



# Credenhill Community News

December 2019  
Issue 124

A Parish Council publication about Credenhill, by and  
for the people of Credenhill.

# Credenhill Community News

Editor: Liza Watkins

credenhillcommunitynews@outlook.com

As editor, I am always happy to receive articles for the CCN but would appreciate them sent by email in a word format attachment. If you do not have access to a computer then please drop off any hard copy to me at Station Cottage, Credenhill in plenty of time before the deadline of the 15th each month.

<b>Deadline:</b>	<b>15th of month prior to publication</b>
<b>Published:</b>	<b>1st every month</b>
<b>Collect from:</b>	<b>One Stop—Credenhill Store</b>
<b>Delivered:</b>	<b>To every household in Credenhill (circulation 860)</b>

All articles, letters and any other items may be subject to the editorial discretion. The editor does NOT accept any responsibility for articles printed in this newsletter. All details correct at time of going to press. For more information regarding Credenhill, visit [www.credenhill-pc.org.uk](http://www.credenhill-pc.org.uk)

## CONTENTS

3-4	Credenhill Parish Council	19-20	Credenhill Social & Sports Club
5-6	The Vicar's Letter	22-23	Credenhill Community Hall
7-8	Church Warden's Report	24	Magna Drama
10	Friendship Club	25	Headway
13	Brownies/Rainbows	28	St Michael's Hospice
15-18	St Mary's Primary School	30-34	Directory of Services
		35	Useful Contacts

## ACKNOWLEDGEMENTS

*The CCN is kindly delivered to you by the following volunteers:*

*Vivien Ball, Jean & Wally Hawkings-Bowles, Edie Jones, June Jones, Emma Baxter & family, Kirsty Lewis & family, Val & Roger Bailey, Sandra Stevens and Margaret Tyler.*

*The CCN is now available via email. If you wish to be added to the mailing list, please send an email to the editor, requesting this service. Please put Credenhill Newsletter in the subject heading box to make sure it arrives. Thank you*



## Next Meeting

The press and members of the public are invited to the next Ordinary Parish Council Meeting to be held at the Resource Centre on 18<sup>th</sup> December 2019 from 19:30.

## Launch of 'We're watching you' campaign

Credenhill Parish Council has joined forces with environmental charity, Keep Britain Tidy, in a bid to reduce dog fouling in key problem areas in Credenhill. The campaign sets its sights on irresponsible dog owners, with recent research showing that dog walkers are more responsible and pick up after their dogs, when they think that they are being watched.



## Community Speed Watch

Community Speed Watch schemes are coordinated by the Safer Roads team but managed and run by volunteers in the community. The scheme enables local people to take an active role in road safety and make their community safer.



**We need more volunteers to enable us to run this scheme in Credenhill, please email or call the clerk for more information.**

## Welsh Water

We have received a call from Welsh Water asking that if any residents are experiencing issues with drainage in their homes, flooding in their gardens or notice odours/smells coming from road sewers then it is important to report them to Welsh Water immediately.

You can report water problems to Welsh Water online at <https://www.dwrcymru.com/en/Self-Service/Report.aspx> either by chat or by filling in the form or by phone 0800 085 3968.



The 2020/2021 budget has now been approved as follows:

## 2020-2021 Budget

	Year Total Budget 2020/21	per Household figures		% Change Since Last Year
		2019/20 Precept Band D Equivalent	2020/21 Precept Band D Equivalent	
Staffing Costs	9,640.80	£ 15.22	£ 15.03	-1%
Office & Meeting Costs	929	£ 1.53	£ 1.45	-5%
Advertising & Promotion	4,020	£ 5.78	£ 6.27	9%
Insurance, Legal & Professional Costs	1,955	£ 4.32	£ 3.05	-29%
Utility & Waste Management Costs	1,092	£ 1.91	£ 1.70	-11%
Asset Management Costs	12,108	£ 21.11	£ 18.88	-11%
<b>Total Operating Costs</b>	<b>29,745</b>	<b>£ 49.87</b>	<b>£ 46.38</b>	<b>-7%</b>
<b>Exceptional/Planned Costs</b>				
Charitable Grant Provision	4,000		£ 6.24	
New Signs for Community Centre	1,000		£ 1.56	
Plant Flowers/Bulbs	500		£ 0.78	
Legal Fees	1,500		£ 2.34	
Repair Culverts (addition to reserve)	2,800		£ 4.37	
Roman Park Maintenance Fund	2,000		£ 3.12	
Replace Village Bins	2,000		£ 3.12	
Embankment Repairs	5,000		£ 7.80	
Asset Repairs & Renewals	3,200		£ 4.68	
<b>Exceptional/Planned Costs</b>	<b>22,000</b>	<b>£ 8.79</b>	<b>£ 34.31</b>	
<b>Total Projected/Actual Costs</b>	<b>51,745</b>	<b>£ 58.66</b>	<b>£ 80.69</b>	<b>38%</b>
<b>Income</b>				
Precept	<b>43,591</b>	<b>£ 48.34</b>	<b>£ 67.97</b>	<b>41%</b>
Rent	<b>6,950</b>		£ 10.84	
Bank Interest	<b>120</b>		£ 0.19	
CCN Adverts	<b>600</b>		£ 0.94	
Electricity Recharges	<b>184</b>		£ 0.29	
Hire of Changing Rooms	<b>300</b>		£ 0.47	
<b>Total Income</b>	<b>51,745</b>	<b>£ 58.66</b>	<b>£ 80.69</b>	<b>38%</b>

The new budget represents an estimated £19.63 Increase per Band D property based on 2019/20 housing numbers. If you have any questions or would like further information about the budget, then please get in touch.

## The Vicar's Letter



Dear Friends,

*'When the parents brought in the child Jesus to do for him what the custom of the Law required, Simeon took him in his arms and praised God... There was also a prophet, Anna... Coming up to them at that very moment, she gave thanks to God and spoke about the child to all who were looking forward to the redemption of Jerusalem.'* Luke 2:27-28, 36, 38

Every year the avalanche of cards betrays the mixed messages of the British Christmas.

Beside the usual themes of winter, snow, holly, robins and stars, there are the innumerable ways of portraying the birth narratives of Jesus, loosely featuring stable, manger, assorted animals, shepherds and magi.

