

My Health, My Say



“My Health, My say” gives you the chance to talk about your Health and wellbeing.

The people that run the Health and Wellbeing services where you live want to find out what you think.

**You can tell them,
the good bits
and the bad bits.**

**They will listen to what you say.
They will act on what you tell them.
Then they will tell you what they have done.
They will keep your identity private.**

<https://www.actionforchildren.org.uk/privacy-policy/>

**If you'd like to take part contact Sue on:
07929079069 | sue.mustill@actionforchildren.org.uk
Or scan the QR code above**

