

credenhillcommunitynews@outlook.com

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Liza Watkins

All contributions should be emailed to the Editor in a Word format.

If you have no access to a computer then a hard copy can be put through the door of Station Cottage, Credenhill.

To receive a digital copy of the CCN, please email the Editor to be added to the mailing list.

Electronic copies and other useful information can be found on the Parish website www.credenhill-pc.org.uk

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All contributions maybe subject to the editorial discretion.

The editor does NOT accept any responsibility for articles printed in this newsletter.

All details are correct at time of going to press.

If you have any contributions to the magazine, please send them to: credenhillcommunitynews@outlook.com

Alternatively message the Facebook page @credenhill

The CCN is kindly delivered to you by the following volunteers:

Vivien Ball Amanda Lewis

Val & Roger Bailey

Reise Adair & Family
Sue Dixon & Family
Sandra Stevens

Sheena Bescoby
Kirsty Lewis & Family
Margaret Tyler

Leah Beechey

Thank You!

Advertising Rates

10 full colour editions per year are distributed to each house, for free, in the Parish of Credenhill.

Listings are also included on the Parish website and sharing of any adverts through the Facebook page is available.

Advert Size	Annual Price			
1/4 page	£60			
1/2 half	£105			
Full A5	£185			
Rear Page A5	£225			

Edition Price
£12
£18
£35

Annual Price for 12 months in the Directory of Service. Edition price for placement anywhere in the magazine for one month only. To advertise your business in the CCN, email the editor with a copy of the advert and your size preference. Payments must be completed before the advert will be published. No CCN editions in January and August. Email for any further information.



PRE-SCHOOL PHONICS SESSIONS

PHONICS

THROUGH EXPLORATION, PLAY AND SONG!

AGES 3-5

CREDENHILL COMMUNITY HALL **MONDAYS 9:45** – **10:30**



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Next Meeting

The press and members of the public are invited to the
Ordinary Meeting of the Parish Council
to be held at the Community Hall
on 20th December 2023 from 19:30

There is a 10 minute slot at the beginning and end of the meeting for public question time where members of the press and public can comment on agenda items, and raise any concerns about Local matters.

Thank you Bex!

Cllr Rebecca Norton stood down after the November meeting. The Parish Council would like to thank Bex for all of her contributions to the Parish whilst she has been a Parish Councillor. Hopefully you will come back when you are less busy!

Emma Jones, Jenni Hurcomb and Bex during the Roman Park tree planting project in 2021



We now have FOUR Councillor Vacancies

We need your help more than ever!

Are you be interested in joining the Parish Council?

For more information please contact the Parish Clerk.



Draft Budget 2024-2025					
Expenditure	Year Total Budget 2024/25		Year Total Budget 2023/24		% Change Since Last Year
Staffing Costs	£	16,600	£	15,725	5.6%
Office & Meeting Costs	£	1,211	£	753	60.8%
Advertising & Promotion	£	4,682	£	5,108	-8.3%
Insurance, Legal & Professional Costs	£	2,469	£	3,221	-23.3%
Utility & Waste Management Costs	£	1,354	£	1,154	17.3%
Asset Management Costs	£	9,234	£	9,330	-1%
Total Operating Costs		35,550	£	35,290	0.7%
Charitable Grant Provision	£	6,500		£ 6,500	0%
War Memorial	£	1,000		£ 1,000	0%
Ecroyd Park Transfer	£	2,440		£ 0	100%
Roman Park	£	6,000		£ 5,000	20%
Asset Repairs & Renewals	£	2,440		£ 5,831	-58.2%
Credenhill in Bloom Project	£	500		£ 0	100%
Exceptional/Planned Costs		18,643	£	18,331	1.7%
Total Projected/Actual Costs		54,192	£	53,621	1.1%

