



# Credenhill Community News



September 2019  
Issue 121

A Parish Council publication about Credenhill, by and  
for the people of Credenhill.

# Credenhill Community News

September 2019

Issue 121

A Parish Council Publication about Credenhill, by and for the people of Credenhill.

Sponsored by: Credenhill Parish Council

[www.credenhill-pc.org.uk](http://www.credenhill-pc.org.uk)

You can also find us on Facebook - Credenhill Community News

## CONTENTS

- 4 Credenhill Parish Council
- 5 The Vicars Letter
- 6 Churchwardens Report
- 7 Messy Church
- 8 Brownies & Rainbows
- 9-12 St Mary's Primary School
- 13-14 Community Hall
- 15-16 Credenhill Social & Sports Club
- 17-18 Magna Drama
- 19 Friendship Club
- 20-25 Posters & Events
- 25-30 Directory of Services
- 31 Contacts
- 32 Peace (A true story by Magna Drama)

## ACKNOWLEDGEMENTS

The CCN is kindly delivered to you by the following volunteers:

Vivien Ball, Jean and Wally Hawkings-Bowles, Edie Jones, June Jones, Emma Baxter and family, Kirsty Lewis and family, Val and Roger Bailey, Sandra Stevens and Margaret Tyler.

# A message from the Netherlands

**PAR AVION**

Dear Readers,

Currently, I am on my annual family holiday abroad, this year in the Netherlands. So with a bottle of Grolsch in one hand and laptop in the other I am putting together this edition of the CCN (what could go wrong!).

I thought it would be good for me talk a little about the Credenhill Community Newsletter (CCN).

I know that for many the CCN is read from cover to cover and it is a useful resource. For some it is filed and referred to as and when required either for dates or contact details. There are a few that just pop it in the green bin.

But its more than that; we have 11 people that distribute the magazine each month some on their own, others with their friends or family (I often see children delivering the CCN with their parents).

We currently produce 840 copies per month and 10 editions per year - that's 8400 copies. Each edition has 12 regular contributors; all giving their time each month to feed you all with information that you may find useful or of interest to read.

In the last edition of the CCN (July 2019) we asked for help. We need a new editor - as yet nobody has come forward to help!

The CCN is so much more than just a parish magazine, its part of Credenhill. If you would like to help in any way or know someone that could help then please get in touch with me to talk about it.

Thanks for reading,

Lee

Parish Clerk & Temporary CCN Editor



## Next Meeting

The press and members of the public are invited to the next Ordinary Meeting of the Parish Council that will be held at the Resource Centre on 18<sup>th</sup> September 2019 from 19:30. The agenda for the meeting will be published on the website and notice board on or before 13<sup>th</sup> September 2019.

## Parish Council Vacancies

In May we received nominations for 12 councillors who were all elected to the Parish Council. We have 2 vacancies to fill; if you are interested in joining the parish council then please get in touch with the parish clerk.

## Dogs on Roman Park

Inconsiderate dog owners continue to use Roman Park despite new signs being installed and previous reminders in the CCN. Not only are they using the park they are not picking up their dog waste despite there being 4 bins within the park that could be used for this purpose. Dog poo can cause serious health issues to children if accidentally ingested or contact is made with the eyes. The Parish Council will be considering ways to prevent this and prosecute offenders including the use of CCTV and security companies at the next meeting; both an expense that could be better used however the health and welfare of users of the Roman Park is of paramount importance.

## Roman Park Regeneration Project

At the last Parish Council meeting the council approved a proposal to engage the services of Berry's to work with the council and community to create designs and plans to improve the Roman Park. If you have any suggestions/ideas then please email them to the Parish Clerk for inclusion in the consultation process.

Once the plans have been drafted then an open meeting will be held in the community hall and then a 6 week consultation period will be held where comments/changes to the draft plans will be considered. The plans will then be finalised and used to obtain grants and for use to obtain section 106 finances.

ARE YOU INTERESTED IN HELPING THIS PROJECT? Please get in touch.

# The Vicar's Letter

Dear Friends,

On 22nd September it will be "World Car Free Day" when we are all encouraged to give up our cars for a day as a way of tackling air pollution and helping improve the environment. We might take this as an opportunity to get out and about on foot or bikes and enjoy a more peaceful and relaxed day. As part of this our diocese is encouraging us all to walk to church that day and are calling it "Walk to Church Sunday".

In our group of churches we are doing this, as far as we can, with local ministers or lay people leading the church service in their village. It would be really lovely to welcome those who can manage this from Credenhill to walk up to St Mary's Church for our 11.00am Communion Service, regardless of where you might normally have driven to church. Otherwise we encourage those who are less able to share a lift in a car with others to reduce the number of cars on the road. Let me know if you need a lift to St Mary's Church and we will help arrange it.

On Friday 13th September at 7.00pm we are holding another of our musical evenings with the Monday Choir. These evenings are always very entertaining, but sadly not all that well supported. They sing all sorts of things, sometimes with a theme, which makes it quite special. Do come along and see as it might be just what you need! Details should be elsewhere in the CCN.

