

Credenhill Community News



September 2022
Issue 151

**A Parish Council publication about Credenhill,
by and for the people of Credenhill.**

Editor: Liza Watkins

credenhillcommunitynews@outlook.com

Deadline:	15th of month prior to publication
Published:	1st every month
Collection:	One Stop, Credenhill
Delivered:	To every household in Credenhill (circulation 860)
Website:	www.credenhill-pc.org.uk

All contributions should be emailed to the Editor in a Word format.
If you have no access to a computer then a hard copy can be put
through the door of Station Cottage, Credenhill.

To receive a digital copy of the CCN, please email the Editor
to be added to the mailing list.

Electronic copies and other useful information can be found on the
Parish website www.credenhill-pc.org.uk

Cover Photo Credit: Molly Sherrard

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All contributions maybe subject to the editorial discretion.

The editor does NOT accept any responsibility for articles printed in this newsletter.

All details are correct at time of going to press.

Words from the Editor...

If you have any contributions to the magazine, please send them to:
credenhillcommunitynews@outlook.com

Alternatively message the Facebook page [@credenhill](#)

The CCN is kindly delivered to you by the following volunteers:

Vivien Ball	June Jones	Sheena Bescoby
Amanda Lewis	Sue Dixon & Family	Kirsty Lewis & Family
Val & Roger Bailey	Sandra Stevens	Margaret Tyler
Reise Adair & Family		

Thank You!

Advertising Rates

10 full colour editions per year are distributed to each house, for free, in the Parish of Credenhill.

Listings are also included on the Parish website and sharing of any adverts through the Facebook page is available.

Advert Size	Edition Price
1/4 page	£10
1/2 half	£15
Full page	£30
Full rear page	£50

Advert Size	Annual Price
1/4 page	£48
1/2 half	£85
Full page	£150

Annual Price for 12 months in the Directory of Service. Edition price for placement anywhere in the magazine for one month only. To advertise your business in the CCN, email the editor with a copy of the advert and your size preference. Payments must be completed before the advert will be published. No CCN editions in January and August. Email for any further information.



Next Meeting

The press and members of the public are invited to the Ordinary Parish Council Meeting to be held at
The Resource Centre
on 14th September 2022 from 19:30

There is a 10 minute slot at the beginning and end of the meeting for public question time where members of the press and public can comment on agenda items, and raise any concerns about Local matters.

Parish Council Update

Culverts

The culvert repairs are going well however the anticipated 9 weeks of work has been extended due to 2 labourers instead of 3 being used on the job; it is therefore expected to be completed in September.

Litter

Litter continues to be a massive issue at the Community Centre and on the Roman Park as well as around the shops. CCTV is in operation in the Community Centre and will be used to secure a prosecution under section 87 of the Environmental Protection Act 1990 if it continues. Please speak to your children about this ongoing problem; there are currently 3 groups causing the problems.

Bus Shelter, A480.

As I write we are close to finally starting this work which will hopefully be underway by the time you read this!

Weobley School Bus

The Parish Council wrote to the bus operator in July to express concerns about ongoing price increases for this service. We have received confirmation that the fees will remain the same for the school year as per last year.



Resource Centre - Available For Use

As reported in July the Resource Centre will be vacant from September 2022 after the Nursery relocation to the school.

Do you have a Community use for the land and buildings? The Parish Council are keen to hear from any groups or organisations that would like to put the building to use. Priority will be given to such organisations that have a well thought out sustainable use for the building with clear benefits to the local Community.



We will be contacting agents to look at letting the building Commercially in the event that no organisations/charities come forward to ensure that the best rental price can be achieved with a business tenant. In this scenario the Rental income will be reinvested into existing Community Assets and Services as well as a reduction in the precept.

***The Parish Council wish Shelly and the Preschool Team
every success at St Mary's Primary school!***

The Vicar's Letter



Dear Friends,

As I write this we are in the middle of another heatwave and everything is looking parched and dried out - even the churchyard has turned almost white as the grass is burned off.