Income		Year Total Budget		ır Total udget	% Change Since Last
Precept	£	43,700	£	43,700	0%
Rent	£	7,567	£	7,228	4.7%
Bank Interest	£	540	£	64	743.8%
CCN Adverts	£	1,785	£	2,059	-13.3%
Hire of Changing Rooms	£	600	£	570	5.3%
Total Income	£	54,192	£	53,621	1.1%



clerk@credenhill-pc.org.uk 07956 447056 www.credenhill-pc.org.uk

Financial Planning for 2024-25

The responsible finance officer presented the Draft Budget at the November Parish Council meeting the key aims and objectives for the year will be:

Aim/Objective	How this affects our budget
To keep operating costs as low as feasibly possible whilst maintaining the same standards and complying with all statutory legislation.	These are our Operating Costs, we have retendered all contracts and reviewed every cost line to ensure that we plan a lean budget. We have to spend this money to comply with statutory legal requirements.
To continue to bring our land and buildings up to modern day standards to provide local amenities and services to the community.	In 2019 we had condition surveys completed that list all work required to address issues with our land and buildings. A plan of work has been costed and spread over 10 years to manage this plan in a cost effective manner.
To continue to support local groups and charitable organisations	We have set aside £6500 for Section 137 Grants in continue to help local organisations.
To keep the precept the same as in 2023/24 whilst delivering the same services	At the November Parish Council meeting it was agreed that the key objective would be to hold the precept the same next year as this year in recognition of ongoing challenges that families are facing in the current cost of living crisis.

The budget will be reviewed by councillors before the next meeting in December where any amendments will be proposed and discussed. The final budget will then be approved and submitted to Herefordshire Council by the end of December.

There is still time for you all to have your say on the budget for 2024-25, get in touch with the Parish Clerk or speak to one of the councillors about any of our plans or your ideas. The Parish Council represents you and all opinions matter.



The Vicar's Letter

Dear Friends,

On 1st December many of you will be opening your Advent Calendars. I have always enjoyed opening a little door every day (I buy one just for me every year) and I



love the traditional little pictures - a star, a crown, an angel, a candle or even a candy cane; then on the 24th two doors to open when the nativity scene is revealed.

I once had the disappointment to find behind the 24th doors a Father Christmas with a sack of toys - not what I wanted or expected! I also don't like the chocolates behind the doors or other calendars that have gin or even beer!

This is because I enjoy the anticipation of Christmas when we share gifts with loved ones. We give presents at Christmas to remind us of the greatest Christmas gift ever given to us all: the gift of Jesus Christ himself. And he's the gift that keeps on giving! He continues to love us and be with us by his Spirit; and he listens to us, watches over us and protects us, and he brings us peace and blesses us - what a perfect Christmas gift!

So as we all anticipate Christmas this year, my prayer is that you find Christ in it, include Christ in your celebrations and enjoy Christ's presence in your life throughout the coming New Year.

With every Blessing for a Joyful Christmas and Happy and Prosperous New Year,

Rana

Credenhill Community Noticeboard

Credenhill Community Noticeboard is a Facebook group set up for residents to share information, events, pictures and items of interest to our community.

Join the group if you want to know what's happening or to get information out quickly to its followers.

This is the link:

https://www.facebook.com/groups/499485818200829/?ref=share

OR search Credenhill Community Noticeboard on Facebook

December services:

Sun 3rd 11.00am St Mary's Church Holy Communion Sat 9th 3 - 5.00pm **Headway Messy Church Christmas** Sun 10th 11.00am St Mary's Church Holy Communion

Sun 17th 3.00pm **Headway Community Carol Service with tea**

Sun 24th 4.30pm St Mary's Church Crib Service

> 11.30pm St Mary's Church Midnight Holy Communion

Christmas Day 9.30am **Holy Communion**

Sun 31st 11.00am St Andrew's Church, Bridge Sollars Group

Holy Communion

January 2024

Sun 7th 11.00am St Mary's Church Holy Communion 11.00am Sun 14th St Mary's Church Holy Communion Sun 21st 11.00am **Headway Cafe Church**

St Mary's Church Holy Communion Sun 28th 11.00am

From the Church Registers

Marriage - 18th November Josh Jackson & Charlotte Pryce

Funeral - 14th November Hereford Crematorium Karen Whitehurst



HEREFORDSHIRE HEADWAY

Headway House, Trenchard Avenue, Credenhill Hereford HR4 7DX



Coffee Morning

Thursday 7 December 2023

Coffee and Raffle from 10:30-11:30



All welcome Please come for a catch up and support us

We Have Some Gifts & Crafts For Sale

Congratulations to Don & Dorrie Coates

who celebrated their Diamond Wedding Anniversary on the 30th November.



