

# Credenhill Community News



FEBRUARY 2017

Issue 95

A Parish Council Publication about Credenhill, by and for the people of Credenhill.

Sponsored by: Credenhill Parish Council

[www.credenhill-pc.org.uk](http://www.credenhill-pc.org.uk)

You can also find us on Facebook - Credenhill Community News

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## Services for February

Sun 5 <sup>th</sup>	11.00am	Holy Communion
Sat 11 <sup>th</sup>	3-5.00pm	Messy Church
Sun 12 <sup>th</sup>	11.00am	All Age Worship
Sun 19 <sup>th</sup>	11.00am	Holy Communion
Sun 26 <sup>th</sup>	11.00am	Holy Communion



Your team  
PC Sarah CULLEN  
PCSO Elena EKANITE



### Credenhill

3<sup>rd</sup> Dec – 2 Reports of vehicle tyre damage in the area of Oak Road. On both occasions, vehicles were parked on victim's driveway when person(s) unknown have used a sharp implement to slash the tyre wall.

17<sup>th</sup> Dec – Report of anti-social behaviour in the area of Meadow Cl. Rowdy noise heard around 21:00hrs on the 16<sup>th</sup> Dec. Victim's waterbutt and fencing pushed over, not causing permanent damage.

## ROMAN CREDENHILL: A COMMUNITY INVESTIGATION



### CELEBRATION DAY



### SUNDAY 12TH FEBRUARY

Join Hereford Sixth Form College and the Archaeologists to find out the results of the Roman Credenhill project.

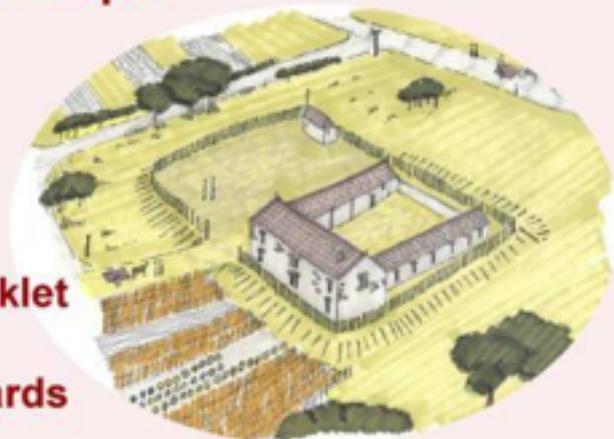
Join us at **Credenhill Social Club** between  
**1pm—3pm**

Join us and ...

**Handle The Artefacts**

**Collect Your Free Booklet**

**View New Display Boards**



This project is funded by the **Heritage Lottery Fund**  
**Young Roots Programme**



### Churchwardens' Report.

A very big thank you to everyone who helped to make our Christmas Celebrations so enjoyable and memorable.

Thank you to the individuals and groups who contributed to our Nativity Displays - The contribution and involvement of the school was amazing and very much appreciated. We had displays painted on stones from the

Brownies and a variety of craft nativities from Messy Church including, snow globes, shadow window panes, the Holy family lollipop pictures, mini cushions, Jesus in a basket, photo frame stables, stockings, etc. Individuals:- Jean Wells, Jean Bowles, Mark Jones, Ron Copas, Don Coates, Dorrie Coates and Katie Coates created crib figures in wood, card, paint, stained glass, modern art, decoupage and cross stitch. Others - Paula Fitch and Donna Jones created Nativity displays using their own stables and there were sets in Lego, Happy Land figures, puppets and felt that the younger children could play with / arrange. A Nativity prayer tree was set up for individuals to remember loved ones and one tree had Nativity decorations from around the world.

If you didn't manage to visit over the Christmas period there is a photographic display at the back of the church.

People were extremely generous donating presents for Social services to distribute and lots of Christmas goodies for the Community Larder. These were collected at the all- age service which was a Christingle service. The oranges for the Christingle were donated by Abbotsfield Funeral Directors as part of their Community programme.

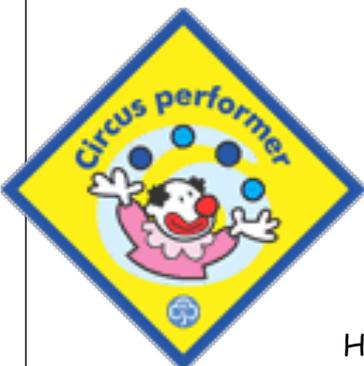
The next Messy Church is on Saturday February 11<sup>th</sup> from 3-5. Everyone is welcome to join us for this free afternoon of craft activities, stories and songs followed by tea. Please contact Donna Jones ([donna.jones4249@gmail.com](mailto:donna.jones4249@gmail.com)) for further information.

The Christmas Hamper raised £427.50. Thank you to everyone for your support. Dorrie Coates and Jean Hawkings-Bowles.

We will be meeting shortly to decide on this year's activities. If you have any ideas we would love to hear them. Please let us know if we can organise anything that you would like to join in with.

We have fewer people to cover the day to day maintenance but will continue to open the church daily for anyone who needs a quiet place. There is a comfortable seating area with a space for children and drinks are available if required. We try to make the church welcoming and are looking for people to help with flowers. You don't have to be a flower arranger there are a number of ways you can help.. A plant or a bunch of flowers in a vase will help to brighten the church. If you would like someone to do a display for a loved one's birthday or an anniversary please let Jean Bowles know. If you want to do this yourself just let us know which dates you would like.