But Luke's carefully chosen and recorded stories of those who saw and worshipped this baby, who welcomed his coming into the world, include two elderly witnesses who are almost

always left out. Simeon and Anna, unlike the shepherds and the astrologers, are simply not on the cards – they are the missing worshippers of the newborn king.

Jesus was still a tiny baby when he was taken to the temple by his parents to fulfil the requirements of the law. Simeon and Anna, prompted by the Holy Spirit, were there when he was carried in. Luke tells us that the Holy Spirit had revealed to Simeon that he would not die before he had seen the Lord's Messiah. In all the bustle of the busy temple, full of families fulfilling their obligations, buying pigeons, going through the required rituals, these two elderly devout believers, waiting for the promise of a Messiah, saw one family with one small baby and knew he was the Christ. For most of the hundreds of others in the crowded temple, the idea that this newborn Galilean baby should be the Messiah was not on the cards – not what they expected and probably not what they would have wanted.

All around us the busyness and festive demands of Christmas, like the temple bustle, has God's promise of a Saviour hidden somewhere at its heart. May the Holy Spirit open our eyes to reveal once more the amazing truth of God incarnate as a small baby, and may he open the eyes of those around us for whom this is simply not on the cards.

Trevor joins me in wishing you all every blessing for a Joyful Christmas Season,

Rana

# St Mary's Church

## Credenhill



### December Services

Sun 1 <sup>st</sup>	11.00am	Holy Communion
Sat 7 <sup>th</sup>	3-5.00pm	Headway Messy Church
Sun 8 <sup>th</sup>	11.00am	All Age Gift Service (bring a gift for a child or a treat for the Food Bank)
Fri 13 <sup>th</sup>	6.00pm	Carol Festival launch (details elsewhere in CCM)
Sun 15 <sup>th</sup>	11.00am	Holy Communion
Sun 22 <sup>nd</sup>	11.00am	Headway Community Carol Service followed by a hot lunch (everyone welcome)
Tue 24 <sup>th</sup>	6.00pm	Crib Service (bring a torch)
	11.30pm	Midnight Holy Communion (bring a torch)
Wed 25 <sup>th</sup>	10.00am	Holy Communion
Sun 29 <sup>th</sup>	10.00am	Brinsop Group Holy Communion

### January Services

Sun 5 <sup>th</sup>	11.00am	Holy Communion
Sun 12 <sup>th</sup>	11.00am	All Age Worship
Sun 19 <sup>th</sup>	11.00am	Holy Communion
Sun 26 <sup>th</sup>	11.00am	Holy Communion

Jean H. Bowles would like to thank anyone who has contributed to the funding of the interior decoration of our ancient and lovely St. Mary's Church in Credenhill.

I would like everyone to know that we reached our aim of £4000 and the work began at the beginning of November. Our decorator chosen for the job is Mr. Paul Ashelford from Hereford.

The work will be completed by the end of the month and we hope you will take the opportunity to come and view our cobweb free church – especially at our festival of Carols on Friday 13<sup>th</sup> December .

Everyone is always welcome at St. Marys and every little contribution is appreciated.

### IN LOVING MEMORY OF PERCY LANE

Diana, Wendy, Steve, Amy and Lauren would like to thank friends and neighbours for all the kind messages, cards, flowers and support we have received since the sad passing of Percy on 17<sup>th</sup> October. A special thank you to Revd. Rana Davies-James for the lovely service and to everyone who attended his funeral and the donations received for the British Lung Foundation. A total of £200 in Percy's memory has been sent to the British Lung Foundation. Much appreciated.



# Churchwardens' Report

The work has begun on decorating the church and this hopefully will be completed before the December services. We are very grateful to Jean and Wally Bowles who worked hard to raise the money for this to happen. We also had donations and sold poppy blankets made by Brenda Lindesay to achieve the cost of £3,450.

The Remembrance Day service was attended by well over 120 people. Led by the Vicar, it included a tribute to the men of Credenhill who were killed in action in the Great War and WW2. Wreaths were laid by representatives of the British Legion, the Royal Navy, RAFA, the Parish Council, the Scout Association, Brownies and Rainbows. The service then continued in the school, led by Donna Jones. We were encouraged to 'Love One Another' as Jesus loves us. Charlotte read a poem written by Leominster schoolboy Joshua Dyer and prayers were read by Cubs and Brownies.

The next **Messy Church is on Saturday 7<sup>th</sup> December** at Headway. The theme will be Christmas Carols. Craft activities will be from 3pm, Christingle at 4pm and then followed by tea. Join us for an afternoon of free fun, everyone is welcome. Children must be accompanied by an adult.

Our all-age service is on **Sunday, 8<sup>th</sup> December at 11am**. Traditionally, this is our **Gift Service** when we bring gifts for the food bank, toys for families in need or donations for the churches mission in 2020. It is a time to share with those less fortunate than us and a time to say Thank You for everything we have. The service is led by members of the congregation and is, as it says, suitable for all ages so please do join us.

**Friday, 13<sup>th</sup> December** at 6 o'clock is our **Christmas Carol Concert** when the church will be decorated with displays of Christmas Carols. We are still looking for people to perform a carol either individually or in a group, singing or on a musical instrument. There is also space for a dance or sketch, we are open to suggestions. This will be followed by Festive Fayre Refreshments. Please contact [dorriecoates@aol.com](mailto:dorriecoates@aol.com) if you want to be involved.

**Our Community Carol Service** will be held at Headway at 11am on **Sunday 22<sup>nd</sup> December**. This will be followed by Christmas Lunch. The draw for the hampers will take place after lunch.

**The Christmas Crib Service** is on **Christmas Eve at 6pm** in church. Do join us for this short, interactive service which is suitable for all ages and has traditionally become the start of Christmas festivities for many families.

*Churchwardens' Report continued...*

Thank you to everyone who donated boxes for the Christmas Child Appeal.



### **Are you thinking about Christmas?**

The theme for our **Christmas Festival** this year will be Christmas Carols. We would like to put the display together ready for the Candlelit Carol Concert on Friday 13<sup>th</sup> December. Choose a carol and create a display, this can be in any media, as an individual or as a group. More details next month.