We would like to thank everyone for their good wishes on our 60th anniversary. We were married in Yorkshire in 1963 and moved to Brinsop in 1974.

We joined the congregation of St Mary's church, Credenhill as we had young children and although we have moved to the other side of the hill, Tillington, we have always enjoyed our fellowship with Credenhill.

Thank you Don and Dorrie.

CREDENHILL FRIENDSHIP CLUB

We had a very interesting talk by Dan and Tom from the Fire Service. Having had them some years ago it was interesting to hear what has changed and what is new. The Fire Service as a whole does some amazing work all over the country and we are ever grateful to them.

CHRISTMAS DINNER Thursday 7th December The Bay Horse Arrive at 12 noon for 12.30pm start

Time to have a relaxing meal with friends plus a few drinks or two. Look forward to seeing you all in your best bib and tucker.

MERRY CHRISTMAS ONE AND ALL

Cheers Trevor Collins 07880 355523



Meet new people and get creative with a group of like-minded artists. All abilities are welcome!

Starting on

Wednesday 8th November 2023

1:00pm - 3:00pm

Please note: We are closed on Wednesday 27th December.

Drybridge House, St Martins St, Hereford, HR2 7SG First session free, £3 thereafter





0800 008 6077



ageukhw.org.uk



Christmas Eve



Crib Service

4:30pm



in St Mary's Church.

A family friendly way to begin Christmas.



Hot chocolate/punch
Christmas cookies



Mini chocolate logs, Mince pies.



Everyone Welcome.







St Marys Church, Credenhill





Carols in the Community



Sunday 17th December

At 3pm

in Headway

Followed by a traditional Christmas



afternoon tea.

Everyone is welcome,

including accompanied children.



(Donations welcome)

The Christmas Hamper draw will take place after tea.

Please contact dorriecoates@aol.com 07485071960,

Rev Rana 760443 or Caroline Martin 760641,

if you are coming for tea or need a lift.

Carol Singing at One Stop Shop

Come and join Revd Rana Davies-James for some Festive Christmas Spirit

Saturday 23 Dec at 6pm

Everyone Welcome

(Weather Permitting)





Next Café Church At: Headway Sunday 21 January 2024

Time: 11am

Café Church is Church in the Community. If you find Church difficult or have trouble getting up to church then do consider joining us for a more informal approach. A shortened form of communion is available after the service for those who wish. Unlimited drinks and cakes available.



Paintings & Pipe Organ Recital St Mary's Church.

Thank you to everyone who supported our fund raising weekend.

Simon and Justine have recently moved into the village and we were thrilled that they offered to play for us. Although the audience was small everyone enjoyed listening to such talented people.

Simon played a range of music on the organ including pieces he had written himself and he was joined by Justine on the flute. We then enjoyed a charcuterie box supper and wine.

There was a silent auction display of 26 paintings by Jean Hawkins Bowles, kindly donated by her daughter, Fiona. The church was open on Saturday for people to come up to see the paintings and refreshments were available.

Rosemary Wolstencroft played a variety of music on the organ throughout the day. Offers were made on 10 of the paintings and the weekend raised £520 for the organ fund.

We still have a number of paintings available. These will be put on the Magnis Group page and will be available to purchase at the Community Carol Service at 3pm on Sunday 19th December in Headway. All proceeds will go towards the organ fund.

Seasons Greetings From Us To You!

December is the time of year when we think of celebrations and get togethers with family and friends. Keep this feeling going well into 2024 by booking your Pantomime tickets for February half term, live theatre at it's best. Join the cast of Aladdin for a magical time where he and his family will entertain you with gags, songs, dances, spectacular costumes and scenery. Get those tickets booked now by emailing magnatickets@gmail.com for a magic carpet ride of a panto.