At the end of the month at our Group Service at Bridge Sollars at 11.00am we are having a bring-and-share-lunch to celebrate with Mike Wilkinson, who will have been a licensed Reader for thirty years this month. Everyone who knows Mike is very welcome.

With every Blessing,

Rana

## From the Church Registers

### No Baptisms

### Marriage

3rd August - Toby Hayes and Francesca Millinchamp

### Funeral

6th August - Brian Malcolm Kiddle age 70

### September Services

1st 11.00am Holy Communion

8th 11.00am All Age Worship

12.30am Baptism

15th 11.00am Family Communion with Baptism

22nd 11.00am Holy Communion

29th 11.00am Bridge Sollars Group Holy Communion with bring-and-share-lunch.

# Churchwardens' Report

Thank you to everyone who has responded to Jean Bowles' appeal for the redecoration of the church. We have now reached the total needed for the decorator and need just one last push to raise the money for the paint. This is specialist paint, KEIM and will cost in the region of £400. If you would like to contribute please contact Jean Bowles or Rev Rana. We hope that the work will start late October and will keep you informed re access to the church during that period.

The work has begun remaking gates for the entrance to the churchyard and we are very grateful to the Parish Council for their grant which has enabled this to happen.

We are grateful to the people who have raised money for the church over the last few months. Rev Rana held a breakfast at the Vicarage (£60), Jean and Wally Bowles held a coffee morning / table sale (£265) and Tom and Paula Fitch held an 'at home day' including a barbecue (£100 for the upkeep of the churchyard).

Our next fund raising event is an evening of entertainment with the Monday Choir. This will take place on Friday September 13<sup>th</sup> at 7pm at Headway.

This is always a popular event which includes songs we all know and can join in with, music, comedy and a good supper. The cost is £8 per adult and £4 per child tickets are available from any member of the PCC or on the door.

**We are still wanting people to help with the flower rota.**

**Please speak to Rev Rana if you can help.**

## Messy Church

In June we held Messy Church at the Community Open Day. The theme was wind and fire, as it was the day before Pentecost. Our activities included crowns of flames, cakes decorated with flames, bracelets, kites etc. Several families joined us for a barbecue lunch.

In July we met at the Roman Park for a Picnic. We made grass heads, seaside sundaes, butterflies and insects and bead grasshoppers. We played games shared a picnic and ended up with parachute games.

Grass Heads



Seaside Sundaes



Messy Church Picnic in the Park





## Credenhill Rainbows and Brownies meet on Fridays from 5:30 - 7pm in the Community Hall.

For our bring a friend night we had an enjoyable evening. We made slime, decorated cakes and went on a treasure hunt.

We ended the year with a trip to Green Spider climbing centre where we tried out the various climbing walls. The high wall was a bit scary but we all achieved more than we expected.

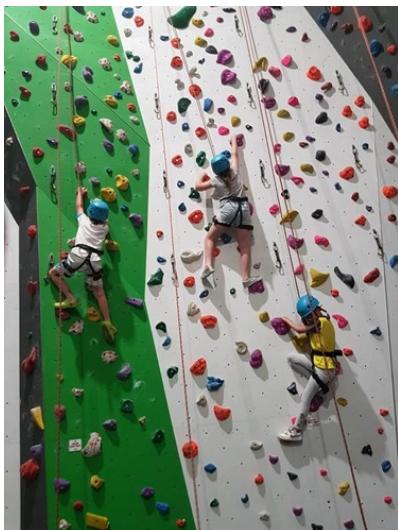
We begin the Autumn term on September 13<sup>th</sup>

If your daughter would like to join us.

Please log on to the Guiding website  
and register in the join our section  
and I will get back to you as soon  
as possible.

Donna Jones 01432 761056

### Brownies at Green Spider Climbing Centre



# ST. MARY'S C OF E PRIMARY NEWS

## VALUE OF THE HALF TERM

### Friendship

*"Try to be a rainbow in someone's cloud."*

*Maya Angelou*

## YEAR 6 LEAVERS

Our Year 6 Leavers have had a busy few weeks with a Leavers' Service at school, as well as a mystery trip. Year 6 also performed their production of "Ali Baba & the Bongo Bandits" to the school, members of the community and to their family & friends. The feedback on their performance has been very positive. They have been a wonderful year group and we wish them luck as they move on to high school.

All of Year 6 received an engraved plate to recognise their hard work at St Mary's, with many thanks to the PTFA.

## YEAR 6 PRAYER

Dear God,

As the year comes to an end please help us to be strong as we face new challenges and be compassionate to others as they begin new chapters in their lives.

Amen.