Tickets are still available for our Christmas Hamper Draw which will take place on Sunday 22<sup>nd</sup> December and be delivered in time for Christmas. Tickets are 50p available from any member of the church.

Churchwardens,

Jean Bowles & Dorrie Coates

## **Messy Church**

**Christmas Carols and Christingles**

**Saturday 7<sup>th</sup> December**

**3-5pm**

**At Headway**



**An afternoon of free  
fun activities for the whole family followed by  
tea.**

**Children should be accompanied  
by an adult.**

## Do you want to make all the difference? Maybe a new year resolution?



The Alzheimer's Society is appealing for volunteers across Herefordshire who can help the 3,000 people living with dementia in the county to stay active and continue enjoying the hobbies and activities they love.

The [Side by Side service](#) matches individuals with dementia, who might feel isolated or find it difficult to leave their home, with volunteers who offer one to one support to help them remain active and feel part of their local community.

Janet Neate (pictured), co-ordinates the Side by Side service in Herefordshire and said *"This is a fantastic service, which really helps people with dementia to continue taking part in the activities they've always enjoyed and perhaps try new ones too."*

*We wouldn't be able to run the service, however, without our amazing volunteers who are crucial to its success. Our volunteers help people with dementia to stay connected, which can help reduce feelings of loneliness that often occur after a diagnosis. It can be simple things like going for a walk, having coffee in a café, watching a football match or joining a local class together, all of which can make a huge difference to someone's life. What they do together is entirely based on what the person with dementia wants, which is why we're careful to match people with similar interests or hobbies."*

Phil, a volunteer since January 2018, said *"I am so proud to be a Side by Side volunteer and I would recommend anyone to give it a try and see the difference you can make"*.

Janet added *"anyone can volunteer, but patience is a key quality. We often find that those who've had experience of a family member or friend with dementia are well suited to the role. We offer training and expenses so if you'd like to find out more, please don't hesitate to contact me on: 07885 228890 or [janet.neate@alzheimers.org.uk](mailto:janet.neate@alzheimers.org.uk)"*.

Alzheimer's Society 01432-371137 or [herefordshire@alzheimers.org.uk](mailto:herefordshire@alzheimers.org.uk)

## CREDENHILL FRIENDSHIP CLUB

Hi everyone

I hope you are all keeping, warm in this awful weather we are having. I must say we are so lucky in Credenhill as we do not have floods, my heart goes out to those folk who do.

Lovely to see you all at our last meeting when Peter Weston made a return visit. This time he was talking to us about the Herefordshire Regiments involvement during the awful Battle of the Somme. Peter was very descriptive and brought the whole Battle to life We all hear the Battle of the Somme being mentioned, but do not realise what went on there and how many brave soldiers we lost during that terrible Battle. Thank you so much Peter, we hope you will come again.

I can't believe Christmas will soon be upon us! When we will be busy buying presents and writing our Christmas cards. I am looking forward to seeing you all at our Christmas dinner celebration at Burghill Golf Club on December 5th at 12.00noon ready for 12.30pm please.

Our first meeting should be 2nd January 2020, I don't know if that is too close to New Years Eve for you all ? I will ask you at our Christmas dinner as don't want to have a speaker and no one there.

I would just like to say thank you so much for your kind support over the last year and also to Trevor and Lyn for all their help too.

Anyone wanting to come along and meet us all, you would be made most welcome. We meet first Thursday of every month 7.30pm at Credenhill Social Club or if you would like to phone me my number is at the front of this Magazine, we would like to meet you.

Well friends thanks for another brilliant year, and I wish you all a very Happy Christmas and a great New Year.

Best Wishes Val xx

# Do you know who is calling?



**Don't part with any of your personal information, bank cards, money or valuables.**

**Remember:**

**C**riminals may be calling.

Suspect anyone you don't know, regardless of who they claim to be.

**A**nswer 'NO' to any personal questions.

Don't part with any of your personal information or money. Remember, the police and your bank would NEVER ask for such details as your PIN or account numbers over the phone.

**L**eave the conversation.

If you are suspicious or feel uncomfortable with the caller's questions, then end the call.

**L**et us know.

**If in doubt hang up and wait 10 minutes.**

**Then report to Action Fraud (0300 123 30 40 or [www.actionfraud.police.uk](http://www.actionfraud.police.uk)) or the police (101)\*.**

\*Report to the police if the crime is still happening, the suspect is in the local area or if you are vulnerable and unable to contact Action Fraud.

Please use this sticker on your phone as a reminder to CALL

**A genuine caller will never ask to:**

**X** send a courier to collect cash, bank cards, or valuables

**X** ask for your PIN

**X** ask you to withdraw or transfer money

If in doubt hang up and wait 10 minutes, then report to Action Fraud (0300 123 30 40 or [www.actionfraud.police.uk](http://www.actionfraud.police.uk)) or the police (101).



## Community Wheels



### Do you have a Need for Transport?

Community Wheels provides community Transport across north and central Herefordshire.

We provide travel for people of all ages who do not have access to a car and are unable to use public transport due to personal / mobility difficulties or its unavailability.

Ring for more information on 01568 615785

Due to its success, we are looking for volunteer drivers. If you are over 21, have a car and some spare time, we'd love to hear from you. A few hours a week could make a huge difference to someone without transport. Our drivers volunteer their time and receive payment for the miles they drive.

Help others – Learn new skills – Meet new people – Have fun!

Please contact Linda for an informal chat on 01568 737940 or email [linda.jones@hvoSS.org.uk](mailto:linda.jones@hvoSS.org.uk)

## **NEW BRIDGE TALK COMMUNITY HUB**

On the first Wednesday of every month  
10-30 – 12 noon

New Bridge Community Centre, Bridge Sollars, HR4 7JH

**Drop in for a coffee and a chat or visit our lending library.** Our volunteers can help you connect to groups, activities and support in your local community to help you stay independent, happy and healthy.



## Credenhill Rainbows and Brownies meet on Fridays from 5:30 - 7pm in the Community Hall.

This month we celebrated Hallowe'en with a Party including apple bobbing, tongue fishing for worms, finding insects in jelly, chocolate apples and hot dogs.