Thank you Churchwardens - Jean Bowles and Dorrie Coates.



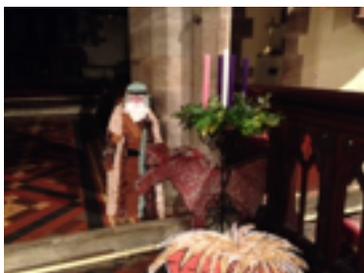
## Credenhill Brownies and Rainbows

This half-term we are working on Circus Skills and will be learning about face painting and clowns.

We hope to visit the Circus with the other packs in our District.

We are also including a swimming trip and Jewellery making in this term's activities. We meet every Friday 5:30 - 7 in the Community Hall. For more details please contact Donna Jones

([donna.jones4249@gmail.com](mailto:donna.jones4249@gmail.com))



**HEREFORDSHIRE HEADWAY**  
 Headway House, Trenchard Avenue, Credenhill

Coffee Morning  
**THURSDAY 2nd FEBRUARY**  
 10.30am - 12 noon  
 Tea & Coffee with Biscuits & Raffle  
 All welcome

**Please come and support us.**




Dear Friends,

As a farmer's wife I know that lambing time is happening around about now. Many sheep farmers are bringing their ewes into barns ready to lamb. It's a difficult enough job to do, but outdoors it can be very unpleasant when they need to intervene with a difficult lambing: bare arms in the wind and stinging sleet can be really nasty! In a barn, catching a struggling ewe is quick, and complicated births can be catered for much more safely and efficiently. There is nothing cosier than a well bedded down barn full of contented expectant ewes when snow and wind is howling outside! Let's pray that this year's lambing goes well for all our sheep farms.

Those sheep indoors are very lucky and so are we in our warm, comfortable homes. Yet we can easily forget the plight of the homeless, particularly the difficulties they face at this time of year. Homelessness is a crisis. It is devastating and should not happen to anyone. Homelessness is an isolating and frightening experience. Homeless people are invisible, ignored and often forgotten. At worst, homelessness can mean sleeping rough on the streets and their numbers are increasing. One in ten people say they have been homeless at some point. And with it come many other problems of poor physical and mental health, unemployment, loneliness and a high risk of abuse. Local authorities have a statutory duty to house some homeless people who meet a strict set of criteria but many don't meet these criteria, with the majority of young people not being eligible for re-housing.

Over the course of the winter the church plays a hugely important role as they run Night Shelters for the homeless in towns and cities all over the country. Hereford Open Door project runs throughout the winter to ensure that homeless people get a hot meal and a safe place to stay. Many of the people they help are ex-service personnel, who often feel they no longer fit into society. When we return to our warm and safe homes every night we might spare a thought for those who have nowhere safe to call home. There are many charities doing great work getting people off the streets, breaking the cycle of poverty, getting them back into work and housing and settled. The Salvation Army, the Church Housing Trust and Green Pastures are just a few that work towards helping those who desperately need a safe home. If you would like to help or want to know more, please ask.

With every Blessing, Rana

"We would like to take this opportunity to say farewell to our friends and acquaintances in Credenhill, and to extend our thanks to them, most especially to Paul & Di Burridge, for all of their support and friendship, over the last three and a half years.

Adrian's continuing health problems were a major contributing factor in our decision, made earlier this year, to "downsize", together with the fact that our "last little baby bird was leaving the nest", (in the form of our younger daughter, Lucy, who recently purchased her first home, with her partner Luke), so we no longer needed such a spacious property.

We are a little sad about this obviously, as those who know us well, will know exactly how hard, we have worked on the various improvements, building projects and landscaping at "Mill Mead Lodge", since we bought it in 2013.

However having made the decision, we are completely confident that it was and is the right one.

We are absolutely delighted with our new smaller property, in the form of a bungalow, which is situated a few miles North of Credenhill, which is set in half an acre of stunning landscaped gardens (Paula especially, is in "Seventh Heaven" at the prospect of inheriting such delights!) and which enjoys far reaching views of the surrounding countryside.

We trust that the good folk of Credenhill, will extend the hand of friendship to the new owners of Mill Mead Lodge, and we wish them all the very best in both their new home and lives together."

Adrian & Paula Eastick



# **BARN DANCE**

WITH

## **WHIFFELDY**

Four piece live band and caller

at

**Credenhill Community Centre**  
**Station Road HR4 7EY**

on

**Saturday 11th March 2017**  
**7.00pm until late**

Refreshments, Bar, Raffle

Tickets - Adult £10, Under 12's £4

Available from Gordon Batchelor - 01432 760312

### **DOG FOULING IN OUR PARISH!!!**

Dog fouling is becoming a problem again

Dog mess is an eyesore and a health hazard. If you are a dog owner, you have a legal duty to clean up every time your dog messes in a public place.

If a person does not clean up after their dog, they may be issued with a Dog Control Order which brings with it a fine of £80. If a person refuses to pay, they can be taken to the local Magistrates Court for the dog fouling offence and fined up to £1,000.