## YEAR 5 WW2 EVACUEE EXPERIENCE / STEAM TRAIN TRIP

In June Year 5 travelled to Kidderminster to learn about the life and times of children and child evacuee's in WW2. The children were invited to dress in authentic 1940s costume/ clothing and bring along a 1940s themed packed lunch (no plastic wrappers, sweets or yoghurts). The children took part in a workshop involving a washing dolly and a mangle. They also played 'pick-up-sticks', sat in an air-raid bunker, took a ride on a steam train and they got to visit a traditional sweet stall.

## **YEAR 5 WW2 EVACUEE EXPERIENCE / STEAM TRAIN TRIP**



**YOGA  
CLASSES AT  
ST MARY'S  
SCHOOL**

**Tuesdays**

**6.30-7.30pm**

**£5 per class**

## **EXCITING SCHOOL RECYCLING VENTURE**

This week St Mary's CE Primary School joined the exciting recycling project organised by "Herefordshire Community Recycling" raising money for local charities'.

The children have been busy collecting empty crisp packets in support of the recycling project and a set of new recycling bins will arrive soon.



Armed Forces Day took place on Saturday 29 June. In celebration of Armed Forces Day the children learnt about life as a serving member of HM Forces. In worship the children said a prayer for all of the serving soldiers and ex-forces men & women who have served to protect our country. In class the children took part in:

- #saluteyourtroops (a photograph with the hashtag of us saluting our respected men and women)
- They wrote poems of thanks to our Armed Services
- We celebrated that we have many children in school who have family in the Armed Forces.
- Mr Haskell kindly donated ration packs for the children to use in discussions about life as a soldier.
- The children also had the opportunity to see items that are used in the day-to-day life of a serving member of HM Forces. Items included: hats, belts, trouser ties, a roll mat, full uniform, photographs and even a sword!
- The children had a special visit from Mrs Smith who wore her uniform and shared her experiences of her time in the Navy.
- Dandelion Club have started collecting items for care packages for serving personnel who are currently on active duty.

## **YEAR 2 SS GREAT BRITAIN TRIP**

Year Two recently went on a trip to see the SS Great Britain in Bristol. The children's excellent behaviour was commended by the Tour Guides and their workshop teacher. We were very proud with the mature way they conducted themselves. Well done!



**VISITS TO ST MARY'S** - If you would like to come and visit us you will be made more than welcome by our staff and our children. Please contact Claire Ross, our School Business Manager, or Emma Milne, our Admin Assistant on (01432) 760408 to arrange a mutually convenient time.

### **St. Mary's C of E Primary Summer Fair**

A big thank you to the PTFA for organising the Summer Fair and thanks to all those who attended.

### **DATES FOR YOUR DIARY**

04/09/19

First Day of the Autumn Term

## SEPTEMBER 2019



### ADVANCE NOTICE CREDENHILL COMMUNITY HALL AGM MONDAY OCTOBER 7TH 2019 AT 7.30P.M CREDENHILL SOCIAL CLUB

The Hall had a productive summer break ,things have moved on with the renovations at Credenhill Community Hall and we are delighted to report that at last the Toilets are completed. Craig has also worked extremely hard at decorating the soft area of the Hall and a book corner has been set up where ,for a donation ,you can find some reading for those longer evenings. If you have any books to donate please leave them in the Hall

**EVENTS** - Craft Sale in aid of SSAFA on Saturday September 7th 10p.m to 4p.m

### FUND RAISING CONTINUES

Christmas Fayre date is set for November 23rd, please let us know if you would like to book a table. Good family fun with Panto characters and Father Christmas in his Grotto

Help us keep up the good work by logging on to the Co-op Community Fund website and voting to support Credenhill Community Hall, each time you buy a co-op product during the next year your Hall will benefit

### Family Parties

Credenhill Community Hall is an ideal venue, with enough space for a Bouncy Castle or Children's Entertainment. Maybe for a family tea party or get together.,no matter what the weather. It is a good space for little ones to run around and we are improving the facilities to encourage people to use the venue. So if you are looking for a safe environment for a children's events please contact us.

LOG ON NOW TO OUR WEBPAGE [credenhillcommunityhall.org.uk](http://credenhillcommunityhall.org.uk).to book or see what is on in your local Hall and make it a thriving centre of your community

We can give you details of license holders who will provide a bar for your function if you need one. What is more it will not break your budget ! Please contact us for more information.

Betty Morris Booking Secretary 07954081999 or [magnadrama@btinternet.com](mailto:magnadrama@btinternet.com)