We designed and made dioramas of our ideal bedroom.

We joined in the Remembrance Day Parade at the war memorial.

For Children In Need we had a Pyjama Party, we made sleep masks, decorated Pudsey cakes and made hot chocolate and cookies.



We are doing a display for the Festival of Carols based on the carol It was on a Starry night so will be making lots of stars.

If your daughter would like to join us.  
Please log on to the Guiding site and  
register in the join us section and I will  
get back to you as soon as possible.  
Donna Jones 01432 761056



WE DISCOVER, WE GROW

Girlguiding

# Scam Alert

The police will **never** ask you to hand over any **money** or purchase **vouchers**

If you ever get a call from anyone asking you to transfer money or pay with vouchers

**STOP!**

Hang up #TakeFive Verify #Tell2



## PTFA CHRISTMAS BINGO

Friday 6 December

Doors open 6pm

Eyes down 6.30pm

Fantastic prizes to be won

Refreshments available

## VALUE OF THE HALF TERM

### Hope

*"Once you choose hope anything  
is possible."*

*Christopher Reeves*

## RECYCLING NEWS

We are collecting:

Books  
Batteries  
Bras  
Bottle Tops



Please bring your recycling into school and drop it into the relevant recycling bins that will be stationed outside the school foyer.

At the end of October our pupils were invited to the exclusive unveiling of the latest Hereford Community Recycling Scheme Bull Sculpture. The new sculpture has been dedicated to local SAS legend Brummie Stokes and was unveiled by his widow, Lynn Stokes. The children pinned their handmade poppies to the sculpture as a tribute of remembrance to all serving, ex and fallen service personnel. 'Brummie' will be taken to local schools as part of the Hereford

Community Recycling Scheme. 'Brummie' made his first school visit to us.

# Don't forget to apply for your child's primary school place!

Is your child five between  
September 2019 and August 2020?

If your child was born between 1 September 2014 and August 2015, you'll need to apply for a primary school place by **15 January 2019** (ready to start in September 2019).



Complete your application online from 17 September at [www.herefordshire.gov.uk/primaryschooladmissions](http://www.herefordshire.gov.uk/primaryschooladmissions)

Please note: You must still apply for a primary school place, even if you already have a place in the nursery associated with your preferred school.

Not online? Contact the school admissions team for a paper application form:

☎ 01432 260926 / 261574

✉ [schooladmissions@herefordshire.gov.uk](mailto:schooladmissions@herefordshire.gov.uk)



## REMEMBRANCE SERVICE

On Monday 11th November we had a special Remembrance Service led by Class 6. All the children in their Beavers, Cubs, Rainbows & Brownies uniforms represented their clubs with pride. Thank you to all the families who have supported the Royal British Legion Poppy Appeal by buying a poppy.

## AUTHOR VISIT

On Wednesday 6<sup>th</sup> November CS Clifford visited St Mary's and read to the children in an animated & humorous assembly. The children had a wonderful time listening to Mr Clifford and they thoroughly enjoyed the morning, which also included class workshops. Thank you to Mr Clifford for visiting us and for signing the books that the children bought.



## YEAR 2 NEWS

Thank you to everyone who attended the Year 2 Diwali themed worship on Thursday.

The children presented their worship beautifully and we are very proud of them. Year 2 held a Cake Sale on 8<sup>th</sup> November and raised £64.20, which will go towards the forthcoming Year 2 school trip to Madley Science Centre. Thank you to everyone who contributed cakes/bakes.

*Wishing everyone  
a very Merry  
Christmas and  
Happy New Year  
from all of us at St  
Mary's Primary  
School*

## **DATES FOR YOUR DIARY**

06/12/19	Christmas Experience at St. Mary's Church
06/12/19	PTFA Christmas Bingo
17/12/19	Carols at Headway
19/12/19	Carols at Credenhill Court
19/12/19	KS2 Carol Service
20/12/19	End of Autumn Term
06/01/20	Start of Spring Term
06/01/20	Start of Spring Term



## **VISITS TO ST MARY'S**

If you would like to come and visit us you will be made more than welcome by our staff and children.

Please contact Claire Ross our School Business Manager or Emma Milne our Admin Assistant on (01432) 760408 to arrange a mutually convenient time.

## **YOGA CLASSES** **ST MARY'S SCHOOL**

Tuesdays 6.30-7.30pm  
£5 per class

**Don't miss the amazing Weobley**

## **Christmas Crafts Pop-up Shop**

**Green Bean Café on**  
**Monday 9<sup>th</sup> December**  
**9.15-1.00pm**

Lots of original gifts, hand-knitted gloves and scarves, decorations, cards, cushions, jewellery and more, all hand-made in Weobley

**Thanks to the Green Bean for being host**



# Credenhill Social & Sports Club



	<b>MAIN BAR</b>	<b>FUNCTION ROOM</b>
MONDAY 7pm – 11pm	<b>Men's LV Darts League</b> Contact – Captain : Lisa Smith TEL: 01432 760600	(3 <sup>RD</sup> Monday) <b>Military Vehicle Club</b> Contact – Carol Jackson
TUESDAY 7pm – 11pm	<b>Eardisley Pool League</b> Contact – Captain : Dave Gillespie TEL: 01432 760600	<b>Bingo 7.30pm</b> Contact – Yvonne Jones TEL: 01432 760600
WEDS 7pm – 11pm	<b>Ladies LV Darts League 8pm</b> Contact – Captain : Terri French TEL: 01432 508441	<b>Indoor Archery Club</b> (Winter Only) Contact – Secretary : James Mattock (2 <sup>nd</sup> Wednesday) <b>Herefordshire Preservation Society</b>
THURSDAY 7pm – 11pm	<b>Hereford Charity Pool League</b> Contact – Captain : Dave Gillespie TEL: 01432 760600 <b>Kington Mixed Pairs Darts League</b> (Summer Only) Contact – Captain: Brian Pugh	(1 <sup>st</sup> Thursday) <b>Friendship Club</b> Contact – Val Lewis TEL: 01432 760115 (2 <sup>nd</sup> Thursday) <b>4x4 Club</b> Contact – John Withers-Lewis
FRIDAY 7pm – 11pm	<b>Invitation Darts League</b> Contact – Captain : Terri French TEL 01432 760600	<b>Hereford Skittles League</b> Contact – Captain: Peter Wolfe TEL: 01432 760600
SUNDAY 12pm-2.30pm & 7pm - 10.30pm	Quiz night 7.00pm to 9.00pm Contact – TBC	<b>Members Open The Box</b> 9.30pm

If you are interested in any of our regular events please contact the relevant organiser, or if you have a club or team that would like to use our facilities please contact the steward.