Wildfires are burning across the south-east and Herefordshire as well. The news is full of gloom as they are projecting a difficult time ahead financially. I know people are now really concerned about being cold and hungry this winter.

The war is still going on in Ukraine and there are concerns over a nuclear power station's safety there as the Russians have taken control of it. It's all looking so grim.

As Christians we are called to be a people of hope - our outlook should always be in the light of knowing that ultimately God loves us and doesn't want any of us to suffer or to be harmed. It's easy, though to think that God doesn't care or even love us when we go through difficult and dark times, but he promises that he is always with us - we might turn our backs to him, but he still watches and waits over us until we turn back to him. He longs for us to turn to him for support and help when things are difficult.

Please do seek help from the authorities if you need to and if you don't know who to turn to, I might be able to help, so it's worth asking me! Also, do turn to your loving heavenly Father, he knows all about suffering and he wants to help you through your difficulties as well. In the New Testament, 2 Corinthians 1:3 it says, "Praise to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God."

I hope and pray that in the coming months you will find God's comfort and his blessing.

With every blessing

Rana

September Services
Every Sunday
at 11.00am

4th, 11th, 25th	Holy Communion	
18th	Café Church	Credenhill Community Centre
10th	Messy Church	Headway 3-5pm



HEREFORDSHIRE HEADWAY
Headway House, Trenchard Avenue, Credenhill

'It's Back'



Coffee Morning
Wednesday 21st September 2022

Coffee and Raffle from 10:30-11:30

All welcome
Please come for a catch up and support us



**St. Mary's
Churchyard Gardening Club**



1st Saturday AM of each month

**If you enjoy gardening and have some time to spare,
please come and join us.**

**You don't need green fingers, just enthusiasm
All ages welcome | Fun group coffee and a chat**



For further info contact Fiona Honeysett 353911

ST MARY'S CHURCH CREDENHILL

Invite you to



This will be an informal All Age service around tables with refreshments available throughout.

Please come and join us for worship in this new and exciting way.

All ages welcome.

Sunday 18th September 11am
At Credenhill Community Centre

For more information contact

Donna Jones 07837651687

Donnajones4249@gmail.com

Magnis Group on Facebook



Please bring donations to the Hereford Food Bank





Church Wardens Report



To say that it's been hot, is an understatement and it's not usual for us to be giving out a cold welcome our readers, but this is what Rana our vicar did at the beginning of last month.

She let everybody know on Hereford and Worcester Radio that during this time of the heatwave, our church in Credenhill is a very cool place. A place for both time of reflection and quietness to recharge and relax, so that you can carry on and face life in a renewed way. It is cool and pleasant inside so you can find relief from the heat. Our church is always open from 10:00 till 17:00 until further on in the year.

It has been brought to our attention that we have glass jars, vases and bottles left in the churchyard. We kindly ask you not to use these during periods of hot weather, as they can be a potential fire hazard if in direct contact with the sun and we could lose everything. Also please no plastic flowers, natural flowers and plants let us enjoy God's creation.

We are starting to see more people attend our "Friday Fun Games Afternoon" and the "Churchyard Gardening Group" which is fantastic.

The Ministry Team recently had a "Team Away Day" down on the farm, which was a very enjoyable and successful day. We were able to discuss new ideas for worship within our village and plan services all the way up to Christmas.

An idea that was put forward and very much liked was a "Café Church". A place where you come for tea or coffee, maybe a cake and do some activities. All the while a church person leads a very informal service with a few well-known hymns, a small reading and some prayers.

All are welcome to come along and we will keep you informed though the CCN and posters throughout the village of when and where.

Finally, our other Church Warden Jamie Meadows has moved and his new details are: 11 Danny Lee Walk, Burghill, Herefordshire, HR4 7ST. 01432 681078.

I will finish now, keep smiling, keep cool, keep safe, and keep God in your life.

Blessings,

Mike Honeysett and Jamie Meadows.



Magna Performing Arts

Sponsored by  Holmer Park
A MOSAIC HEALTH CLUB & SPA

October production

BURIED

*An original Production by B.A Morris after research and development
with other Magna Members*

The focus of the play is how communities close up when anything strange happens in its midst.

