 10 - 12noon	Credenhill Nutty Crafters	Sheila Hill	07484 792829
Friday 6.30 - 9pm	Magna/ Young Magna	Betty Morris	07954 081999
Sunday 2 - 4pm	Young Magna	Betty Morris	07954 081999

Want To Hire The Hall For Your Group?

Do you run some kind of group or maybe you are thinking of starting one?

We can help you to set up Credenhill Community Hall as your base.

The Village is particularly interested in any keep fit classes and have some evening and afternoon slots available.

Contact Betty: 07954 081999 or magnadrama79@yahoo.com





CREDENHILL SOCIAL & SPORTS CLUB

CHRISTMAS DRAW

20TH | DECEMBER | 7 PM

DRAW TICKETS AVAILABLE
TO BUY
NOW!

50P
PER TICKET

CASH PRIZES AND VARIOUS HIGH STREET
VOUCHERS TO BE WON!

ALL CASH PRIZE WINNERS MUST PRESENT ON THE NIGHT



New Year Party

31ST | DECEMBER

7PM - LATE

MEMBERS AND NON-MEMBERS
WELCOME



Natalie's Deep Tissue Massage, Holistic and Beauty Therapies.
For your body and mind to relax and revitalise.

At Faiths Ethical Living Or
Mobile Treatments available in the comfort of your own home.

Contact Natalie on 07514812270
@natalie.clare2408@gmail.com



Instagram, [Natalie_message_and_beauty](#)
Treatments

Deep tissue massage

30mins £40, 1hr £60, 90mins £80, 120mins £110.

Lymphatic drainage massage

1hr £60.

Therapeutic massage

30mins £35, 1hr £55, 90mins £75, 120min £100.

Aromatherapy massage

30mins £40, 1hr £60, 90mins £80. 120mins £110.

Back, neck and shoulders 30mins £35, 1hr £55.

Hot stone massage 1hr £65, 90mins £85.

Pregnancy massage 30mins £40, 1hr £55, 90mins £80.

Reflexology 1hr £55.

Indian head massage 1hr £50.

Head and foot massage 1hr £55.

Organic Radiance facials 30mins £40, 1hr £60.

Organic facial with back neck and shoulder massage 90mins £85.

Pedicure 1hr £50.

Manicure 1hr £45.

Waxing £10 to £45.

Eyebrow and Eyelash tint £10 to £20.

Harmony massage using relaxing tuning forks with a full body massage. 90mins £90.

Harmony upper body massage with hot and cold stone facial massage and soothing tuning forks.

1hr £65, 90 mins £85.

Pamper party packages and combinations of treatments available. Concessions available.

JL Plumbing and Heating



PLUMBING SERVICES



- Emergency repairs
- Leaks and burst pipes
- Bathroom and kitchen installations
- Tap repairs and replacements



GAS SAFE SERVICES

- Boiler servicing and repairs
- New boiler installations
- Heating alterations and relocations
- Landlord Gas Safety Records



07872 878654



j.liddiard795@icloud.com



LiddiardPlumbing

- ✓ Free Quotations
- ✓ Out of hours call outs
- ✓ Gas Safe Registered
- ✓ Fully Insured

Credenhill Community Noticeboard

Credenhill Community Noticeboard is a Facebook group set up for residents to share information, events, pictures and items of interest to our community.

Join the group if you want to know what's happening or to get information out quickly to its followers.

This is the link:

<https://www.facebook.com/groups/499485818200829/?ref=share>

OR search Credenhill Community Noticeboard on Facebook

Mobile Hair Dresser Mandy's Mobile Hairdressing



- Ladies wash/bd or set £22
- Ladies wash/bd/set inc cut £27
- Perm all inc from £60
- Full Head colour Inc cut from £48
- Semi colours Inc cut from £55
- Foils full head inc cut from £70
- Gents Cuts £12

**40 years fully qualified SRH
Now Welcoming New Clients**



Mandysmobile Hairdressing

mandyshairdressing@gmail.com

07823 883 362



**LLOYD
INSTANT
PLUMBING**
LIMITED

**Local, reliable &
friendly team**

FREE ESTIMATES

**Showers, bathrooms,
leaks, drains, radiators,
taps, overflows and more.**



07813 313252

Maids Domestic Services

**Dusting
Vacuuming
Bathrooms
Kitchens
Mopping
Ironing
Changing beds**



A small, reliable, high quality service with
26 years' experience.

We pride ourselves in providing skilled,
trustworthy staff, who receive extensive
training and are fully insured.