The club is here to serve the community as a social hub, it is owned by its members.

**The steward and Committee hope to see you soon!**

# Credenhill Social & Sports Club

## Up and Coming Events...

DATE	EVENT	OTHER INFORMATION
<p style="text-align: center;">Saturday 7<sup>th</sup> December 2019</p>	<p style="text-align: center;"><b>Christmas Fayre</b> <b>With a visit from</b> <b>Santa</b></p>	
<p style="text-align: center;">Tuesday 24th December 2019</p>	<p style="text-align: center;"><b>Christmas Eve</b> <b>Karaoke</b></p>	
<p style="text-align: center;">Tuesday 31th December 2019</p>	<p style="text-align: center;"><b>New Years Eve</b> <b>Party</b> <b>Disco</b></p>	
<p style="text-align: center;">Saturday 1<sup>st</sup> February 2019</p>	<p style="text-align: center;"><b>Family Fortunes</b> <b>hosted by Eddie</b> <b>Mahon</b></p>	

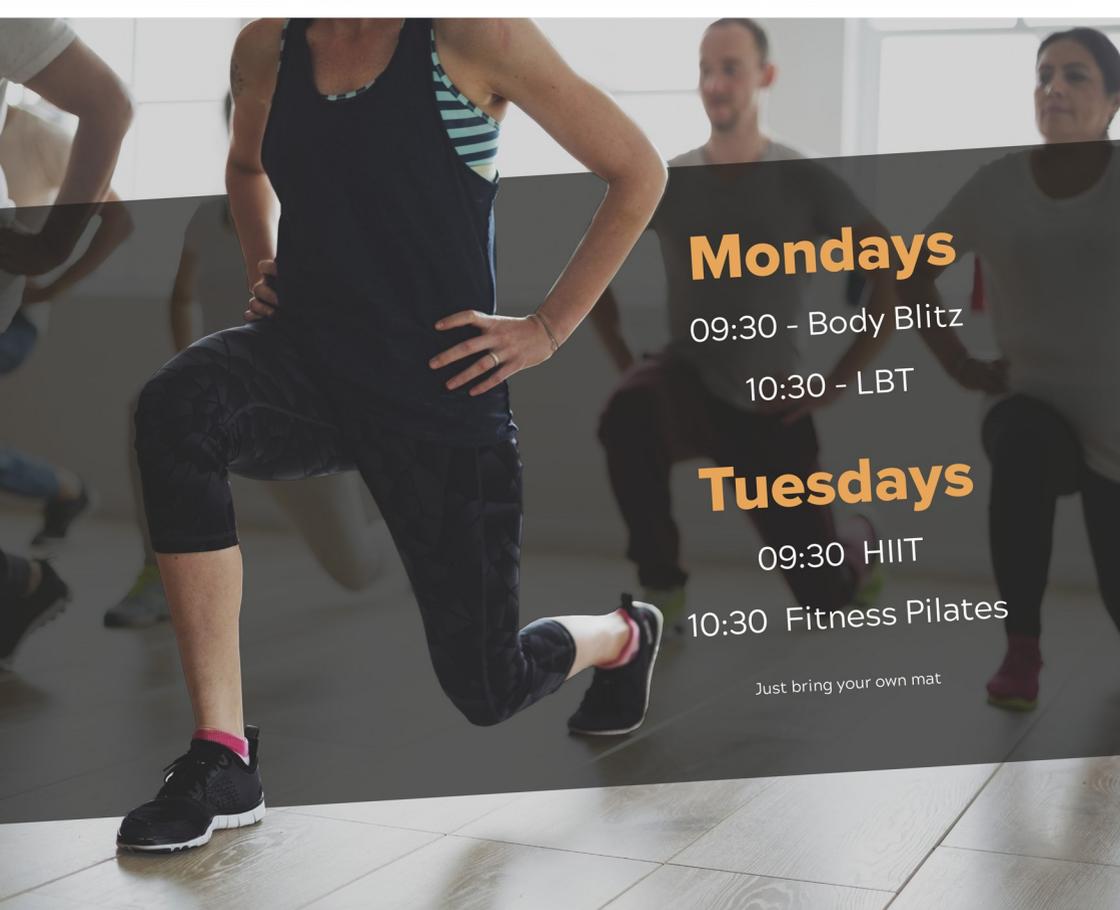
Please see the clubs notice boards for plenty more exciting events to come.

**Please like us on Facebook**

Secretary: Sarah Miles 07581 031457

# Fitness classes

at Credenhill Community Hall



## Mondays

09:30 - Body Blitz

10:30 - LBT

## Tuesdays

09:30 HIIT

10:30 Fitness Pilates

Just bring your own mat



**DEN BAILEY**

FITNESS & SPORTS MASSAGE

To book, contact Den on  
[dcbailey13@outlook.com](mailto:dcbailey13@outlook.com)  
or text **07779320812**

Classes run during term time and are booked in blocks of 6 or 7 at £5 per session. Drop in price is £6.50 per session.

# Credenhill Community Hall



## A.G.M 2019

At the recent AGM we were disappointed at the lack of public support. We were able to show figures for the past year up to the end of October 2019. The chair's report focused on the raising of funds and grants by the diligence of the Committee working on behalf of Hall users and the improvements made with the money.

The officers were happy to stand for a further year and feel they would like to see the Renovation project through to the end.

Two new committee members were welcomed, Mick Rees for the Scouts association and Andrew Wadley for Beavers.