# Credenhill Community Hall



Day and Time	Group Name	Leader	Contact Details
Monday 7.30pm - 9pm	Young Explorers	Malcolm Cox	07854 299715
Tues 5.pm - 6.15pm	Beavers	Victoria Smissen	01432 279160
Tues 7.30pm	Magna Performing Arts	Val Lewis	01432 760115 07854 299715
Wed 6.30pm - 9pm	Slimmers World	Hillary Burcher	07789 951712
Thurs 6.00pm - 7.30pm	Cubs	Malcolm Cox	01432 274077
Thurs 7.30pm - 9pm	Scouts		07854 299715
Friday 6pm - 7.30pm	Rainbows Brownies	Donna Jones	01432 761056
Friday 7.30pm	Magna/Young Magna Performing Arts	Val Lewis Betty Morris	01432 760115 07954 081999
Sunday 2.30pm - 5pm	Young Magna Performing Arts	Betty Morris	07954 081999

## **FEBRUARY 2017**

We are pleased to wish all our users past, present and future a very Happy New Year.

Now is the time to think about getting into new interests and hobbies. If you fancy doing something and there isn't a group available in Credenhill then set one up yourself, or let others know there is availability at your local Hall every week day until 5p.m. A knitting group, a drop in group for our more mature people or a yoga class, All or any of these could be established and flourish in your Hall. Get in touch, it costs nothing. If you have any ideas about starting a group please contact us and help make your Community Hall a thriving centre of the village.

Take a look at our Face Book page. If you have used the facility recently please complete our review We are delighted to say that many children parties are held in the Hall. It is a good space for little ones to run around and we are constantly trying to improve the facilities to encourage people to use the venue. So if you are looking for a safe environment for a children's event please contact us. Help support your vil-lage.

Don't forget if you have an event coming up and would like to hold it in a pleasant, light, airy hall with a large outside grassed area [big enough for a marquee] then come along and have a look at Credenhill Community Hall. We can give you details of license holders who will provide a bar for your function if you need one. What is more it will not break your budget ! Please contact us for more information. Betty Morris Booking Secretary 07954081999 or email [magnadrama@btinternet.com](mailto:magnadrama@btinternet.com)

## **TREASURER NEEDED FOR CREDENHILL COMMUNITY HALL CHARITY**

We are looking for somebody who is interested in being Treasurer for Credenhill Community Hall Charity. Would suit a person with some time to fill who wishes to get involved with a local asset to their Community. It is a voluntary position with some responsibility. This could be exciting as we are looking for grants to renovate our Hall, and whoever takes this position will be actively in-volved. Please apply for more information to Betty Morris, 07954081999 or email [magnadrama@btinternet.com](mailto:magnadrama@btinternet.com).

# Magna and Young Magna

FEBRUARY 2017

Get ahead of the crowd in finding entertaining events for your children in February half term 2017. Get your tickets for the delightful family show detailed below. just ring Val on 01432760115 or 07826256541. You can also go to our Facebook page for updates on all performances that we do, as well as other information and photographs

## PANTO 2017 RED AND ROBIN HOOD

Robin Hood and his Merry Men find themselves helping to protect the people of Nottingham from Sir Wilbert De Wolf, the evil Sheriff, who wants to cut down the forest and build a shopping centre. Red Riding Hood has a gang of hoodies, who the Sheriff tries to persuade to collect his taxes. Will he succeed in his evil plan or will his efforts be thwarted by Maid Marian, Granny Hood and all the other amazing and magical characters who you will meet during the panto? See poster and booking form for details of this colourful, charming reworking of two traditional stories during February half term

## MAGNA AND CHARITY 2017

We will continue during 2017 to have bucket collections after each performance we do during the year. All the money collected goes to St.Michael's Hospice . We also give half the bucket collection during Pantomime to the Hereford Lions ,who, among other things bring an audience each year for the Friday night performance of the pantomime.

## YOUNG MAGNA 2017

Young Magna has gained so much in popularity over the last few years, but we have some vacancies in our Youth group, Young Magna. We meet on Sunday afternoons 2.30 until 5p.m each week, some rehearsals also take place on Friday evenings from 7.30p.m. There is a joining fee of £10 and a weekly fee of £2. We keep costs low to make it an easily affordable pastime. It is very rewarding to see so many young people who are enjoy acquiring performing arts skills. There is some amazing talent around and we hope you will join us for our next production to see it in action. If you would like details please contact Betty or Val, details below.

## WHAT MAGNA IS AND WHAT WE DO

Most of what Magna and Young Magna does is developed from performing arts workshops where we work out scripts and scenes, music and dance using improvisation. We aim to teach performance skills to those who wish to learn in a fun and fulfilling way to be a part of either group see details below.

If you or your child would like to join, ring or e mail now for information or to book your place. This is a community group and so is affordable and fun.

Your local performing arts group Magna, meets every Tuesday 7.30p.m. Young Magna for 8-16year olds each Sunday 2.30p.m. to 5p.m. New members are always welcome so come along and join us if you would like an inexpensive and enthralling way to pass some of your leisure time.

Ring for details of how to join: Val 01432750115 Betty 07954081999



Magna presents

# RED AND ROBIN HOOD

An original pantomime by B. A. Morris

Thursday 16<sup>th</sup> - Saturday 18<sup>th</sup> February 2017 - 7.30pm every night and Saturday Matinee at 2.30pm  
at Whitecross High School, Three Elms Road, Hereford.