# Credenhill Community Hall Schedule

Day and Time	Group Name	Leader	Contact Details
Monday 7.30-9p.m	Young Explorers	Marcus Terry	07592 449 852
Tues 7.30-10p.m	Magna Performing Arts	Val Lewis	07854 299 715 <a href="mailto:info@magnapresents.co.uk">info@magnapresents.co.uk</a>
Weds 10.30am-12noon	Movement 2 Music	Rose Sales	07891 538 074 <a href="mailto:rosesales@aol.com">rosesales@aol.com</a>
Weds 6p.m-9p.m	Slimming World	Miakala Davis	07891438074 <a href="mailto:miakaladavis@hotmail.co.uk">miakaladavis@hotmail.co.uk</a>
Thurs 9.30a.m-10.30a.m	Yoga	Eszter Browning	07519 095 067
Thurs 6 to 7.30p.m 7.30 to 9p.m	Cubs & Beavers Scouts	Marcus Terry	07592 449 852
Friday 10am to 12noon	Nutty Crafters	Corrie Smissen	07789 401 151 <a href="mailto:strettonbo@gmail.com">strettonbo@gmail.com</a>
Friday 6p.m -7.30p.m	Rainbows Brownies	Donna Jones	07837 651 687
Friday 9a.m-1p.m	Magna/Young Magna Performing Arts	Val Lewis Betty Morris	01432 760 115 07954 081 999 <a href="mailto:info@magnapresents.co.uk">info@magnapresents.co.uk</a>
Sunday 2.30-5p.m	Young Magna P/A	Val Lewis	01432 760 115 <a href="mailto:info@magnapresents.co.uk">info@magnapresents.co.uk</a>

[www.credenhillcommunityhall.org.uk](http://www.credenhillcommunityhall.org.uk)



# Credenhill Social & Sports Club

01432 760600



	MAIN BAR	FUNCTION ROOM
MONDAY 7pm – 11pm	<b>Men's LV Darts League</b> Contact – Captain : Lisa Smith TEL: 01432 760600	(3 <sup>RD</sup> Monday) <b>Military Vehicle Club</b> Contact – Carol Jackson
TUESDAY 7pm – 11pm	<b>Eardisley Pool League</b> Contact – Captain : Dave Gillespie TEL: 01432 760600	<b>Bingo</b> 7.30pm Contact – Yvonne Jones TEL: 01432 760600
WEDS 7pm – 11pm	<b>Ladies LV Darts League</b> 8pm Contact – Captain : Terri French TEL: 01432 508441	<b>Indoor Archery Club</b> (Winter Only) Contact – Secretary : James Mattock (2 <sup>ND</sup> Wednesday) <b>Herefordshire Preservation Society</b>
THURSDAY 7pm – 11pm	<b>Hereford Charity Pool League</b> Contact – Captain : Dave Gillespie TEL: 01432 760600 <b>Kington Mixed Pairs Darts League</b> (Summer Only) Contact – Captain: Brian Pugh	(1 <sup>ST</sup> Thursday) <b>Friendship Club</b> Contact – Val Lewis TEL: 01432 760115 (2 <sup>ND</sup> Thursday) <b>4x4 Club</b> Contact – John Withers-Lewis
FRIDAY 7pm – 11pm	<b>Invitation Darts League</b> Contact – Captain : Terri French TEL 01432 760600	<b>Hereford Skittles League</b> Contact – Captain: Peter Wolfe TEL: 01432 760600
SUNDAY 12pm-2.30pm & 7pm - 10.30pm	Quiz night 7.00pm to 9.00pm Contact – TBC	<b>Members Open The Box</b> 9.30pm

If you are interested in any of our regular events please contact the relevant organiser, or if you have a club or team that would like to use our facilities please contact the steward.

The club is here to serve the community as a social hub, it is owned by its members.

**The steward and Committee hope to see you soon!**

## Up and Coming Events

DATE	EVENT	OTHER INFORMATION
Saturday 26 <sup>th</sup> October 2019	Halloween Disco.  Kids 7pm – 9pm	 A stylized black tree with many jack-o'-lantern faces hanging from its branches. The background is orange, and the words "HAPPY HALLOWEEN" are written in the upper right corner.
Saturday 30 <sup>th</sup> November 2019	Back by popular demand the fabulous  Jennifer T	 A photograph of a woman with curly blonde hair, smiling. She is wearing a dark, lace-trimmed top. The caption "This Photo by Unknown Author is" is written above the photo.
24 <sup>th</sup> December 2019	Christmas Eve  Karaoke  With  Ellis	 An illustration featuring the word "Karaoke" in red cursive, a red microphone, and three red lips with musical notes around them.
31 <sup>st</sup> December 2019	New Years Eve disco	 The words "New Year's Eve" in large blue letters, set against a background of red and white fireworks.

Please see the clubs notice boards for plenty more exciting events to come.

**PLEASE LIKE US ON FACEBOOK**

Secretary: Sarah Miles 07581031457



## Magna and Young Magna

### SEPTEMBER 2019

'Peace' is our next original production in October. It is the dramatic retelling of a true event which happened in Hereford in 1916 . At a concert held to raise funds for the soldiers of the Herefordshire and Shropshire regiments a tragedy happened when eight young girls died in a mysterious fire . This is a reconstruction of what happened before the event and at the inquest afterwards . What did cause the fire on that fateful day and ,just who was responsible ?See poster for details of how to book We are very excited to have our some of Young Magna appearing in this production .and we hope that we can rely on a good audience for their efforts throughout the Summer .

We were fortunate enough to get the support of Holmer Park Spa and Health Club who have sponsored our October production and we hope to welcome a group from there in the audience . We worked with some of the descendants of the Girls and hope they will also join us along with the Dean of Hereford Cathedral.