## NEW FITNESS GROUP

**Starting January 2020 on Monday and Tuesday morning 9.30 to 11.30,  
See poster for details.**

## FUNDRAISING

**Easter Prize bingo in the Social Club, please watch out for details.**

## Family Parties

Credenhill Community Hall is an ideal venue, with enough space for a Bouncy Castle or Children's Entertainment. Maybe for a family tea party or get together. No matter what the weather. It is a good space for little ones to run around and we are improving the facilities to encourage people to use the venue. So if you are looking for a safe environment for a children's events please contact us.

*Log onto our webpage [www.credenhillcommunityhall.org.uk](http://www.credenhillcommunityhall.org.uk) to book or see what is on in your local Hall and make it a thriving centre of your community.*

We can give you details of license holders who will provide a bar for your function if you need one. What is more it will not break your budget. Please contact us for more information.

*Betty Morris, Booking Secretary  
07954081999 or [magnadrama@btinternet.com](mailto:magnadrama@btinternet.com)*

# Credenhill Community Hall Schedule

Day and Time	Group Name	Leader	Contact Details
Monday 9.30am– 10.30am	Fitness Class (Starts Jan 2020)	Denise Bailer	07779320812
Monday 7.30pm-9pm	Young Explorers	Marcus Terry	07854 299715
Tuesday 9.30am– 10.30am	Fitness Class (Starts Jan 2020)	Denise Bailey	07779320812
Tuesday 6pm-7.15pm	Beavers	Bethany Norwood	
Tuesday 7.30pm-10pm	Magna Performing Arts	Val Lewis	07826 256541 info@magnapresents.co.uk
Wednesday 10.30am-12noon	Movement 2 Music	Rose Sales	07891 538 074 rosesales@aol.com
Wednesday 6pm-9pm	Slimming World	Miakala Davis	07471 890009 miakaladavis@hotmail.co.uk
Thursday 10am-12noon	Tumble Bugs	Lisa Kamester	07889966495 Tumble_bugs@outlook.com
Thursday 6pm-9pm	Cubs/Scouts	Marcus Terry	07854 299715
Friday 10am to 12noon	Crafty Knitters	Corrie Smissen	07789 401151 strettonbo@gmail.com
Friday 5.30pm -7pm	Rainbows Brownies	Donna Jones	07837 651687
Friday 7.30pm - 9pm	Magna/Young Magna Performing Arts	Betty Morris	07954 081999 info@magnapresents.co.uk
Sunday 2.30pm-5pm	Young Magna	Betty Morris	07954 081999 info@magnapresents.co.uk

[www.credenhillcommunityhall.org.uk](http://www.credenhillcommunityhall.org.uk)

## Get Well Soon

We would like to send our best wishes to one of our volunteer distributors, Deanne Pennington, as she has had a fall. We hope you make a speedy recovery.

# Magna & Young Magna



**Seasons Greetings to all who have supported us this year**

Our 2020 Panto 'Sleeping Beauty' is now in rehearsal and we are looking forward to seeing some of you there at Whitecross School, to brighten up your February half term.

Watch out for details and get your tickets early! What better Christmas present than tickets to a fun packed family evening in the darkness of February.

**Take a look at our website [www.magnapresents.co.uk](http://www.magnapresents.co.uk) for information on all aspects of Magna and Young Magna.**

We are always looking for actors, backstage crew and sound & light technicians to join our group. If you like a challenge and would like an entertaining way to spend your time, email: [magnadrama@btinternet.com](mailto:magnadrama@btinternet.com) for details.

For all the latest information on productions, ticket sales and how to join, just like us on Facebook or Twitter and you will get all the latest news as it happens.

## Young Magna

**No Vacancies at present**

Meet: Sundays 2.30—5pm  
(Occasional Friday Evenings  
from 7.30pm)

Fees: Joining £10, Costume  
£10 & £2 a week

If you would like details  
please contact Betty or Val

## What is Magna?

Developed from performing arts workshops, we work out scripts, scenes, music and dance using improvisation. We aim to teach performance skills to those who wish to learn, in a fun and fulfilling way.

This is a community group which is affordable and fun.

Magna meets every Tuesday 7.30pm

Young Magna (8-16yr olds) meets every Sunday 2.30-5pm.

New members are always welcome.

Ring for details.

**Val 01432 760115**

**Betty 07954 081999**

**[www.magnapresents.co.uk](http://www.magnapresents.co.uk)**

## Charity 2019

A collection for St Michael's Hospice is made after every performance



## HEREFORDSHIRE HEADWAY

Headway House, Trenchard Avenue, Credenhill

### Coffee Morning

Wednesday 4th December 2019

Coffee from 10:30-12:00

All welcome

Please come for a catch up and support us



## HEREFORDSHIRE HEADWAY

Headway House, Trenchard Avenue, Credenhill

### Are you interested in Volunteering?

If you have any spare time and would like to get involved with helping others, then maybe we are what you are looking for!

We are in need of people to help in the wood workshop and garden or to just help out generally.

For more information please contact us on:

Tel - 01432 761000 or email - [info@herefordshire-headway.co.uk](mailto:info@herefordshire-headway.co.uk)

# CRAFT FAYRE

**ssafa**  
— the —  
**Armed Forces**  
charity



**Saturday 7th December**

**Credenhill Village Hall**

**10.00am - 3.00 pm**

Cake stall

Tea

Coffee

Bacon rolls

Mince pies

Free admission



**To book a table  
please call Corrie  
07789 401151**



**ssafa**  
Herefordshire. 

## **NEW Volunteering Opportunities – NEW for 2020 – Social Prescribing!**

**Onside is a registered charity providing independent advocacy, and mentoring to vulnerable adults facing disadvantage through mental and physical ill health, learning disability and old age, depression, dementia, autism, learning difficulties. We provide our service across Herefordshire & Worcestershire and we are currently looking to train**

**More volunteers from your local area.**

**NEW to leading to 2020 has been social prescribing, within Worcestershire**

**Social prescribing enables GPs, nurses and other primary care professionals to refer people to a range of local, non-clinical services. It recognises that people's health is determined primarily by a range of social, economic and environmental factors, social prescribing seeks to address people's needs in a holistic way. It also aims to support individuals to take greater control of their own health.**