Advance tickets £8 (£6 concessions), family ticket £24 (two adults, two children), or £10 (£8, £26 family) on the door. Group discount available.  
Available from The Brandon Trust Willow Café, Widemarsh Children's Centre, Hereford, HR4 9NA or call 07826 256541

Collections at each performance for St Michael's Hospice and Hereford Lions Club

*noda* affiliated

**BOOKING FORM**  
**'RED AND ROBIN HOOD'**

Friday evening performance is sold out in advance to the Hereford Lions, and now we would like to sell out for all other performances, to help with this we are encouraging prior booking your seats by offering them at a £2.00 discount to those bought on the door.

You can purchase them from the address on the poster or as detailed below

It will be much easier if you can use booking forms so we can keep track of how seats are selling.

Please return completed booking form and money to

Mrs V Lewis,44,Meadow Drive, Credenhill, Hereford HR4 7EE

For details to pay direct into our bank account please phone or text 07779082181

We will still need a completed booking form to ensure you get your tickets as required

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BOOKING FORM

NAME\_\_\_\_\_

ADDRESS\_\_\_\_\_

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PLEASE TICK PERFORMANCE REQUIRED

7.30 P.M Thursday 16th February

7.30P.M Friday 17th February [SOLD OUT]

2.30 P.M Saturday 18th February

7.30p.m Saturday 18th February

TICKETS REQUIRED\_\_\_\_\_ADULTS £8.00

\_\_\_\_\_CONCESSIONS £6

\_\_\_\_\_ \*FAMILY £24

[ \* 2 Adults and 2 Concessions]

TOTAL ENCLOSED-----

**CREDENHILL FRIENDSHIP CLUB**

Next Club Meeting is Thursday 2nd February 7.30pm in the Credenhill Social Club.

A Talk will be given by The Right Worshipful The Mayor of Hereford Councillor Jim Kenyon.

Please come along and show your support ...this event is open to everyone ..the more the merrier.

Thank you

Julie 07813651460

# Credenhill Social & Sports Club



**A very warm welcome awaits you at Credenhill Social & Sports Club.**

Don't forget you don't have to be a member to come and join us at the functions, or even just to come and have a relaxing drink in a warm and friendly atmosphere. A small visitors fee applies if you are not a member, or you are very welcome to join the club. We look forward to seeing you soon.

Our regular events are still on-going:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00pm - 11.00pm	7.00pm - 11.00pm	7.00pm - 11.00pm	7.00pm - 11.00pm	7.00pm - 11.00pm	7.00pm - 11.00pm	12noon-2.30pm & 7.00pm 11.00pm
Hereford Darts league  3rd Monday Military Vehicle Club meet	Bingo 7.30pm  Pool	Ladies Darts 8pm  Indoor Archery Club  2nd Wednesday Preservation society 8pm	Hereford Pool league  Kington Mixed pairs Darts league  2nd Thursday 4x4 Club new members always welcome	Skittles.  In-house Darts premier league		Members Open the box, Cash prize.

**The Social club is a big part of your local community, please give your support.**

Are you looking for somewhere to hire, at very reasonable prices. We have a very large function room with a bar, available day or night. The room is suitable for all types of events, family events such as wedding receptions, christenings, birthday parties, also for conferences meetings etc. For further information on any of the above please ring the Les on 01432 760600 or Sarah Miles Secretary on 01432 761750 or 07581031457

## Up and Coming Events

**BACK BY POPULAR DEMAND**

**Saturday 18<sup>th</sup> February 2017**

**PIG RACING**

With Farmer P Trotter

First Race 8pm

Pre-Book your Pork Roll £3.00 and become a Jockey (with a chance of winning £10.00) £2.00

Don't take our word on how much fun this is, ask anyone that came in June 2016, bring the kids, this is fun for any age!

**SATURDAY 25<sup>th</sup> February 2017**

**Last Saturday of the month is Music Saturday**

**8.30pm**

LIVE MUSIC BY THE POPULAR

**BAD SPANIEL**

**Saturday 4<sup>th</sup> March 2017**

Credenhill Quiz Association Presents

A Spring Quiz 7.30pm

Max 6 per team £4.00 per person Fish & Chips included

First Prize £30.00 Snowball Round £35.00

come on if you think you are clever enough!

**18th March 2017 8pm**

**St Patrick's Night - Irish Themed Karaoke**

Free Entry - Fancy dress (optional)

**SIX NATIONS RUGBY 2017 - Club opens 15 mins prior to match start**

4<sup>th</sup> Feb England v France 16:50

11<sup>th</sup> Feb Wales v England 16:50

26<sup>th</sup> Feb England v Italy 15:00

11<sup>th</sup> Mar England v Scotland 17:00

18<sup>th</sup> Mar Ireland v England 17:00

Jacket Potatoes with Cheese

Pasties - Cornish Style

Beans Vegetarian Chilli

Please like us on facebook

<http://www.thebestof.co.uk/herford>

# CREDENHILL SOCIAL & SPORTS CLUB

## MEMBERSHIP RENEWAL

(PLEASE COMPLETE/ALTER IN BLOCK CAPITALS)

FORENAMES	
SURNAME	
ADDRESS	
POST CODE	
TELEPHONE	
E-MAIL	

Membership Type : Adult £7.50 OAP/Youth £5.00 per annum

Please complete the above information and return to Credenhill Social and Sports Club before 31<sup>st</sup> January 2017 with your appropriate payment.

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**OFFICE USE ONLY**

Membership Number		Date Issued	
Signed		Paid £	

### NOW CLOSED

#### CREDENHILL COMMUNITY LIBRARY



It is with sadness that I announce that The Community Library is now Closed.