### SLEEPING BEAUTY 2019

Young Magna Wowed audiences at their Summer showcase and are taking a well earned break until September 15th when rehearsals for the annual pantomime begin along with Magna ..'**SLEEPING BEAUTY** ' this year ,so watch out for details and get your tickets early !

**Take a look at our website [magnapresents.co.uk](http://magnapresents.co.uk) for information on all aspects of Magna and Young Magna**

We are always looking for actors, backstage crew and sound and light technicians to join our group. If you like a challenge and an entertaining way to spend time contact

[magnadrama@btinternet.com](mailto:magnadrama@btinternet.com) for details

For all the latest information on productions, ticket sales and how to join, just like us on Facebook or Twitter and you will get all the latest news as it happens



## Magna and Charity 2019

We collect for St.Michael's Hospice after each performance

## Young Magna 2019

Despite their popularity we still have some vacancies in our Youth group, Young Magna. who meet on Sunday afternoons 2.30 until 5p.m, some rehearsals also take place on Friday evenings from 7.30p.m. There is a joining fee of £10 +£10 costume fee and weekly fee of £2. We keep costs low to make it an easily affordable pastime.

If you would like details please contact Betty or Val, details below

## What Magna is and What we Do

Most of what Magna and Young Magna does is developed from performing arts workshops where we work out scripts and scenes ,music and dance using improvisation. We aim to teach performance skills to those who wish to learn in a fun and fulfilling way, to be a part of either group see details below.

If you or your child would like to join; ring or e mail now for information or to book your place. This is a community group and so is affordable and fun.

Your local performing arts group Magna, meets every Tuesday 7.30p.m. Young Magna for 8-16 year olds each Sunday 2.30p.m. to 5p.m. New members are always welcome so come along and join us if you would like an inexpensive and enthralling way to pass some of your leisure time.

Ring for details of how to join: Val 01432760115 Betty 07954081999

[www.magnapresents.co.uk](http://www.magnapresents.co.uk)

# Credenhill Friendship club

Hi friends,

Thanks to you all for supporting our B B Q, it was lovely to see you all there, and what lovely food, Burgers ,Chicken and Sausages plus lovely salads and coleslaw all beautifully cooked by Larry and Kath Fowler, a great big THANK YOU to you both, it's just not cooking it all, but the buying and preparation also, so we put our hands together to say it was great. I would like to thank Trevor for the Chef Quiz which we enjoyed, also for doing the diary for me, which I was not able to do this time, and organising the trip this year too.

Please note that your trip this year is on MONDAY 2nd of September, everyone meeting outside the One Stop shop at the bus stop for 9.00am, please remember if you have not yet paid could you drop your money off at Trevor's or my house, money in envelopes with name on it please, thank you.

Please note their is NO MEETING on the 5th September.

Our next meeting is Thursday 3rd of October and our speaker I am pleased to say is Ian Rivers, last time he was with us he talked about climbing Everest which was so interesting, and this time his talk is "Arch to Arch" which I know you will all enjoy. Anyone interested in coming along to our Friendship Club, please come along to Credenhill Social Club you will find us there on the first Thursday of the month 7.30p.m we would love to see you, or you can phone me, my phone number is in the C C N.

Well friends, I do hope you have great weather for the trip, enjoy The Steam Engine trip, and Mad O'Rourke's, can't wait to hear all about it,

Please take care and keep well.

VAL

# St Michael's Hospice Newsletter



## *A Day of Gardens, Delicious Lunch and Poetry:*

This September, St Michael's Hospice has hand-picked three of Herefordshire's most exquisite gardens to explore in one memorable day.

You'll begin by visiting The Laskett Gardens in Much Birch, renowned for its loving creation overseen by Sir Roy Strong and his late wife Julia.

Sir Roy will then join you at Grendon Court near Upton Bishop where owner Kate Edwards will be waiting to greet you.

You'll soon be seated and ready to savour a gourmet delight in the form of a delicious home-cooked lunch.



Relax afterwards while being moved by an alluring array of recited poetry, delivered by Sir Roy and Alex James.

The day's final port of call is Brockhampton Cottage near Bromyard. Marvel at the unspoilt views from this hilltop garden featuring a five-acre flower meadow and pear orchard.

Round off your trip with tea and cake before setting off home.