Looking Back at 2023

This year we entertained our audiences with 4 original productions covering pantomime, musicals, comedy and drama. Each time the audiences have been fantastic. The year begin with Goldilocks and her Three Bears, followed by Clueless in May, a hilarious Agatha Christy-esque comedy set in the 1920's.

July saw our Young Magna cast tread the boards with a potted version of Annie. We rounded off the year with an October production, Paradise, our re-telling of a local murder mystery from 1867. Each night our audiences gave their verdict of Guilty or Not guilty against the accused. He was resoundingly voted Guilty. If you have not yet seen any of our productions please look out for details of 2024.

Magna (adults) & Young Magna (9-16yrs)

Are looking for like minded people to join our friendly family.

If you like being on stage, behind the scenes or front of house you would be welcome.

Join us in up to 4 productions a year, from panto to parody, classics to comedy, realism to the ridiculous, we aim to entertain.

No experience necessary.

Magna meet Tuesdays 7.30pm *Occasional* Fri & Sun Young Magna meet Sundays 2.30-5pm *Occasional* Tues & Fri

Contact Betty 07954 081999 | magnadrama79@yahoo.com



Hope

"Hope is being able to see that there is a light despite all the darkness."

~ Desmond Tutu ~

After School Clubs

There are lots of after school clubs that our children can take part in.

This term alone we have had Funky Fitness Club, Christmas Craft Club, Netball Club, Jigsaw Puzzle & Chess Club, Football Club, Eco Club, Girls Connect Club and a Drama Club run by our Year 6 pupils.

Our children from service families can also attend our Dandelion Club.





Forest School

The latest Forest School sessions have seen the children go "bonkers for conkers".

The children have foraged conkers and turned their treasures into decorations and creative marble run games.





Here Girls Can Festival 2023





Recently a group of year 5/6 girls went to the Here Girls Can Festival 2023. This is a local version of a national project, empowering girls to be more active and confident.

The girls were able to try lots of different activities from Yoga and Dance to Cross Fit and Martial Arts.



Upcoming Events

4 Dec 23 Carols in the Community

12 Dec 23 Rudolph Run for St. Michael's Hospice

13 Dec 23 Carols at Headway

13 Dec 23 KS1 Nativity

21 Dec 23 KS2 Carol Service

21 Dec 23 End of Autumn Term

Herefordshire Schools Football Tournament

St. Mary's recently took part in the County Schools Football Tournament.

This is the largest tournament of its kind in Herefordshire, with over 40 schools taking part. The children were fantastic ambassadors and showed great team spirit, determination, strength and resilience when they played their matches, reaching the semi-finals; only to be beaten on penalties.







Follow us @SMCredenhill





Herefordshire Residents Urged To Support 'Surviving Winter' Appeal

Local charity Herefordshire Community Foundation (HCF) has launched its annual Surviving Winter appeal and is asking for donations to help the county's vulnerable households and vital community spaces to stay warm over the colder months.

Bridie Sullivan, Chief Executive, explains how local residents can help; "This year the Government is giving pensioners the Winter Fuel Payment and an additional cost of living payment. We're encouraging those who don't need this support to donate it to our appeal instead. If anyone else can make a contribution, large or small, it would be really appreciated too. The feedback we receive blows us away, as a relatively modest grant can make an enormous difference to someone's life. Meanwhile, keeping community spaces warm is essential as it gives people a safe place to go and helps to combat loneliness and isolation."

If you would like to donate online, please visit www.herefordshirecf.org/survivingwinter

Alternatively, ring 01432 272550 to donate over the phone or send a cheque to Herefordshire Community Foundation, The Fred Bulmer Centre, Wall Street, Hereford HR4 9HP (please include a note that it is for Surviving Winter).



St Marys Church, Credenhill

Saturday December 9th



At Headway

Activities based on Follow that Star!

Start at 3pm

followed by a Christmas tea at





4:15pm
with chicken and chips
(Nuggets for children)



and traditional party treats and games.