Thank you to everyone for all your support over the last 4 years.

I would like to give a special thanks to Roy and Jean Crewe who volunteered their time every month and have been with me from the beginning. Without them I would not have been able to keep the library open every month.

Thanks also to Credenhill Social club for allowing us to use their skittle alley when it was almost impossible to find a home for the library in the beginning.

Should you still wish to be part of a community Library then Burghill Library at Simpson hall is available on 4th Wednesday in the month from 10am.

Happy Reading wherever you get your books from.  
Glenda

# HELLO FROM ST. MARY'S



## GREAT NEWS!!

We are delighted to report that the new play equipment, made possible by a £10,000 grant from the Big Lottery Fund, has now been installed. The equipment has been placed on artificial grass, which will mean the children can play all year! Look out for a photograph of the children using the play area, in the Hereford Times in the next few weeks.

## YOGA & PILATES CLASSES AT ST MARY'S SCHOOL



### YOGA

Tuesdays 6.30-7.30pm £5 per class

### PILATES

Thursdays 5.30-6.30pm £25 per month

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**VISITS TO ST MARY'S** - If you would like to come and visit us you will be made more than welcome by our staff and our children. Please contact Alison Pugh, our Business Manager, or Emma Milne, our Admin Assistant on (01432) 760408 to arrange a mutually convenient time.

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## **SCHOOL COUNCIL PHOTOGRAPHY COMPETITION**

St. Mary's School Council are running a photography competition for all our pupils, so take a photo of yourself reading a book in an unusual place. There are prizes to be won in two age categories (Years R & 1 and Years 2 to 6). The closing date is Monday 20 February. Good luck!

## **DATES FOR YOUR DIARY**

02.02.17	Year 4 Assembly 9.15am
08.02.17- 10.2.17	Year 4 Malvern Residential Trip
13.02.17- 17.2.17	Half Term Holiday
02.03.17	Year 3 Assembly 9.15am
23.5.17 – 26.5.17	Year 6 London Residential Trip

**I hope that a merry Christmas was had by all and that 2017 will be a good year for everyone. TTFN – Mr M.**



## Burghill and Tillington W.I.

**February 21<sup>st</sup>** - We start our year being entertained by Matthew Stead on his ukulele!

We meet on the Third Tuesday of each month at 7.30 pm in the Simpson Hall and end with splendid refreshments!. For more information please contact our Secretary, Joanna Helme 01432 760816,

Occasional visitors are very welcome at our main meetings, so do please come along and see what the WI is all about.. We can also be found on Facebook (Burghill & Tillington WI) and on [www.burghill-web.co.uk](http://www.burghill-web.co.uk)

Our 2017 programme is below. We look forward to seeing you at some or all of our meetings.

**February 21<sup>st</sup>** We start our year being entertained by Matthew Stead on his ukulele!

**March 21<sup>st</sup>** Michael Tavinor of Hereford Cathedral will talk about his experiences in 'The Diaries of a Dean'.

**April 18<sup>th</sup>** Ginn Downes will give a talk and demonstration of 'Upcycling', part of a long tradition of 'make do and mend.'

**May 16<sup>th</sup>** - will be our Resolutions Meeting where we get a chance to vote on what campaigns the WI should adopt at its Annual Meeting in June.

**June 20<sup>th</sup>** - a visit to Stockton Bury gardens.

**July 18<sup>th</sup>** - **Open Meeting** - Flower arranging demonstration (to be confirmed)

**August 22<sup>nd</sup>** - a visit to see and learn about the Pembridge tapestries, followed by tea.

**September 19<sup>th</sup>** - **Open Meeting** - An illustrated talk about Westonbirt Arboretum by one of their staff.

**October 17<sup>th</sup>** - a chance for Rebecca Edmonds to tell us what Hypnotherapy is really about and how it can help people.

**November 21<sup>st</sup>** - Our Annual Meeting and review of the year

**December 19<sup>th</sup>** - what better way to end the year than with a Party? Join us for the fun and friendship which can be found in the WI.

We also have various activities and events outside of our usual meeting dates.

Open meetings are open to all members of the community not just ladies. Many men enjoy the open meeting talks too.

If you have any queries, or would like to come but perhaps feel a bit shy of coming on your own, please do contact Joanna Helme, on 760816 .

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## Hereford Cathedral Perpetual Trust

5 College Cloisters - Hereford HR1 2NG 01432 374261

### FEBRUARY

Tuesday 7 February St Benedict

A four-week course considering St Benedict as a guide and prophet in today's world. Cathedral Barn. £5 per session. Booking 01432 374225. 3 pm

Monday 20 February Miracles in the Marches

In association with the friends of Herefordshire Archives, Ian Bass talks about the Miracles of St Thomas Cantilupe. Meet near the Welcome Desk. £5 per person. Booking 01432 374225. 2 pm

### SAS Memorial

To support the SAS Memorial being installed in Hereford cathedral visit [www.herefordcathedral.org](http://www.herefordcathedral.org).

### Cathedral Choir

Do you know of a boy, aged 6–8 years of age, who might be interested in joining the internationally-renowned Hereford Cathedral Choir? As well as singing in the cathedral, the choir regularly tours abroad, broadcasts on TV & radio, annual perform in London (Guards' Chapel) and takes part in the world-famous Three Choirs Festival.