In a dramatic representation of this true story we visit Canon Pyon in the Winter of 1954. Gossip is rife as to what has happened to a young man, Derek Saville who disappeared after the evening of December 7th. In 2007 the case was re-opened when new evidence emerged.

The story was suggested by a descendant of Derek's who is also a member of Magna.

Please see the poster attached for details of how to book or reserve tickets. Contact us via magnatickets@gmail.com for information on special offers .

We Need You!

We are looking for creative people to help us bring back the lure of Live Theatre by making plays and performances in a unique and rewarding way. We keep our costs low and ask you to take the plunge to fulfil that dream of performing in front of a live audience. If the stage isn't your thing then maybe working in the back ground to support the cast would be enjoyable.

Young Magna are looking for anyone aged 8 to 16 who are interested in performing to join our friendly group in September ready for Panto 2023.

Email: magnadrama79@yahoo.com



Magna Performing Arts

Sponsored by  **Holmer Park**
A MOSAIC HEALTH CLUB & SPA

We are looking for like minded people to join our friendly family. If you like being on stage, behind the scenes or front of house you would be welcome to come and join us.

Up to 4 productions a year, from panto to parody, classics to comedy, realism to ridiculous, we aim to entertain.
No experience necessary.

Betty

07954 081999

magnadrama79@yahoo.com

Magna meet
Tuesdays 7.30pm
Occasional Friday
& Sundays

YOUNG MAGNA
8-16 YRS

SPACES AVAILABLE

Sun 2.30 - 5.00pm
occasional Tue & Fri Evenings

Fees: Joining fee £10
Costume £10
Weekly £2.50

Sibling Discount Available

Bucket collections for
St Michael's
Hospice
take place after every
performance.

Also supporting the
Credenhill Community Hall
Charity.

Facebook: @magnadramagroup

Twitter: @magnadrama

YouTube: magna presents

Instagram: @magnaperformingarts

Email: info@magnapresents.co.uk

Website: www.magnapresents.co.uk



charity number: 511181

Coffee Morning

*The Haywain, Lyde Arundel,
Nr. Hereford HR4 7SL*

by kind invitation of Lydia and Tomáš Alexovi

Thursday 13th October 2022

From 10am 'til 12 noon

Cakes, Preserves and Produce Stall. Raffle.

No entry fee - donations welcomed

Ample parking - please use entrance off A4110

*If you're unable to attend but would like to make a donation, please send cheques payable to HHCT
c/o Mrs Sue Burleigh, Stansbatch House, Stansbatch, Leominster, Herefordshire
HR6 9LG - tel.01544 267368*



St Mary's Church invite you to a

MESSY TREASURE HUNT

On Saturday 10th September

3pm to 5pm at Headway

For more information contact

Donna Jones 07837651687

Donnajones4249@gmail.com

Messy Church Credenhill on facebook



All Welcome

**Crafts, games, worship, songs, friendship followed
by a light tea.**



BURIED

A dramatic re-telling of a Herefordshire mystery



Credenhill Community Hall

7.30pm 13th-15th October

Tickets £9 (£7 concessions)

email magnatickets@gmail.com

Kindly sponsored by
 **Holmer Park**
A MOSAIC HEALTH CLUB & SPA

noda
Be inspired by amateur theatre



Kington Horse Show and Agricultural Society

10 Sept 2022

9am - 6pm

The Ovals, Kington,

HR5 3LN

Book Tickets &

More Info

kingtonshow.co.uk

Kington Show is one of the largest one day agricultural shows in the country.

With its roots firmly embedded in farming, the show brings together the local community and provides a setting for all to enjoy a fantastic day out.



HELP FOR HEREFORDSHIRE PEOPLE WITH LONG-COVID: LOCAL CHARITY COMES FORWARD.

Herefordshire Council joins local grant givers, Eveson Trust and Bulmers Benevolent Fund, to support the Marches Counselling Service (MCS) in working with people with Long Covid.