A free afternoon of fun and fellowship (voluntary donations welcomed).



If you are coming just for tea message Donna



donnajones4249@gmail.com





We raised £370.35p



Thankyou to everyone for your support, especially to Nutty Crafters for allowing us to use their hall time and for donating £110 towards the total. Amanda Coates.



Physical & social activities in Herefordshire for people living with dementia, loneliness and depression

This month sees the launch of 'Feel Good for Life' at Hereford Leisure Centre - a series of physical and social activities for people living with dementia, loneliness and depression.

Sessions will comprise of 45 minutes light physical activity (seated exercise and the option to use the Toning Suite, which will be closed for our exercise use) followed by social/reminiscence activites such as art, crafts, quizzes and games over lots of tea, coffee and biscuits. We are asking people to complete a registration form ahead of their first session and that can be found online, here...

https://haloleisure.org.uk/feelgoodforlife/

Sessions will run on Thursdays between 11.30 - 1.15pm:

30th November 14th December 11th January 18th January

Sessions will be priced at just £2.50 and carers are invited to join in for free.

Please note that my working hours on the Feel Good for Life Programme are Mondays and Thursdays 8.30am-2.30pm.

You can also leave a message on the Programme mobile and I will get back to you as soon as I can - 07977 946989.

Philippa Loftus

An original family panto by BAMorris



CAladdin

Thursday 15 Feb 7pm
Friday 16 and Saturday 17 Feb
2pm & 7pm
Tickets £9 (£7 concessions)
magnatickets@gmail.com







Credenhill Community Hall

2023 bought many innovations to the hall. Groups came and went while others stayed right where they have been for many years. We were able to buy some new chairs with arms for the less able among us to use and two new large tables. Celebrations were held for numerous birthdays. Training was given and four performances were held, plus the lovely community event, our annual Christmas Fayre. It has been a busy year and we hope for the same again in 2024.

WISH LIST FOR 2024

We are looking forward to having solar panels installed in line with our Greener energy policy. Also, WIFI will soon be up and running in the hall. Projectors and screens are currently being sourced to enable more scope with training sessions. More groups to fill the available spaces we have each day. Mainly we would love our whole community to benefit from such an incredibly comfortable, well appointed hall.

WINTER WARMERS

Don't forget to come and cosy up with one of our weekday groups in the hall during the winter months. You will be made very welcome. Check the hall calendar for up to date information.

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For more information contact Betty Morris on 07954 081999 or email magnadrama79@yahoo.com

www.credenhillcommunityhall.org.uk | Also on Facebook



Credenhill Community Hall

Day	Group	Leader	Contact Details
Monday 9.30 - 10.30am	Phonics & Maths For Preschool	Ailsa Biggs	ailsa_10@yahoo.co.uk
Tuesday 8.30 - 1pm	Baby Sensory 1 - 13 Months	Annabelle Palethorpe	07341956056 hereford@ babysensory.co.uk
Tuesday 7.30 - 10pm	Magna Performing Arts	Betty Morris	07954 081999
Wednesday 10 - 11am 12 - 12.45pm	Pop Cats Music & Movement 0 - 5yrs	Cherie Appelt	07760356172 Popcatshereford @gmail.com
3rd Wednesday of Month 6 - 10pm	Parish Council Meeting	Lee Harper-Smith	07956 447056
Friday 10 - 12noon	Credenhill Nutty Crafters	Corrie Smissen	07789 401151
Friday 6.30 - 9pm	Magna/ Young Magna	Betty Morris	07954 081999
Sunday 2.30 - 5pm	Young Magna	Betty Morris	07954 081999



St Michael's St Michael's has become the first Hospice in the UK to be awarded Centre of Excellence for Mindfulness

The prestigious award comes from the Mindfulness organisation and charity, Breathworks, a global body which has been training Mindfulness teachers for over 20 years.

Mindfulness is a practice of bringing attention to the present moment, and learning to not be overwhelmed by the world around us. Over the years, Mindfulness has benefitted patients, their loved ones, staff and volunteers at St Michael's, who provide palliative and end-of-life care to those in Herefordshire and its borders.