It may be your son, or equally it may be a grandson, nephew or the son of friends – sometimes a gentle nudge of the parents might be needed! If a parent or guardian would like an informal discussion about the opportunities, Geraint Bowen, the director of music, would be delighted to hear from you (01432 374238, [organist@herefordcathedral.org](mailto:organist@herefordcathedral.org) or visit [www.herefordcathedral.org](http://www.herefordcathedral.org)). All choristers receive generous scholarships to the cathedral school and, in some cases, fully-funded places can be made available.

### MARCH

Wednesday 1 March Ash Wednesday Eucharist

The service will include the imposition of Ashes. music including Allegri's *Miserere*. All welcome. 5.30 pm

Saturday 4 March Chorister Open Morning

An opportunity for those interested in having a son join the choir to learn more about what is involved, meet current chorister parents and to attend an open rehearsal. To pre-register please contact Geraint Bowen (01432 374238).



Nordic Walking is a popular way for people of all ages and abilities to gain fitness, tone up, lose weight and improve their health.

It is a fun, sociable and a fantastic way of exercising whilst enjoying the great outdoors!

Book a course and find out more!  
[www.herefordshirenordicwalking.co.uk](http://www.herefordshirenordicwalking.co.uk)

Louise Evans 07815 315 503  
[louisejaneevans@icloud.com](mailto:louisejaneevans@icloud.com)



## *Knit One, Natter Two*

**FEBRUARY 8th & 22nd**

**2pm to 4pm**

**In the Simpson Hall, Burghill.**

**£2 including refreshments**

**Friendly knitting group**

Suitable for all levels from beginners to the extremely talented.

Other types of Crafters also welcome

Drop in, no booking or membership required  
Car share is available tel: 760067 for details



Real Men

Q. How many Real Men does it take to change a light bulb?

A None. Real Men aren't afraid of the dark



[www.janepradypilates.com](http://www.janepradypilates.com)

E: [info@janeprady.com](mailto:info@janeprady.com)

**A bit of you time. Pilates.**



**Every Tuesday** (except school hols) **at 5:30 pm**, Simpson Hall, Burghill.

All equipment provided • Max. 12 per class • £8 per lesson

**First session FREE** (until 7<sup>th</sup> April).

Apologies, no drop-ins. Booking is essential for all classes.

## FLICKS IN THE STICKS

### **Flicks in the Sticks**

Your chance to see popular films at reasonable prices - only £4.00

**Where?** At the Simpson Hall, Burghill

**When?** All performances start at **7.30 p.m.**

**What's on?**

**February:** Friday 3rd : Flicks "Swallows and Amazons

Two different groups of children encounter one another on a small piece of land in a lake which they both live by. Both groups try to claim the land as theirs and do so role playing as two sets of enemy pirates. Whilst this happens they encounter another boat and a stranger, they must now work together to work out who he is and why he is there, but have they got themselves involved in something much bigger?

**Adventure Club: Survival Skills - Mapping****Tues 14 February****9.30am-1pm**

Come and learn some survival skills with the Herefordshire Wildlife Trust and follow maps, tracks and treasure trails. Learn how to make your own pencil to create maps using elder and willow charcoal made on the fire and cook seasonal snacks such as pine needle tea. There will also be the opportunity to make woodland valentines crafts. A seasonal snack and hot drinks will be provided at break time, but it's recommended that children also bring some food for snack time. At this cold time of year, the right clothing is essential. Each child should wear warm clothes including full water-proofs, a hat, scarf, gloves and wellies.

**Venue:** Queenswood Country Park and Arboretum, Dinmore Hill, Nr. Leominster, Herefordshire, HR6 0PY. Parents and/or carers must accompany children to the Forest School site but they are not required to accompany children to the adventure club.

**Cost:** £10 per child. Free drop off and pick up parking.

**Booking essential:** Book your place online at [www.queenswoodandbodenhamlake.org](http://www.queenswoodandbodenhamlake.org) or call 01432 530088. Information will be sent out by email prior to the event. A full event and kit list will be provided on booking and 'pro forma' forms will be sent to you which you'll need to complete for each child and return to Hayley Herridge at [h.herridge@herefordshirewt.co.uk](mailto:h.herridge@herefordshirewt.co.uk). We will also send you the Wild Forest School Handbook, which we strongly advise that parents/carers read prior to the event.

**Animal Trackers****Wed 15 February****10.30am-12.30pm**

Come and develop your wildlife detective skills with the Herefordshire Wildlife Trust as you search the woodland for signs of life and learn how to tell a fox print from a dog print or who ate the pinecone on the woodland floor.

Participants are advised to dress warmly, bring waterproofs and wellington boots. Hot drinks will be provided.

**Venue:** Meet at the Gift Shop at Queenswood Country Park and Arboretum, Dinmore Hill, Nr. Leominster, Herefordshire, HR6 0PY.

**Cost:** £3 per child, adults free. Usual parking charges apply.

**Booking required:** Book your place online at [www.queenswoodandbodenhamlake.org](http://www.queenswoodandbodenhamlake.org) or call 01432 530088.

**WildPlay - Get Crafty & Play****Wed 15 February****1.30-3.30pm**

Herefordshire Wildlife Trust is offering a WildPlay play drop in session over half term with seasonal crafts and Gruffalo's child-themed activities. Come prepared for outdoor messy play, so please ensure children are dressed in suitable outdoor clothing for the time of year, the weather and for getting messy!