**Social prescribing can be utilised to address a range of issues that people might be facing eg loneliness isolation, debt, housing crisis. Low level mental health issues etc. Individuals will be signposted to other specialist's services or facilitated to take part variety of activities that may be beneficial Examples include volunteering, arts activities, group learning, gardening, befriending, cookery, healthy eating advice and a range of sports.**

**We are very keen to involve volunteers in this exciting new project and would be keen to talk with anyone that would like to find out more. Predominantly volunteer roles will involve providing additional support to patients enabling them to attend activities like the ones outlined above, one to one mentoring or support to tackle specific issues e.g. debt, or conflict resolution etc.**

**Advocacy is a way of supporting and empowering people to ensure that they have their voice heard and their wishes made known to others and we are looking for volunteers to provide this support in their local area.**

**Onside's Volunteer Manager, Claire Watkins, said "Our volunteers provide the support required by the members of our community who might otherwise be ignored. Our volunteers give their time, their passion and enthusiasm we need continued help from willing volunteers who would enjoy supporting adults in their local community." Volunteering with Onside is a flexible commitment; as little as 2 hours a month can be given with full training.**

**Volunteers enjoy the flexible aspect of our work along with the chance to join in at our local support events we run for volunteers including regular coffee mornings. The comment that really sums it up came from one volunteers - "I seem to make a difference every time I visit, she laughs and I do, she had cheered up as she hadn't seen anyone else all week "**

**We are currently arranging our next training course and places are limited. If you are interested in finding out more, or keen to get started please contact Claire on 01905 27525 or e mail [volunteering@onside-advocacy.org.uk](mailto:volunteering@onside-advocacy.org.uk).**

# St Michael's Hospice



## Laughter Yoga

If you're in need of a chuckle or a belly full of titters, St Michael's Hospice has a slightly different approach which may lighten your mood this winter. Free monthly Laughter Yoga sessions are taking place at the Hospice in Bartestree.

Laughter Yoga is proving popular around the world with many suggesting it's a good workout, as well as putting people in a happier mood. 'It's a combination of laughter and breathing exercises which are good for the body, mind, spirit and soul,' said Elaine Pawley, the Lead Social Worker at St Michael's who runs the sessions. 'It taps into our inner child by encouraging us to be playful and laugh at the everyday. 'It can be applied as a non-medicinal approach to assist with pain relief, mood, immune system and relaxation.'

The public can attend one session or as many as you wish.

They take place on the final Friday of each month at 11.30am, starting on Friday 31<sup>st</sup> January at the Hospice in Bartestree (HR1 4HA).

For more information, contact Elaine on 01432 852 628 or email [epawley@smhospicehereford.org](mailto:epawley@smhospicehereford.org)



## Christmas rubbish and recycling collections are due to change as follows:



No collections

Wednesday 25 December

Thursday 26 December

Wednesday 1 Jan 2020



Revised collection day

Saturday 28 December

Sunday 29 December

Saturday 4 Jan 2020

Please put your bin out by 6.30am as collections may be earlier over the festive period. If you have too much waste for your bins, our Household Recycling Centres are open as normal, but closed on Christmas Day, Boxing Day and New Years' Day. Remember to reduce, reuse, recycle.





**Credenhill Social Club**

**Christmas & Children's  
Activities Fair**

**Saturday 7<sup>th</sup> December 2019  
2pm to 4pm**



**Stalls & Gift Ideas  
Free Children's Crafts  
Father Christmas**



**Free Entry  
Refreshments**



**Herefordshire.gov.uk**



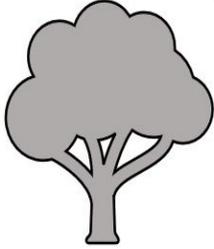
**Be Amazing,  
Be a foster carer**

There is a child  
in Herefordshire waiting  
for your help

**01432 383240**

**herefordshire.gov.uk/fostering**

# Gareth Higgs Tree Services



Qualified and Insured tree surgeon

All aspects of tree work undertaken

Site clearance & digger/tree shearing

ATV spraying & log processing

Tel: 01568 709477 / 07968 849562

Email: [gareth\\_higgs@hotmail.co.uk](mailto:gareth_higgs@hotmail.co.uk)

[www.garethhiggstreesurgeon.co.uk](http://www.garethhiggstreesurgeon.co.uk)

## Advertising Rates

All adverts can be in colour or black & white and are annual, unless stated.

1/4 page £48

1/2 half £85

Full page £150

For Sale/Wanted £1 monthly



## TV problems...? Poor picture...?

Call **AARDVARK**   
**INSTALLATIONS**

- New TV aerials • Freesat & Sky installation • Extra TV points fitted
- Set-up and installation of equipment • Catch-up TV problems
- Broadband, Wi-Fi & networking • CCTV installations

# 01432 483101

email:[aardvark@alpens.co.uk](mailto:aardvark@alpens.co.uk)

[www.aardvarkinstallations.co.uk](http://www.aardvarkinstallations.co.uk)



# M D R ELECTRICAL

Mark D Ridge (Proprietor)

All aspects of electrical work undertaken.

Showers, Fuseboard upgrades, Extra sockets, Lights,  
Security lights supplied & fitted. Power supplies to garages and outbuildings.

Full/Part Rewires. New builds & Conversions.

Condition reports/Landlord certificates, PAT Testing

NICEIC Registered

Public liability & Professional indemnity Insurance cover.

**Call Mark: 07760 433479 or 01544 327161**

Or email: [mdrelectrical330@gmail.com](mailto:mdrelectrical330@gmail.com)



Do you need a Gardener?

## CHERRY'S GARDENING SERVICES

Offers: Lawn mowing, weeding, hedge cutting, pruning, repotting, sheds, greenhouses cleared, hanging baskets & much more

Away on holiday or business? I will look after your garden

Reliable lady gardener fully insured and DBS checked (formally CRB)

I use all my own equipment

Call Cherry on **07855525247**

Or email [cherrygarden@hotmail.co.uk](mailto:cherrygarden@hotmail.co.uk)

## Foot Health Practitioner



accredited register

Treatments for:

- Painful corns & calluses
- Ingrown toenails
- Verrucae
- Diabetics
- Nails Trimmed
- Plus more



### Home Visits Only

Member of the Accredited Register of Foothealth Professionals

**Brian Jenkinson DIP CFHP MPS Pract.**

**01544 230 501**

**07977 214 756**

# Maids Domestic Services

*We specialise in regular weekly or fortnightly cleaning,  
catering for all your domestic cleaning needs.*



## Services offered

- Dusting
- Vacuuming
- Bathrooms
- Kitchens
- Mopping
- Ironing
- Changing beds

We are a small, reliable, high quality service, with 26 years' experience. We pride ourselves in providing skilled, trustworthy staff, who receive extensive training and are fully insured.