Sadly, physical symptoms have been seen by some as 'all in the mind', or alternatively the emotional impact of contracting long covid is not acknowledged. Aware that many people with long-covid are finding it difficult to access support. The service is offering group-work looking at management of the condition, which can be accessed online.

Courses are initially ten sessions of 90 minutes each and offer different approaches to managing long-covid. Course leaders are experienced therapists who recognise the core need for pacing, the variety of physical symptoms associated with this condition, and the potential for trauma being present. They are all experienced in helping people deal with difficult emotions and trauma reactions. Each course will accommodate up to twelve people.

If this is of interest to you, please contact us. You will be offered an initial confidential assessment which enables you to ask any questions, discuss payment and which course makes sense for you. Courses are planned to begin in September.

If you would like more information, please contact us on marches.counselling@gmail.com or visit our website: www.marchescounselling.org.



Psychological Support for People Experiencing Long-Covid.

We are aware that many people with long-covid are finding it difficult to access support. As part of our service in this area we are offering group-work which can be accessed online.

Courses are initially ten sessions of 90 minutes each and offer different approaches to managing long-covid. A confidential assessment enables you to ask any questions and check what makes sense for you.

Course leaders are experienced therapists who recognise the core need for pacing, the variety of physical symptoms associated with this condition, and the potential for trauma being present. They are all experienced in helping people deal with difficult emotions and trauma reactions.

Each course will accommodate up to twelve people. If this is of interest to you, please contact us. You will be offered the initial confidential assessment within 2 weeks which will enable you to discuss payment and plan a start date.

Course A: Hidden Strengths

Tuesdays 6:30 – 8:00 pm (contact us for dates)

Therapy often revolves around people's relationships and what they mean to them. We know that coping with chronic illness is easier for people who are able to maintain good relationships, not just with close family, but also with the community and, most importantly of all, with themselves. Having long-covid presents many challenges to how we see ourselves and how others see us. This course will explore how we can meet these challenges.

Course B: Self-Care

Wednesdays 1:30 – 3:00 pm (contact us for dates)

We know that each person's experience of long-covid is unique, but there are also patterns which we can learn from. Because we are only just beginning to understand the challenges which long-covid entails, the real experts are the people experiencing the condition themselves. This group will help participants explore their experiences, share what has worked and what not in managing their symptoms, and think together about what it might mean for their future and that of their families. The therapists involved in each course are experienced in helping people deal with difficult emotions and trauma reactions.

Course C: Staying Mindful

Thursdays 10:00 – 11:30 am (contact us for dates)

It is accepted that mindfulness can be a valuable aid in managing chronic physical and mental health conditions. With long-covid it is important that the practitioners offering support can help the client negotiate the challenges involved in looking inwards at their experience, taking from the practice what is right and needed by them. This course will introduce participants to some of the key practices that can help change the way in which they think about their condition.

Local GB boxer Delicious Orié fronts new suicide prevention video ‘We’re in your corner’

Locally based boxer and Commonwealth Games sportsman Delicious Orié has put his weight behind a new video to support men’s suicide prevention. The video ‘We’re in your corner’ was launched the week before the Commonwealth Games which took place in Birmingham.

From his work with local Herefordshire and Worcestershire boxing clubs, the heavyweight boxer recognises the importance of looking after our mental health. He understands that sometimes the “toughest opponent is the one between your ears”.

The ‘Acting Together to Prevent Suicide’ campaign is part of the wider ‘Now We’re Talking’ initiative, which supports people experiencing problems with their mental health across Herefordshire and Worcestershire.

The video is aimed at men of all ages and hopes to reduce the stigma surrounding mental health and highlight where to get support.

Delicious Orié, Team GB boxer, said: “We all sometimes struggle to talk about our feelings.

If you’re finding it tough, it’s important to open up sometimes and talk. Life is hard, there’s no weakness or shame in asking for support. If you feel overwhelmed – you are not alone. Anyone can experience feeling low, anxious, worried or depressed, and it is really common, but it is also important to reach out for support when it starts to impact what you do and who you are.”