For more information, and to book your place at A Day of Gardens, Delicious Lunch and Poetry on Wednesday 18<sup>th</sup> September, visit [www.st-michaels-hospice.org.uk/events](http://www.st-michaels-hospice.org.uk/events)

### *Lottery:*

*Each Friday, St Michael's Hospice gives away £1,000, plus a stash of other cash prizes, in its Lottery draw.*

*This summer, the 1,000<sup>th</sup> weekly draw was held, meaning that since the Lottery began almost 20 years ago, countless Hospice supporters in our community have received a share of £1.5million in prize money, while at the same time helping fund the vital care provided by St Michael's to those in Herefordshire and beyond.*

*To find out how you can be in the hat for our weekly Lottery draws, visit*[www.st-michaels-hospice.org.uk/get-involved/lottery](http://www.st-michaels-hospice.org.uk/get-involved/lottery)

# **NEW Volunteering Opportunities**

Onside is a registered charity providing independent advocacy, and mentoring to vulnerable adults facing disadvantage through mental and physical ill health, learning disability and old age, depression, dementia, autism, learning difficulties. We provide our service across Herefordshire & Worcestershire and we are currently looking to train more volunteers from your local area.

NEW to this summer has been social prescribing, within Worcestershire

Social prescribing, enables GPs, nurses and other primary care professionals to refer people to a range of local, non-clinical services. It recognises that people's health is determined primarily by a range of social, economic and environmental factors, social prescribing seeks to address people's needs in a holistic way. It also aims to support individuals to take greater control of their own health.

Social prescribing can be utilised to address a range of issues that people might be facing eg loneliness isolation, debt, housing crisis, low level mental health issues etc. Individuals will be signposted to other specialist's services or facilitated to take part variety of activities that may be beneficial Examples include volunteering, arts activities, group learning, gardening, befriending, cookery, healthy eating advice and a range of sports.

We are very keen to involve volunteers in this exciting new project and would be keen to talk with anyone that would like to find out more. Predominantly volunteer roles will involve providing additional support to patients enabling them to attend activities like the ones outlined above, one to one mentoring or support to tackle specific issues e.g. debt, or conflict resolution etc.

Advocacy is a way of supporting and empowering people to ensure that they have their voice heard and their wishes made known to others and we are looking for volunteers to provide this support in their local area.

Mentor volunteers are needed to provide a supportive and reliable relationship to people who would otherwise be socially isolated. Opportunities are also available for telephone befrienders and to support local groups which focus on gardening, art, walking and social activities. We also have our drop in service which provides help for people with Autism, along with one to one support for this project.

Onside's Volunteer Manager, Claire Watkins, said "Our volunteers provide the support required by the members of our community who might otherwise be ignored. Our volunteers give their time, their passion and enthusiasm we need continued help from willing volunteers who would enjoy supporting adults in their local community."

Volunteering with Onside is a flexible commitment; as little as 2 hours a month can be given with full training .

Volunteers enjoy the flexible aspect of our work along with the chance to join in at our local support events we run for volunteers including regular coffee mornings. The comment that really sums it up came from one volunteers - "**I seem to make a difference every time I visit, she laughs and I do, she had cheered up as she hadn't seen anyone else all week**"  
We are currently arranging our next training course and places are limited.

If you are interested in finding out more, or keen to get started please contact Claire on 01905 27525 or e mail [volunteering@onside-advocacy.org.uk](mailto:volunteering@onside-advocacy.org.uk).

Join us for a wonderful evening of entertainment including the

## Monday Choir

Friday, September 13<sup>th</sup>

At 7pm

At Headway

Tickets available from any member of the PCC or on the door.

£8 adults - £4 children

To include supper and soft drinks.



Proceeds in aid of the decoration fund at St Mary's Church.



HEREFORDSHIRE HEADWAY

Headway House,  
Trenchard Avenue, Credenhill

## Community Lunch

Thursday 3<sup>rd</sup> October 2019

Lunch 12:30 to be booked & paid by Thursday 19<sup>th</sup> September

Cost £5.00 per person, to book please call 01432 761000

All welcome

Please come for a catch up  
and support us



HEREFORDSHIRE HEADWAY

Headway House,  
Trenchard Avenue, Credenhill

## Coffee Morning

Wednesday 4th September 2019

10:30am-Noon

All welcome  
Tea and coffee with Biscuits  
Raffle



Please come for a chat and support us.



14<sup>TH</sup> SEPT.  
2019

## HEREFORDSHIRE'S CHURCHES OPEN DAY

**Join us and help save our church heritage.**

Cycle, horse ride, walk or jog and not only see our churches but the beautiful Herefordshire countryside.

Herefordshire Historic Churches Trust

Helping churches by helping the community



Contact:

Telephone: 01531 641955

Email: info@ridestrideherefordshire.uk

Find out more at

[www.ridestrideherefordshire.uk](http://www.ridestrideherefordshire.uk) and [www.hhct.co.uk](http://www.hhct.co.uk)

Charity number 511161

Supported by the  
National Churches Trust  
Charity Number 109465



## Kington Arts Society

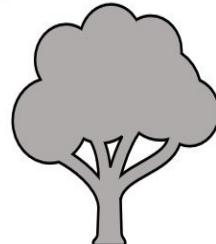
**Autumn Art and Craft  
Exhibition**

**FREE ENTRY**

**at Oxford Arms, Duke  
Street, Kington**

**Saturday 21st and  
Sunday 22nd September  
12 noon to 6.00pm**

## Gareth Higgs Tree Services



Qualified and Insured tree surgeon  
All aspects of tree work undertaken  
Site clearance & digger/tree shearing