*Specialising in regular weekly, fortnightly
and monthly cleans, we cater for all
your domestic needs.*

Contact Janet on

01432 350033 or 07702 174036

janet.stones@btinternet.com

THE WASP GUYS

Wasp nests destroyed

01432 507300

Only £66

(inc VAT)



www.thewaspguys.co.uk

Proud members of

Checkatrade.com
Where reputation matters

fsb
MEMBER

The Wasp Guys Limited
Member of the Federation of Small Businesses



GOLF • RESTAURANT • BAR

Everyone is welcome to join us at Burghill Valley Golf Club, a friendly and relaxed atmosphere, superb location with stunning views, a great venue for any occasion.

Delicious Sunday Carvery
(pre booked takeaways available)
Breakfast, Lunch and Daily Snacks
Afternoon Teas
Funeral Teas
Christenings
Birthday and Christmas Parties
Golf Days and Societies
Golf Memberships

01432 760456 www.bvgc.co.uk

ACCESSPAVING LTD

HARD LANDSCAPING

Local Supplier For:

- Top Soil Screened to Order
- Building Stone
- Stone Flags
- Wall Capping

*Elevate Your Property
With Quality Products*

07967 810604 | 01432 769037
accesspaving@btinternet.com
www.accesspavingltd.co.uk

SLW Secretarial Services

Self employed Virtual/Personal assistant service
with 11 years of experience

Typing, data entry, meeting minuting, invoicing
customer queries, diary/appointment organisation
Microsoft office, experience in health services

Call Sophie on 07875 727849 or email on
slwsecretarialservices@hotmail.com

Craig Powell

HANDYMAN

**PAINTING & DECORATING
REPAIRS & MAINTENANCE
GARDENING**

—
**FULLY INSURED
DBS CHECKED**

—
LOCAL & EXPERIENCED

07866 133 277



The Strawberry Night Nanny

*Offering night support to new parents
and their babies.*



Can also offer 24 hr support.

Contact Jane

thestrawberrynanny@gmail.com
www.thestrawberrynanny.com

 [TheStrawberryNightNanny](https://www.facebook.com/TheStrawberryNightNanny)



- ✂ Fully qualified
- ✂ 20 years experience
- ✂ Ladies, gents & children
- ✂ Senior citizens

Telephone: 07425 135 570



The Centre in Hereford for
complementary therapies

18 different therapies provided by
highly trained and experienced staff

The Very Best Help for Your Health

Eastholme Avenue, Belmont
HR2 7XT

01432 279653

herefordcentreornaturalhealth.com

M D R ELECTRICAL

Mark D Ridge (Proprietor)

All aspects of electrical work undertaken.

Showers, Fuseboard upgrades, Extra sockets, Lights,
Security lights supplied & fitted. Power supplies to garages & outbuildings.

Full/Part Rewires. New builds & Conversions.

Condition reports/Landlord certificates, PAT Testing

NICEIC Registered

Public liability & Professional indemnity Insurance cover.

Call Mark: 07760 433479 or 01544 327161

Or email: mdrelectrical330@gmail.com



TOLLEYHOME SERVICES



Chimney Sweeping
& Maintenance



Multi Fuel Stove
Installation & Servicing



Window Fitting
& Repair Service



Property Maintenance



Call Stu on 07867 675939
Email info@tolleyhomeservices.co.uk
Website tolleyhomeservices.co.uk

Nes^{ential} Footcare IN YOUR HOME

Annie Ness

MCFHP
MAFHP DipFH



Foot Health Practitioner

01432 760552 07798 780244

Toenail cutting
Nail thinning
Callus : Corns
Ingrown toenails
Cracked heels
Fungal nails

Footcare in
the comfort
of your home

nessentialfootcare@gmail.com





A LOCAL FAMILY BUSINESS ESTABLISHED in 1963

Curtains, Roman Blinds, Loose Covers, Upholstery, Cushions.

Poles, Rails & Plantation Shutters.

Roller, Vertical, Venetian and Integral Blinds.

Bespoke Soft Furnishings, Smart Technology and Interior Design Advice.

An extensive range of pattern books in our showroom & an onsite workroom.

We look forward to welcoming you at

Bagley's Croft, Brinsop Herefordshire HR4 7AT

www.coachhouse-interiors.com

01981 500777



**Caring for and
supporting
people in the comfort of
their own home.**


Kemble
at Home

Since 1993

**Kemble at Home is a multi award-winning, local, family company providing OUTSTANDING
Visiting and Live-in Care for people in Herefordshire.**

www.kembleathome.co.uk

Call Kelly Hennessey-Ford on 01432 382017 Email: kelly.hf@kembleathome.co.uk



Unit 2, 7 Canal Road, Hereford, HR1 2EA

fishwickautoservices@yahoo.com

 Fishwick Auto Services

MOT's from £45

Diagnostics

Brakes

Services

Clutches

Cam Belts

Plus much more...