For urgent advice and support for yourself or someone you know:

**Call the free local NHS urgent mental health helpline for Herefordshire and Worcestershire
0808 196 9127**

Call 999 if you are seriously injured, have taken an overdose or if there is an immediate risk to life.

The NHS Healthy Minds team covers Herefordshire and Worcestershire and provides free, confidential support, including:

Online therapy, Groups and Courses, traditional 1:1 support and online resources.

www.healthyminds.whct.nhs.uk

www.talkcommunitydirectory.org

www.worcestershire.gov.uk/here2help

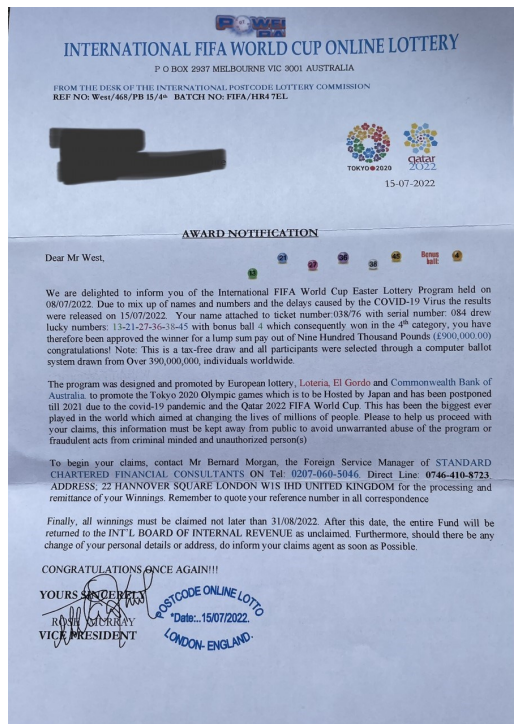
www.nowweretalking.nhs.uk or speak to your GP practice team to discuss the best options for you, including access to specialist services.

The World Health Organization reports that 703,000 people die by suicide each year. Locally, between one and two people every week die by suicide across Herefordshire and Worcestershire. Groups at higher risk in the counties include middle-aged men (especially those aged 35-49) and young people.

Scam Letter

A member of the community came to me with this letter several weeks ago wanting to raise awareness because it is a scam.

If you receive something like this please report it to the police.





Credenhill Community Hall

OPEN DAY 2022

A good day was had by all, stall holders, local organisations and people who visited generated a great atmosphere all day. Outside was buzzing and enhanced by the fantastic Sharon and Lucy who persevered with the BBQ in spite of the windy conditions.

Thank you to everyone who supported us.

CHRISTMAS FAYRE

Saturday 26 November | 10am-2pm

Table bookings £10 now being taken *Places are limited*

Apply to magndrama79@yahoo.com

Father Christmas has added us to his list once more!

LOOKING FOR NEW GROUPS

We are looking for people who want to open a new group in Credenhill. A pleasant, airy, well appointed hall with excellent facilities. There is availability on two evenings a week, Monday and Wednesday, along with almost every weekday afternoon.

The younger members of our community are well served with pre-school activities, scouting organisation and performing arts. We have a group for craft enthusiasts and a games afternoon held once a month. If you have something different to cater for other members of the community we would love to hear from you.

THE HALL IS FOR HIRE

Organising a function?
consider using the hall as a venue.
Contact Betty Morris for information.
07954 081999 or
magndrama79@yahoo.com
www.credenhillcommunityhall.org.uk

EASYFUNDRAISING.CO.UK

Log into the site every time you
shop online & we can receive a
free donation.