ATV spraying & log processing

Tel: 01568 709477 / 07968 849562

Email: [gareth\\_higgs@hotmail.co.uk](mailto:gareth_higgs@hotmail.co.uk)  
[www.garethhiggstreesurgeon.co.uk](http://www.garethhiggstreesurgeon.co.uk)

**TV problems...? Poor picture...?**

Call

**AARDVARK  
INSTALLATIONS**

- New TV aerials • Freesat & Sky installation • Extra TV points fitted
- Set-up and installation of equipment • Catch-up TV problems
- Broadband, Wi-Fi & networking • CCTV installations

**01432 483101**

email:[aardvark@alpens.co.uk](mailto:aardvark@alpens.co.uk)

[www.aardvarkinstallations.co.uk](http://www.aardvarkinstallations.co.uk)



### **WOODCUT TREE SURGERY**



**A COMPLETE, BESPOKE TREE SURGERY  
SERVICE**

Highly qualified, fully insured staff

Pruning Fruit Trees      Felling

Crown reduction      Site Clearance  
Tree surveys      Consultancy

Free, no obligation site visit

Email: [office@woodcuttreesurgery.uk](mailto:office@woodcuttreesurgery.uk)  
[www.woodcuttreesurgery.com](http://www.woodcuttreesurgery.com)

Office: 01981 251114

mob: 07966 178884

### ***Wendy Morgan***

**All aspects of Beauty**

**Therapy**

**Massage**

**Dementia massage**

**Hairdressing services  
available**

**Tel: 01432 761 915**

**07929213474**

# M D R ELECTRICAL

Mark D Ridge (Proprietor)

All aspects of electrical work undertaken.

Showers, Fuseboard upgrades, Extra sockets, Lights,  
Security lights supplied & fitted. Power supplies to garages and outbuildings.

Full/Part Rewires. New builds & Conversions.

Condition reports/Landlord certificates, PAT Testing

NICEIC Registered

Public liability & Professional indemnity Insurance cover.

**Call Mark: 07760 433479 or 01544 327161**

Or email: [mdrelectrical330@gmail.com](mailto:mdrelectrical330@gmail.com)



Electrical Safety Register  
incorporating

Do you need a Gardner?

## CHERRY'S GARDENING SERVICES

Offers: Lawn mowing, weeding, hedge cutting, pruning, repotting, sheds, greenhouses cleared, hanging baskets & much more

Away on holiday or business? I will look after your garden

Reliable lady gardener fully insured and DBS checked (formally CRB)

I use all my own equipment

Call Cherry on **07855525247**

Or email [cherrygarden@hotmail.co.uk](mailto:cherrygarden@hotmail.co.uk)

## Foot Health Practitioner

Corns & calluses reduced & removed - ingrown toenails treated – verrucae treatment – Nails trimmed - Diabetics treated—plus help and advice

Brian Jenkinson Dip CFHP

**01544 230501 or 07977 214756**

Foot care services

Home Visits only

# Maids Domestic Services

*We specialise in regular weekly or fortnightly cleaning,  
catering for all your domestic cleaning needs.*



## **Services offered**

- Dusting
- Vacuuming
- Bathrooms
- Kitchens
- Mopping
- Ironing
- Changing beds

We are a small, reliable, high quality service, with 26 years' experience.  
We pride ourselves in providing skilled, trustworthy staff, who receive extensive training and are fully insured.

We offer weekly, fortnightly and monthly cleaning.

Contact Janet on 01432 350033 or 07702174036  
[janet.stones@btinternet.com](mailto:janet.stones@btinternet.com)



## **ALL ASPECTS OF CARPENTRY**

KITCHENS / BATHROOMS /  
DESIGN

RENOVATIONS / PLASTERING  
WIDE RANGE OF PROPERTY  
SERVICES

Friendly, Reliable service

Please call Tom : **01432 761603**



The Centre in Hereford for complementary therapies

18 different therapies provided by highly trained and experienced staff

The Very Best Help for Your Health  
Eastholme Avenue, Belmont HR2  
7XT

**Telephone 01432 279653**

[www.herefordcentrefornaturalhealth.com](http://www.herefordcentrefornaturalhealth.com)

# PILATES

Mondays	Wellington	9:30am
Tuesdays	Withington	9:30am
Tuesdays	Bodenham	6:00pm
Wednesdays	Stretton Sugwas	10:00am
Wednesdays	Marden Village Hall	7:15 pm
Thursdays	Burghill	10:30am
Thursdays	Marden Village Hall	6:30pm
Fridays	Bodenham	10:30am



## Total tone - Cardio, Tone & Core Class

Mondays	Bodenham	6:30pm
---------	----------	--------

**Pre book, Emma Caldwell**

**ejcaldwell1977@icloud.com  
07971009691/01568 797107**



- ✖ Fully qualified
- ✖ 20 years experience
- ✖ Ladies, gents & children
- ✖ Senior citizens