Courtesy car available

Vehicle Recovery available

**Air Conditioning re-gassing on
both types of gas with
mobile service also available!**

FREE COLLECTION IN THE CREDENHILL AREA

Courtesy car price starts at £10 + vat per day.

Recovery from £40. Free collection does NOT include recovery.

Terms and conditions apply.

Local Pilates Classes in Credenhill

Great for all levels!

I believe living a healthy lifestyle begins with
maintaining a strong and fit body.
The technique of Pilates will have you feeling good
and seeing great results.

Small group in person classes at my home studio
or zoom sessions

Over 15 years' experience

Group Mat 1-hour Classes – in Person or on Zoom

£9 single class pay as you go
or

£8 per class for a term block (usually between 6-8 weeks £48-64)

Private 1-hour Lessons – in Person or on Zoom

£40 – pay as you go
or

£228 for a block of six (£38 per class)

Interested?

Please feel free to get in touch with any questions you may have.

07756 933187 or kathyjagger@icloud.com

"I look forward to helping you reach your goals"





Contacts

Editor	Liza Watkins	credenhillcommunitynews@outlook.com
Parish Council Chair	Martin Leaton	chair@credenhill-pc.org.uk
Parish Council Clerk	Lee Harper-Smith	07956 447056 clerk@credenhill-pc.org.uk
County Council	Cllr Charlotte "Charlie" Taylor	charlotte.taylor5@herefordshire.gov.uk 07792 880054
West Mercia Constabulary		0300 3333000 herefordrn.snt@westmercia.pnn.police.uk
Crime Stoppers		0800 555111
Safer Neighbourhood Officers	PC Stefan Hawes PCSO Adam Westlake SGT Becky Colcombe	07773054234 07773052580
Dog Warden		01432 261761 (999 for dangerous dogs)
Street Light Problems		01432 261800
Power Cut	Western Power	105
Water Leak	Welsh Water	0800 0520130
Gas Leak	National Grid	0800 111999
St Mary's Primary School		01432 760408
Nursery & Preschool	Shelly Gummery	07596 324552
Vicar of St Mary's Church	Rev. Rana Davies-James	01432 760443 revrana@btinternet.com
Church Wardens	Donna Jones	01432 761056
Credenhill Social Club	Steward	01432 760600
Young Magna	Betty Morris	07954 081999 magnadrama79@yahoo.com
Magna	Betty Morris	As Young Magna above
Friendship Club	Trevor Collins	07880 355523
Credenhill Surgery Part of Hereford Medical Group		01432 272175 Out of Hours 111
Headway		01432 761000 info@herefordshire-headway.co.uk
Mobile Post Office Mon & Thurs 10.30-11.45 Tues 10.30-11.15		01885 482201
Credenhill Community Hall	Betty Morris	07954 081999 magnadrama79@yahoo.com



JAMO

JUST A MOMENT OUTREACH

JAMO ISN'T JUST A BRAND — IT'S A MOVEMENT BUILT FROM LOVE, LOSS, AND THE STRENGTH TO KEEP GOING.

CREATED IN MEMORY OF OUR FRIEND
JAMES "JAMO" PLUMRIDGE.

JAMO STANDS FOR JUST A MOMENT OUTREACH — A REMINDER THAT SOMETIMES, TAKING JUST A MOMENT TO CHECK IN, REACH OUT, OR SLOW DOWN CAN CHANGE EVERYTHING.

Through clothing, conversation, and community, we're raising awareness for mental health across Herefordshire and the UK. Every hoodie, tee, or wristband carries a message of hope, unity, and remembrance — not just for Jamo, but for anyone who's ever struggled in silence.

Each purchase helps continue Jamo's legacy, with a portion of proceeds going directly to his children and mental-health outreach projects in his name.

TOGETHER, WE'RE PROVING ONE THING:
EVEN WHEN SOMEONE'S GONE, THEIR SPIRIT
CAN STILL BRING PEOPLE TOGETHER.



JOIN THE MOVEMENT.
SPREAD THE MESSAGE.
YOU ARE NEVER ALONE.

JAMO — JUST A MOMENT OUTREACH

www.jamohub.com