Credenhill Community Hall

Day	Group	Leader	Contact Details
Monday 10.30am-11.30am	Messy Totz	Cally Childs	07854 004556
Tuesday 9.30am & 11am Term Time Only	Dinophonics (Booking Essential)	Abby Malcolm	07854 583077
Tuesday 6 - 7.15pm	Beavers	Bethany Norwood	07971 683203 mrsbn@hotmail.co.uk
Tuesday 7.30 - 10pm	Magna Performing Arts	Betty Morris	07954 081999
Thursday 9.30am & 11am Term Time Only	Dinophonics (Booking Essential)	Abby Malcolm	07854 583077
Thursday 6 - 7.30pm	Cubs	Karen Jones	01432 760591 Kingslandcubscouts @googlemail.com
Friday 10 - 12noon	Credenhill Nutty Crafters	Corrie Smissen	07789 401151
1st Friday in Month 2pm-6pm	Board Games	Fiona Honeysett	01432 760249
Friday 6.30 - 9pm	Magna/ Young Magna	Betty Morris	07954 081999
3rd Sunday in Month 10.30-12.30	Church Café	Donna Jones	07837 651687
Sunday 2.30 - 5pm	Young Magna	Betty Morris	07954 081999

Wildlife at the Pond

By Molly Sherrard

There is always lots of activity down at the Wildlife Pond – if you have the patience to look. I have been going on walks down there a lot; especially since my family participated in the rescue of several broods of baby birds from the flood defence over the past three years.

Recently the Kingfishers have been very active and can be seen hunting for fish; however, they are very elusive so if you do decide to wander down, don't be discouraged if they evade you. You may be able to see one perched on a branch in the sunlight or perhaps only a flash of blue as it zooms past.



In addition, a Heron has become a frequent visitor of the pond. It is most likely to be seen in the mornings and the evenings, which is when it likes to fish, but it is quick to fly away if it is startled.

I have also been lucky enough to see an Egret – a small, white Heron with a black beak – but I've got my finger crossed I will see it again.

New Membership Offer!

CREDENHILL
SOCIAL AND SPORTS
CLUB

Station Road, Credenhill

01432 760600

Monday - Saturday 19:00 - 23:00
Sunday 12:00 - 14:30
19:00 - 22:30



@credenhillsocialandsportsclub



@credenhillsocialsportsclub

Sign up as a new member from 1st September for **2023** membership and get the rest of 2022 for

free!

£10

Credenhill Community Noticeboard

Credenhill Community Noticeboard is a new Facebook group set up for residents to share information, events, pictures and items of interest to our community.

Join the group if you want to know what's happening or to get information out quickly to its followers.

Here is the link:

<https://www.facebook.com/groups/499485818200829/?ref=share>

OR search Credenhill Community Noticeboard on Facebook



**Credenhill Social
& Sports Club**
01432 760600



Up and coming events

Date	Event	Information
Saturday 24th September 2022	Rock Themed Disco with Roy Dodd	
Saturday 29th October 2022	Kids Halloween Disco 7-9pm	
Saturday 29th October 2022	Adult Halloween Disco 9pm til Close	

For more information please see Facebook.



**FAMILY FUN - FIREWORKS, LASERS, LIGHTS,
DRONES, MUSIC, FOOD & DRINK, FAIR**

Firework Champions at Eastnor Castle is the only one of its type in the UK where the audience have the capability to vote for the team they liked the most using their mobile phone, purely for fun.

**10 Sept 2022
4pm - 11pm**
**Eastnor Castle
Ledbury, HR8 1RL**

More Info & Book Tickets
www.fireworkchampions.co.uk

September

24

Saturday
START
8PM

ROCK ALL NIGHT

MIDNIGHT SOUNDS

PRESENTS
ROCK DISCO

Credenhill Sports & Social
Club



Friday Fun Games Afternoon at Credenhill Community Hall

**First Friday of each month
2 - 6pm
All ages welcome
coffee and a chat**



*For further info contact
Fiona Honeysett 353911*



h.Art
herefordshire art week
www.h-art.org.uk
3 - 11 September 2022


Herefordshire Art Week is a nine day art trail open to all. Artists, craft-makers and creative businesses open their private studios, galleries put on special events, whilst groups get together to put on one-off exhibitions, in a wonderful mix of interesting venues across Herefordshire.

Since 2002 this county wide art trail has taken place every year in the second week of September. H.Art has become part of Herefordshire's rich cultural calendar, with a huge variety of art and art forms on show in open studios, group exhibitions and gallery events.