**Venue:** Meet by the children's Playground at Queenswood Country Park and Arboretum, Dinmore Hill, Nr. Leominster, Herefordshire, HR6 0PY.

**Cost:** £2 per child. Usual parking charges apply.

**Booking:** Pay online using the booking form at [www.queenswoodandbodenhamlake.org](http://www.queenswoodandbodenhamlake.org) or at the Queenswood gift shop on the day.

**Hedge-laying workshop****Thurs 16-Fri 17 February****10am-4pm**

Herefordshire Wildlife Trust is offering a two day workshop on the traditional rural skill of hedgelaying, run by Living Landscape Officer, Doug Lloyd. All tools will be provided. Attendees are advised to wear sturdy boots and warm, waterproof clothing. Tea and coffee will be provided but please bring a packed lunch.

**Venue:** Lower House Farm, Ledbury Road, Tupsley, Hereford, HR1 1UT

**Cost:** £70

**Weobley Theatre Goers**

A happy new year to all our theatre goers! Maybe this is a good time to welcome anyone new to the area and to let you know about our theatre trips. We leave by coach from Bell Square, Weobley (near the corner car park) and are dropped off at the door (or as near as possible) of the theatre. We go to the matinee performances, so that we are not back too late. The trips to Malvern take about one hour each way and to Birmingham, Cardiff or Bristol two hours. Trips need to be paid within two weeks of reserving the tickets and the tickets are given out on the coach. I always try to get the best seats (which is why I often have to book well in advance of the show), usually in the circle. You can pick and choose which shows you want to go to, and do please come along if you are on your own – there are always plenty of people who are in a similar position.

Our next trip is on 9 March, when we shall be going to Birmingham to see **Billy Elliot**. The coach is leaving Weobley at 9.30 for the 2.00pm performance, so please be at Bell Square by 9.15.

Our last trip of the season is to see **Funny Girl** on 10 May. This is now booked, but let me know if you would like to go on the cancellation list for this or Billy Elliot as sometimes people are unable to go at the last minute. (This, therefore, requires being able to go at very short notice.)

For further information: Kate Best 01544 318513

[bobkatebest@tiscali.co.uk](mailto:bobkatebest@tiscali.co.uk)

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Tuesdays Withington 9.30am & Bodenham 6pm

Wednesdays Marden 7.30pm

Thursdays Marden 6.30pm

Fridays Sutton St.Nicholas 9am & Bodenham 10.30am

**Emma Caldwell Lewis**

**01568 797453 / 07971 009 691**

or [emma.caldwell@gmx.com](mailto:emma.caldwell@gmx.com)



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New Pre-school

Muddy Boots @ Burghill Community Academy

8.45 am until 3.15 pm during term time only

To express an interest in a place at our Pre-school  
please contact the School Office on 01432 760240 or  
Ms Cath Astley via email [castley@burghill.hereford.sch.uk](mailto:castley@burghill.hereford.sch.uk)

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For Sale/Wanted Ads £1 per advert, per month 1" x 3" – max 4 lines 18 words

To advertise please send a hard copy of advert or email PDF, PAGES or WORD (Before 15th of month) to  
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Cheques payable to Credenhill Parish Council.

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## St Michael's: The Hospice That Love Built

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St Michael's Hospice can present this story to a group of any size and we may even be able to fill in last-minute gaps in your schedule with a short illustrated talk.

To find out more, please contact Rachel Entwisle on 01432 851 000 or [rentwisle@st-michaels-hospice.org.uk](mailto:rentwisle@st-michaels-hospice.org.uk) to book a St Michael's Hospice talk.



## St Michael's Hospice Plant Fair

Friday 5<sup>th</sup> and Saturday 6<sup>th</sup> May  
10am-5pm

St Michael's Hospice, Bartestree, Hereford HR1 4HA

**Can you help?** If you enjoy gardening and are able to grow some extra plants to donate to us for our Plant Fair in May, please get in touch with Gaynor by telephone on 01432 851 000 or email [gwarren@st-michaels-hospice.org.uk](mailto:gwarren@st-michaels-hospice.org.uk). If you would like to have a plant stall yourself, please contact Gaynor to express your interest and find out more details.

## Happy New Year from the Woodland Trust



A New Year and lots of things will be happening at Credenhill Park Wood in 2017. We have new members of staff. Dara Mullin is now the site manager and some of you may have seen him last year as he started to get to know the wood and make plans for its management. Joe Saxton is his assistant and together they cover all the Woodland Trust woods in Hereford and Gloucestershire.

We will be looking to making the entrance more welcoming and you may already have noticed the picnic area at the bottom of the wood has been mown and the undergrowth around the Cherry trees and sculpture of the hillfort has been cleared to make this area more open and accessible.

The Yew trees that line the hill fort ramparts were planted in the 18<sup>th</sup> and 19<sup>th</sup> century. We have had experts in to assess these and at least 5 are older than 300 years and therefore classed as ancient trees. They are truly magnificent to look at. Alas one tree has fallen due to old age and reduced root support (from being on the rampart) but we are looking to have some of the wood from this tree turned into a lovely Yew bowl using a local wood carver, with the possibility of being able to win this in a raffle later in the year so watch this space.