The award was presented to Gail Calthrop, the Hospice's Breathworks Mindfulness Practitioner, by Breathworks Co-founders Vidyamala Burch OBE and Sona Fricker during a special ceremony at St Michael's.

For Gail, the accolade is recognition of the quality and breadth of Mindfulness services offered by the Hospice.



The Hospice's journey with Mindfulness began in 2009 when a Mindfulness-based Stress Reduction course was held, and attended by Gail in her role as a Hospice Registered Nurse - a role she still holds today. Fast forward five years, and Gail had qualified as a Breathworks Mindfulness teacher.

"Making Mindfulness accessible to everyone is an ethos I share with Breathworks. I feel very proud of the fact that Mindfulness is offered to each and every one of our patients at St Michael's, with drop-ins also free for staff, volunteers and patients' loved ones. And because we make our longer courses financially viable, it makes Mindfulness easier to access for a greater breadth of people outside the Hospice network, which can only be a good thing."

To find out more about Mindfulness at St Michael's Hospice https://www.st-michaels-hospice.org.uk/service/mindfulness/





The Unlikely Pilgrimage of Harold Fry

Cert: 12a - 108 mins



Fri 8th Dec - 7.30 pm

The Simpson Hall, Burghill

Admission: Adults: £5.50 Child: £3.50 Enquiries to: 07726 148736

Flicks in the Sticks team wish you a very Merry Christmas.

Pre-Booked meal served at 6.30pm, Fish Pie, topped with cheesy mash, served with winter vegetables: £10 includes food & film.

Film only, includes tea, coffee and biscuits during the interval: £5.50.

Meal Bookings: Call Annie 01432 760552 or annie.ness23@gmail.com.

CASH ONLY and BYO drinks.

Harold is an ordinary man who has passed through life, living on the side lines, until he goes to post a letter one day ...and just keeps walking.

Starring: Jim Broadbent, Penelope Wilton, Monika Gossmann



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Pattern book collection.

From 1st – 20th December we will be reducing all these items

by a whopping 50% to clear the decks!

We look forward to seeing you at Bagley's Croft, Brinsop, Herefordshire HR4 7AT

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Local Pilates Classes in Credenhill

Great for all levels!

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Contacts

Editor	Liza Watkins	credenhillcommunitynews@outlook.com
Parish Council Chair	Martin Leaton	chair@credenhill-pc.org.uk
Parish Council Clerk	Lee Harper-Smith	07956 447056
		clerk@credenhill-pc.org.uk
County Council	Councillor R Matthews	01432 760498
West Mercia Constabulary		0300 3333000
		herefordrn.snt@westmercia.pnn.police.uk
Crime Stoppers		0800 555111
Safer Neighbourhood Officers	PC Stefan Hawes	07773054234
	PCSO Adam Westlake	07773052580
	PCSO Christina Howard	07773052529
Dog Warden		01432 261761 (999 for dangerous dogs)
Street Light Problems		01432 261800
Power Cut	Western Power	105
Water Leak	Welsh Water	0800 0520130
Gas Leak	National Grid	0800 111999
St Mary's Primary School	Claire Ross	01432 760408
Nursery & Preschool	Shelly Gummery	07596 324552
Vicar of St Mary's Church	Revd. Rana Davies-	01432 760443
	James	revrana@btinternet.com
Church Wardens	-	-
Credenhill Social Club	Steward	01432 760600
Young Magna	Betty Morris	07954 081999
		magnadrama79@yahoo.com
Magna	Betty Morris	As Young Magna above
West Hereford Petanque Club	Peter Clarke	07484 311360
Friendship Club	Trevor Collins	07880 355523
Credenhill Surgery		01432 272175
Part of Hereford Medical Group		Out of Hours 111
Headway		01432 761000
		info@herefordshire-headway.co.uk
Mobile Post Office	John	01885 482201
Mon & Thurs 10.30-11.45		
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Credenhill Community Hall	Betty Morris	07954 081999
		magnadrama79@yahoo.com



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