With the vast majority offering FREE admission to visitors, H.Art promises a fun day out in one of England's most beautiful counties.

If you are an artist interested in taking part then please visit the website.

Join us

Hereford Elgar
Rotary 

Friday 9th September 2022

HARVEST WALK

Beautiful Bartestree!

Walk leaves Bartestree Village Hall at 6.30pm
Walk time 1-1.30 hours



BBQ & Bar!

Open 7.30 – 10pm at the Village Hall



Wags & Wellies!

Well-behaved dogs welcome



The walk is free for all.
Donations of dried/tinned
food and toiletries are
welcome to support
Hereford Food Bank.

<https://herefordelgarrotary.co.uk/>
www.facebook.com/elgarrotary/
tanya_S73@outlook.com

Look forward
to seeing
you!

KINGTON WALKS

2022 FESTIVAL

15th - 18th September 2022

Kington Walks Festival returns for another year and Kington is looking forward to welcoming old friends and new to this ever popular weekend.

The festival organisers intend to return with a full programme of walks and events this year and information will follow on social media channels and newsletters in the next few months.

The Festival Office will be available at:
The Walking Hub, 26 High Street,
Kington HR5 3AX
07552 087786

For more information and to book
walks visit www.kingtonwalks.org

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mjames100@hotmail.co.uk

www.fern-landscapes.co.uk

TV problems...? Poor picture...?

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Or email: mdrelectrical330@gmail.com



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07977 214 756

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Ladies wash/bd/set inc cut £25

Perm all inc from £48


Full Head colour Inc cut from £48

Semi colours Inc cut from £38

Foils full head inc cut from £58

Gents Cuts £12

**35 years fully qualified SRH
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mandyshairdressing@gmail.com

07823 883 362

Hair@Home

Mobile
Hairdressing



- ✂ Fully qualified
- ✂ 20 years experience
- ✂ Ladies, gents & children
- ✂ Senior citizens

07425 135570

Maids Domestic Services

- Dusting
- Vacuuming
- Bathrooms
- Kitchens
- Mopping
- Ironing
- Changing beds



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We pride ourselves in providing skilled, trustworthy staff, who receive extensive training and are fully insured.

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Contacts

Editor	Liza Watkins	credenhillcommunitynews@outlook.com
Parish Council Chair	Martin Leaton	chair@credenhill-pc.org.uk
Parish Council Clerk	Lee Harper-Smith	07956 447056 clerk@credenhill-pc.org.uk
County Council	Councillor R Matthews	01432 760498
West Mercia Constabulary		0300 3333000 herefordrn.snt@westmercia.pnn.police.uk
Crime Stoppers		0800 555111
Safer Neighbourhood Officers	PC Stefan Hawes PCSO Adam Westlake PCSO Christina Howard	07773054234 07773052580 07773052529
Dog Warden		01432 261761 (999 for dangerous dogs)
Street Light Problems		01432 261800
Power Cut	Western Power	105
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Gas Leak	National Grid	0800 111 999
St Mary's Primary School	Claire Ross	01432 760408
Nursery & Preschool	Shelly Gummery	07596 324552
Vicar of St Mary's Church	Revd. Rana Davies-James	01432 760443 Rana.james@virgin.net
Church Wardens	Mike Honeysett Jamie Meadows	01432 353911 01432 632559
Credenhill Social Club	Steward	01432 760600
Credenhill Scout Group	Karen Whiting GSL	07968 346935 8thherefordcredenhill@gmail.com
Rainbows/Brownies	Donna Jones	01432 761056
Young Magna	Betty Morris	07954 081999 magnadrama79@yahoo.com
Magna	Betty Morris	As Young Magna above
Local Adult Football	Connor Stackhouse	credenhillfc@gmail.com
Friendship Club	Trevor Collins	07880 355523
Credenhill Surgery Part of Hereford Medical Group		01432 272 175 Out of Hours 111
Headway		01432 761000 info@herefordshire-headway.co.uk
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