We offer weekly, fortnightly and monthly cleaning.

Contact Janet on 01432 350033 or 07702174036

[janet.stones@btinternet.com](mailto:janet.stones@btinternet.com)



ALL ASPECTS OF CARPENTRY  
KITCHENS / BATHROOMS /  
DESIGN

RENOVATIONS / PLASTERING

WIDE RANGE OF PROPERTY  
SERVICES

Friendly, Reliable service

Please

call

Tom :

**761603**



**01432**



The Centre in Hereford for  
complementary therapies

18 different therapies provided by  
highly trained and experienced  
staff

The Very Best Help for Your Health  
Eastholme Avenue, Belmont HR2

7XT

**Telephone 01432 279653**

[www.herefordcentrefornaturalhealth.com](http://www.herefordcentrefornaturalhealth.com)

# PILATES

Mondays	Wellington	9:30am
Tuesdays	Withington	9:30am
Tuesdays	Bodenham	6:00pm
Wednesdays	Stretton Sugwas	10:00am
Wednesdays	Marden Village Hall	7:15 pm
Thursdays	Burghill	10:30am
Thursdays	Marden Village Hall	6:30pm
Fridays	Bodenham	10:30am



## Total tone - Cardio, Tone & Core Class

Mondays	Bodenham	6:30pm
---------	----------	--------

**Pre book, Emma Caldwell**

**[ejcaldwell1977@icloud.com](mailto:ejcaldwell1977@icloud.com)**

**Hair@Home**  
Mobile  
Hairdressing



- ✂ Fully qualified
- ✂ 20 years experience
- ✂ Ladies, gents & children
- ✂ Senior citizens

**Telephone: 01432 268 884**

**XT Driver Training**

**Roy Betambeau**

**Driving Instructor**

**Mobile: 07775 461923**

**E mail: [Roy@xtdriving.com](mailto:Roy@xtdriving.com)**

**Driving Test Centers Covered:**

**Hereford, Brecon, Llandrindod Wells**



**[www.xt driving.com](http://www.xt driving.com)**





# WILLS AT HOME

*Will Writer Les Andrews will come to you*

Discuss **your** wishes in **your** own home

*WILLS AT HOME GIVES YOU*

## Peace of Mind

Your family have the security of knowing your wishes

## Value for money

There is only one fixed fee for writing your Will

@ Single Will £35 Mirror Will £55



[lesliemhandrews@aol.com](mailto:lesliemhandrews@aol.com)

01432 850303



## HAIR BY CAROLINE

TELEPHONE 07849841626 OR 01597 822393

CHILDRENS TRIM	FROM £6.95
GENT TRIM	FROM £9.95
LADIES TRIM	FROM £12.95
SHAMPOO & SET/BLOW DRY	FROM £13.95
CUT AND SET OR BLOW DRY	FROM £26.95
PERMS	FROM £39.95
COLOURS	FROM £39.95
MANICURE	£10.95
PRDICURE	£19.95

KIND FRIENDLY SERVICE

ALL IN THE COMFORT OF YOUR OWN HOME

## Lloyd Instant PLUMBING

Reliable and Local

Free Estimates

Showers/Bathrooms/  
Leaks/Drains/Radiators/  
Taps/Overflows  
& more



07813 313252



# Contacts

<b>Editor</b>	Liza Watkins	credenhillcommunitynews@outlook.com
<b>Parish Council Chairman</b>	Terry Smissen	
<b>Parish Council Clerk</b>	Lee Harper-Smith	07956 447056 clerk@credenhill-pc.org.uk
<b>County Council</b>	Councillor R Matthews	01432 760498
<b>West Mercia Constabulary</b>		0300 3333000 Herefordm.snt@westmercia.pnn.police.uk
<b>Crime Stoppers</b>		0800 555111
<b>Safer Neighbourhood Officers</b>	PC Bart McDonagh	101
<b>Dog Warden</b>		01432 261761
<b>Street Light Problems</b>		01432 261800
<b>Power Cut</b>		105
<b>St Mary's Primary School</b>	Claire Ross	01432 760408
<b>Nursery &amp; Preschool</b>	Shelly Gummery	07596 324552
<b>Fieldhouse Kindergarten</b>	Rachael Cappozoli	01432 761250
<b>Vicar</b>	Revd. Rana Davies-James	01432 760443 Rana.james@virgin.net
<b>Church Warden</b>	Dorrie Coates	01432 761935
<b>Church Warden</b>	Jean Hawkings-Bowles	01432 769413
<b>Credenhill Social Club</b>	Steward	01432 760600
<b>Beavers, Cubs, Scouts</b>	Marcus Terry	07854 299715
<b>Rainbows/Brownies</b>	Donna Jones	01432 761056
<b>Young Magna</b>	Betty Morris	07954 081999
<b>Magna</b>	Val Lewis	01432 760115
<b>Credenhill Rangers FC</b>	Darren Coates	07917 595418
<b>Friendship Club</b>	Val Lewis	01432 760115
<b>Credenhill Surgery</b> Part of Hereford Medical Group		01432 352600
<b>Headway</b>		01432 761000
<b>Post Office Van</b> Mon/Tues/Thurs 10.30-11.45am	John	01885 482201
<b>Credenhill Community Hall</b>	Betty Morris	07954 081999
<b>Credenhill Social Club</b>	Steward	01432 760600



# Sleeping Beauty

An original panto by B. A. Morris



Whitecross High School  
20<sup>th</sup>-22<sup>nd</sup> February

7.30p.m (Saturday matinee at 2.30pm)

Tickets £9 (£7 concessions) available from

[magnatickets@gmail.com](mailto:magnatickets@gmail.com)

*noda*

Be inspired by amateur theatre