Regular visitors will notice the sheep return to the ramparts in the spring. They do an excellent job of keeping the undergrowth under control. If you walk your dog up there please keep an eye out for the signs going up informing you that the sheep are on site.

The usual woodland management will continue with removal of invasive species such as common laurel, rhododendron, buddleia and Himalayan balsam. Invasive species are so called because they have a negative effect on the habitat they are growing in. In woodlands, invasive species can take over huge areas of habitat, out-competing other plants found there. This and other woodland management is carried out by contractors but also by a group of hard working volunteers who give up their weekends to help with the management of the woods. If you would like to join them you can find out more by going to [volunteering@woodlandtrust.org.uk](mailto:volunteering@woodlandtrust.org.uk)

We are bringing back the Credenhill Park Wood Fete again this year. Supported by our volunteers once again we will have storytelling, crafts and much more - more details later in the year.

Finally, it will shortly be time for reviewing the management plan for 2017-2023. We will let you know when this is taking place and you can look at this and let us know your thoughts on our plans.

We hope to see you in the woods during 2017.

### Going into Old Age

1. **My goal** for 2016 was to lose just 10 pounds - Only 15 to go!
2. **Ate salad for dinner!** Mostly croutons & tomatoes. Really just one big, round crouton covered with tomato sauce. and Cheese. FINE, it was a pizza. I ate a pizza
3. **How to prepare Tofu.** A Throw it in the dustbin B Grill some meat
4. **I just did** a week's worth of cardio after walking into a spider web
5. **I don't mean to brag** but .. I finished my 14 day diet in 3 hours and 20 minutes
6. **A recent study** has found that women who carry a little extra weight live longer than men who mention it
7. **Kids today** don't know how easy they have it. When I was young I had to walk 9 feet through shag pile carpet to change the TV channel
8. **I may not be** that funny or athletic or good looking or smart or talented.....I forgot where I was going with this
9. **I love being** over 50. I learn something new every day.... and forget 5 others.
10. **I think i'll just** put an "out of order" sticker on my forehead and call it a day.
11. **Senility** has been a smooth transition for me

## Prawn katsu burgers



### Ingredients

2 brioche burger buns  
sunflower oil or vegetable oil, for frying

### For the burgers

200g raw peeled prawns

1 spring onion, sliced

½ egg white

1 tbsp cornflour

100g panko breadcrumbs

### For the slaw

¼ white cabbage, finely shredded

juice ½ lemon

1 tbsp mayonnaise

### For the chilli mayo

3 tbsp mayonnaise

1 tbsp sriracha chilli sauce or sweet chilli sauce

### Method

To make the burgers, rinse the prawns in cold water, then pat dry on kitchen paper. Tip half the prawns and the spring onion into a food processor with a generous pinch of salt, and pulse to a rough paste. Add the egg white and cornflour, pulse a few more times then add the rest of the prawns and pulse to roughly chop them into the mixture.

Tip the breadcrumbs into a shallow dish or onto a plate. Scoop out half the prawn mixture with your hands and shape into a burger as well as you can (the mixture will be sticky). Press the burger into the crumbs, then flip over and pack crumbs around the sides so it's completely coated. Repeat with the remaining mixture and crumbs, then place the burgers on a plate, cover with cling film and chill until ready to cook.

Next, mix together the chilli mayo ingredients in a bowl. For the slaw, put all the ingredients in a bowl, season, then toss to combine. You can make the burgers, slaw and chilli mayo a day ahead and chill them.

To cook the burgers, heat about 2cm oil in a frying pan until just starting to shimmer and a breadcrumb dropped in sizzles and browns. Very carefully fry the burgers for 3-4 mins each side until golden, crispy and springy to the touch – you may need to turn them a few times to cook them all the way through. Carefully lift out of the oil onto kitchen paper to drain. Cut the buns in half and toast the cut sides under the grill. Assemble the burgers by spooning the slaw over the bottom of each bun, adding a burger and topping with the mayo. Serve straight away with extra chilli mayo, if you like.

## Raspberry Chocolate Kiss Cocktail

### INGREDIENTS

¼ cup Mint-Infused Simple Syrup,  
plus more for rim

3 chocolate cookies, finely crushed,  
such as Nabisco Famous Wafers

10 raspberries

¼ cup vodka

2 tablespoons cranberry juice

Ice cubes



### DIRECTIONS

1 Fill a shallow dish with enough simple syrup to just cover the bottom. Place crushed cookies into another shallow dish. Invert a martini glass into simple syrup and then immediately into crushed cookies to coat the rim of the glass.

2 Place raspberries in a cocktail shaker; crush with a muddler. Add simple syrup and muddle again. Add vodka and cranberry juice; fill shaker with ice. Shake well until chilled. Strain into prepared martini glass. Serve immediately.



## Be My Valentine Forever

I love you for a lifetime  
Not only for a day  
I love you for who you are  
Not what you do or say

I love the way you love me back  
So there is only one thing I can say  
I love you baby with my heart and soul and every  
other way  
So will you be my valentine not only for one day.

Editor: Glenda Hind 01432 760067

[credenhillcommunitynews@outlook.com](mailto:credenhillcommunitynews@outlook.com)

As Editor I am always happy to receive articles for the CCN but would add that, if at all possible, I would appreciate them to be sent by e-mail as an attachment in Word format. If you do not have access to a computer then please drop off any hard copy to Glenda at 3a Station Road, Credenhill in plenty of time for the deadline of the 15th of every month.

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