**Telephone: 01432 268 884**

**Xt Driver Training**

**Roy Betambeau**

**Driving Instructor**

**Mobile: 07775 461923**

**E mail: [Roy@xtdriving.com](mailto:Roy@xtdriving.com)**

**Driving Test Centers Covered:**

**Hereford, Brecon, Llandrindod Wells**



**[www.xtdriving.com](http://www.xtdriving.com)**





# WILLS AT HOME

*Will Writer Les Andrews will come to you*

**Discuss your wishes in your own home**

**WILLS AT HOME GIVES YOU**

## Peace of Mind

Your family have the security of knowing your wishes

## Value for money

There is only one fixed fee for writing your Will

@ Single Will £35 Mirror Will £55



[lesliemhandrews@aol.com](mailto:lesliemhandrews@aol.com)

01432 850303



## HAIR BY CAROLINE

TELEPHONE 07849841626 OR 01597 822393

CHILDRENS TRIM FROM £6.95

GENT TRIM FROM £9.95

LADIES TRIM FROM £12.95

SHAMPOO & SET/BLOW DRY FROM £13.95

CUT AND SET OR BLOW DRY FROM £26.95

PERMS FROM £39.95

COLOURS FROM £39.95

MANICURE £10.95

PRDICURE £19.95

KIND FRIENDLY SERVICE  
ALL IN THE COMFORT OF YOUR OWN HOME

## Lloyd Instant

## PLUMBING

**Reliable and Local**

**Free Estimates**

**Showers/Bathrooms/**

**Leaks/Drains/Radiators/**

**Taps/Overflows**

**& more**



**07813 313252**

Editor: Joel Goodson

[credenhillcommunitynews@outlook.com](mailto:credenhillcommunitynews@outlook.com)

As Editor I am always happy to receive articles for the CCN but would add that, If at all possible, I would appreciate them to be sent by e-mail as an attachment in Word format. If you do not have access to a computer then please drop off any hard copy to Lee Harper-Smith at 59 Glebe Close, Credenhill in plenty of time for the deadline of the 15th of every month.

Dead line: 15th of every month prior to publication  
Published: 1st of every month  
Collect from: One Stop – Credenhill Store  
Delivered: To every household in Credenhill  
*(Circulation 860)*

Parish Council:

Chairman: Terry Smissen  
Clerk: Lee Harper-Smith

[clerk@credenhill-pc.org.uk](mailto:clerk@credenhill-pc.org.uk)

07956 447 056

County Council: Councillor R Matthews

01432 760498

West Mercia Constabulary: e-mail: [herefordm.snt@westmercia.pnn.police.uk](mailto:herefordm.snt@westmercia.pnn.police.uk) 0300 333 3000

Crime Stoppers: 0800 555111

Safer Neighbourhood Officers: PC Bart McDonagh

101

Dog Warden:

01432 261761

Street Light Problems

01432 261800

Power Cut

105

St Mary's Primary School: Business Manager Claire Ross 01432 760408

Nursery and Preschool: Shelly Gummery 07596 324 552

Fieldhouse Kindergarten: Owner – Rachael Cappozoli 01432 761250

St Mary's Church: Vicar: Revd. Rana Davies-James 01432 760443  
email: [rana.james@virgin.net](mailto:rana.james@virgin.net)  
Church Warden Dorrie Coates 01432 761935  
Church Warden Mrs Jean Hawkings Bowles 01432 769413

Credenhill Social Club: Steward 01432 760600

Beavers: Malcolm Cox 01432 279160

Cubs: Clayre Wilkes 01432 769211

Scouts: Marcus Terry 01432 352142

Group Scout leader Malcolm Cox 01432 274077

Rainbows/Brownies: Mrs D Jones 01432 761056

Young Magna: Betty Morris 07954 081999

Magna: Valerie Lewis 01432 760115

Credenhill Rangers FC Darren Coates 07917595418

Friendship club: Val Lewis 01432 760115

Community Clinic

by appointment, only Mondays: Health Visitor 01432 352600

Headway: 01432 761000

Post Office Van - John Mon, Tues, Thurs 10.30am - 11.45a 01885 482201

For Hire

Credenhill Community Hall: Mrs Betty Morris 07954 081999

Credenhill Social Club: Steward 01432 760600

All articles, letters or other items may be subject to editorial discretion. The editor does NOT accept responsibility for articles printed in this newsletter. All details correct at time of going to press

Credenhill Community News is now available by email. If you wish to be added to the mailing list please send an email to the editor requesting this service. Please put Credenhill Newsletter in the subject heading box to make sure it arrives.

Thank you

# Peace



A dramatisation of a true event  
Credenhill Community Hall  
**17<sup>th</sup>-19<sup>th</sup> October at 7.30p.m**

Tickets £8 (£6 concessions) available 07981 010610 or  
email [magnatickets@gmail.com](mailto:magnatickets@gmail.com)



Collections made for St Michael's Hospice